

# Rowdy Redhawk

(XXX) XXX-XXXX | rredhawk1s@semo.edu | www.linkedin.com/in/rowdy-redhawk1/

---

## Education

Southeast Missouri State University                      Cape Girardeau, MO                      Expected May 20XX  
**Master of Science in Nutrition and Exercise Science**

Southeast Missouri State University                      Cape Girardeau, MO  
**Bachelor of Science in Sport Management**                      Expected May 20XX  
Minor in Exercise Science

## Relevant Coursework:

- Pathophysiology
- Vitamin and Metabolism
- Research Design and Evaluation
- Exercise in Health and Disease
- Cardiovascular Exercise Physiology
- Nutrition and Aging

## Student Filed Experience

---

Southeast Missouri State University                      Cape Girardeau, MO                      August 20xx – December 20xx  
**Intern – Athletic Department**

- Created weekly social media posts via Facebook and Instagram to engage the campus community in sport game attendance and interest.
- Assisted professional staff in coordinating events and increasing student involvement in campus athletics.

## Work Experience

---

Southeast Missouri State University                      Cape Girardeau, MO                      August 20xx – Present  
**Graduate Assistant – Office of Career Services**

- Assist students in enhancing their professional LinkedIn profiles by providing tip sheet resources and helpful examples.
- Review up to 15 undergraduate resumes per week to aid students in obtaining jobs and internships.
- Present on various professional development topics including resume writing, LinkedIn networking, and interviewing.

**University Mascot – Athletic Department**                      January 20xx – Present

- Supported SEMO athletics by exciting the audience and cheering on our Division 1 student athletes.
- Engaged crowds by facilitating an enthusiastic, energetic atmosphere and shooting T-shirts at fans.
- Contributed to service initiatives with athletes and staff to demonstrate my care for the Cape Girardeau community.

**Student Worker – Student Recreation Center**                      August 20xx – May 20xx

- Upheld facility rules and standards while facilitating a positive, welcoming center environment and addressing patron concerns as they arose.
- Maintained a COVID-compliant environment by sanitizing machines and modeling social distancing to protect guests.
- Provide customer service at the front desk, including checking in members, answering questions, and assisting with memberships or facility access.

## Campus Engagement

---

Graduate Student Business Association                      August 20xx – Present  
Collegiate DECA (Distributive Education Clubs of America)                      January 20xx – Present

## Member

- Represented SEMO at state marketing competitions against area schools such as Mizzou, Missouri S&T, and SLU.
- Presented with teams of 4-6 students in front of a live audience and judging panel.
- Received first prize in our team marketing pitch on enhancing community interest in small businesses.

Redhawk Health Educators

December 20xx – Present

### Certified Peer Educator

- Present on physical and mental health topics with fellow organization members to undergrad classes across campus.
- Earn certification as a “Peer Educator” as part of a two-day training course.
- Collaborate with other students by brainstorming innovative methods of increasing health consciousness on campus.

Health and Wellness Association

August 20xx – May 20xx

### Vice President

- Provided wellness-related presentations (30-50 minutes each) to groups of up to 50 students, educating them on topics such as mental health awareness and campus violence prevention.
- Volunteered at numerous events including a biannual American Red Cross blood drive to encourage students to donate and help save lives.
- Assisted club President in communicating with members and executive board, conducting organization meetings and overseeing sponsored events as needed.

Sport Management Club Member

August 20xx – May 20xx

## Community Involvement

---

Best Buddies of Missouri

Cape Girardeau, MO

August 20xx – Present

Volunteer

- Promote inclusion and spread awareness of different disabilities while making quality connections with peers.
- Advertise for the organization by attending Show-Me Day showcase events and tabling in the University Center.

“Rowdy Crowd” Club

January 20xx – Present

Cheerleader

- Lead the “Rowdy Crowd” cheer section of students at university athletic games including football and basketball.
- Model enthusiasm and excitement by encouraging fans to support and cheer on SEMO teams and individual athletes.

## Honors & Awards

---

“Student Spirit Award”

May 20xx

Southeast Missouri State University

- Earned as a result of my on-campus participation and my enthusiasm for the SEMO Redhawk community.
- Recognized by the +10,000-student body for my commitment to SEMO sports and my involvement in university athletics and organizations.