

Date: August 21, 2018

To: Dr. Diana Rogers-Adkinson, Dean, College of Education, Health and Human Studies

From: Dr. Joe Pujol, Chair, Department of Health, Human Performance and Recreation

Re: Minor Academic Restructuring- Name Change for Department

After the announcement that the Didactic Program in Dietetics and the Dietetic Internship would be merged with the existing Department of Health, Human Performance and Recreation, a three-person working group on department name for was formed. This working group was charged with the task of presenting to the faculty alternatives based on the Southeast Missouri State University's IPEDS Comparison Group and institutions in the region.

After this committee presented options to the combined faculty, discussion ensued. It became obvious that the current name of Health, Human Performance and Recreation fails to provide Nutrition/Dietetics with the visibility it needs. It is the opinion of some of the faculty in that unit that the lack of visibility in the department name has limited the program in terms of recruitment. After discussion and time for reflection, the combined faculty identified the name Kinesiology, Nutrition, and Recreation as suitable to all concerned.

Rationale for the use of this title includes:

- The term kinesiology means study of movement, the applications of kinesiology include multiple disciplines within the department and is covered within the content of multiple courses in the majors.
- The addition of nutrition to the exiting title makes an already long name, too long. The name Kinesiology is an umbrella term for the disciplines within the department. The term is used by several professional organizations, including the American Kinesiology Association of which the department is a member. This organization defines Kinesiology as *an academic discipline which involves the study of physical activity and its impact on health, society, and quality of life. It includes, but is not limited to, such areas of study as exercise science, sports management, athletic training and sports medicine, socio-cultural analyses of sports, sport and exercise psychology, fitness leadership, physical education-teacher education, and pre-professional training for physical therapy, occupational therapy, medicine and other health related fields.* As this definition covers all areas of the exiting department with the exception of recreation, that field is listed separately in the proposed title.
- The name Kinesiology is an umbrella term which has gained momentum over the last two decades for use in department names.
 - Six of the IPEDS Comparison Group institutions have department's which use Kinesiology in the title: Missouri Southern State University, Morehead State University, Saginaw Valley State University, University of Central Missouri, University of Southern Indiana, and Youngstown State University.
 - In the State of Missouri three public institutions use the term Kinesiology in the department title: Missouri State University, Missouri Southern State University, and University of Central Missouri.

- In the region, Western Kentucky University and Eastern Illinois University, in addition to those already listed use Kinesiology in the title.
- The University of Central Missouri has a combination of disciplines similar to the proposed combined department. The title of this department is Nutrition and Kinesiology. Central Missouri does not have a program in Recreation and Park Administration.

The faculty of the Department of Health, Human Performance and Recreation voted in favor of the name change. The vote was held electronically over August 20-21, 2018. Final vote count was 19 approving with 1 abstention.