

VITA
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Education:

Dietetic Internship

University of Houston, Houston, Texas

Master of the Arts in Human Environmental Studies: Dietetics Option

Southeast Missouri State University, Cape Girardeau, Missouri

- 4.00 GPA
- Honors: Graduated with Academic Distinction, Omicron Delta Kappa, and Phi Kappa Phi

Bachelor of Science in Nursing

Southeast Missouri State University, Cape Girardeau, Missouri

Work Experience:

Southeast Missouri State University, Cape Girardeau, Missouri

August 2006-Present

Full-Time Faculty, Human Environmental Studies:

- Teach 5 sections of nutrition classes including FN235 Nutrition for Health, FN355 Life Span Nutrition, and graduate FN605 Life Span Nutrition.
- Responsible for planning, lecture, and grading of classes.
- Previously taught FN205, Selection and Preparation of Foods and FN520 Nutrition and Aging
- Experience teaching at Cape Girardeau campus as well as distant sites (Perryville and Sikeston) On-line, and Inter active Television Course Delivery (ITV).
- Provide orientation and supervision to FN235 Graduate Teaching Assistants.
- Advise Dietetic Majors (Currently have 10 advisees).
- QM Certification FN355, January 2016
- QM Certification FN235, May 2015
- Developed FN355 Online Spring 2015
- Develop Diet Analysis Project
- Previously oriented and guided part time staff to teach FN235.
- Graduation University Level Committee Fall 2018- Present
- Upgraded to Associate Graduate Faculty by Vice Provost McAllister 2018-Present
- Human Environmental Studies Marketing Committee 2015-2018
- Native American Culture Committee 2014-2016
- Human Environmental Studies Graduate Committee 2013-2018
- Adjunct Graduate Faculty 2013-2018
- Dietetics Accreditation (ACEND) Committee 2012-2013
- Community Advisory Board for Dietetics 2010-Present
- Family Weekend Planning University Committee 2009
- Governance Department Committee 2009-2014
- Dietetics Curriculum Committee 2006-Present
- Various Faculty Search Committees
- Represent Department and aid in First Step
- Represent Department at Show-Me-Day
- Student Evaluations on IDEA score average 4.35 (2014-2017). Smart Evals score average 4.35 (2018-present).

University of Houston Dietetic Internship, Houston, Texas

2005-2006

- Full-time, six month internship with rotations in clinical, community, management, and research.
- Was enrolled at Tulane University, New Orleans, Louisiana for the Dietetic Internship Program. Due to Hurricane Katrina, transferred to University of Houston.
- Please refer to attachment for detailed experience description.

University of Texas M.D. Anderson Cancer Center: Advanced Clinical Dietetics

Supervising Preceptor: Linda Pataki, MS, RD, LD, CNSD

- Provided staff relief for one week covering leukemia service.
- Counseled and educated oncology patients daily regarding diet and food-drug interactions.
- Performed nutritional assessments and follow-ups daily.
- Taught side effects class to oncology patients and their families.
- Selected, implemented, and evaluated enteral nutrition.
- Participated in nutrition support team rounds and selected, implemented, and evaluated parenteral nutrition.
- Researched and presented case study on Pseudomyxoma Peritonei.
- Developed series of herbal medicine power point presentations for outpatient services.
- Wrote articles for MDACC newspaper.
- Participated in team rounds for patient care planning.

NASA-Johnson Space Center: Community/Research Dietetics

Supervising Preceptors: Scott M. Smith, PhD, Sara Zwart, PhD

- Worked with preceptor to test methods to collect and preserve blood samples on future space missions in order to analyze nutrient levels of Vitamin D once samples return to Earth.
- Attended senior level meetings regarding upcoming space flights to International Space Station.
- Attended international conference calls with members of the International Space Station.
- Performed laboratory work for various studies.
- Conducted Food Analysis using Nutrition Data System.
- Wrote newsletter article on radiation for school children.

Texas Children's Hospital: Food Service Management

Supervising Preceptors: Claudia Conkin, MS, RD, LD, Sean Kennedy

- Participated in management meetings to discuss budgets, hurricane debriefing, financial updates, and goal-setting.
- Aided in inventory of emergency food supply and improved tool to inventory and procure supplies.
- Completed budgeting project to identify management of food, labor, and equipment costs.
- Conducted food court inspections to evaluate safety and cleanliness based on Department of Health & Human Services standards of quality.
- Completed tray audits to minimize employee errors and maintain quality and efficiency of patient services kitchen.
- Worked on all areas of tray line.
- Field tested tool quality control audit for Joint Commission on Accreditation of Healthcare Organizations (JCAHO) continued readiness.
- Performed a weekly inventory and procurement of food supplies.
- Developed marketing materials to promote healthy meal choices in Food Court.

Baylor College of Medicine Behavioral Research Center: Community/Research Dietetics

Supervising Preceptors: Molly Gee, MEd, RD, Rebecca Reeves, RD, PhD

- This location is one of the LOOK AHEAD Study Sites which is funded by the National Institute of Health (NIH).
- Developed presentation and taught class to study participants regarding holiday eating.
- Developed Holiday Weight Loss Campaign marketing materials and educational tools.
- Analyzed food journals of study participants and provided feedback.
- Developed recipes for the holidays and completed nutrition analysis, packaging, and labels of such.
- Aided in Annual Reunion planning for study cohorts

Memorial Hermann Southwest Hospital: Clinical Dietetics

Supervising Preceptor: Jamille Bond, MS, RD, LD

- Performed patient screening, assessments, and documentation regarding Medical Nutrition Therapy needs for a wide variety of conditions including but not limited to HIV/AIDS, cardiovascular, cancer, diabetes, pancreatitis, renal failure, and obstetrics.
- Actively participated in charging of patients for Medical Nutrition Therapy services completed.
- Performed detailed diabetic, cardiac, and renal education
- Actively participated in recommendations for diet order changes.
- Participated in patient food satisfaction quality control rounds.
- Prioritized patient census and identified clients that required nutrition services.
- Participated in team rounds for patient care planning.
- Wrote article abstracts regarding initiation of supplements in the elderly in relation to length of hospital stay.

Children's Nutrition Research Center (**CNRC**): Community/Research Dietetics

Supervising Preceptor: Eugenia Tsuei

- The CNRC is a partnership between the U.S.D.A., Baylor College of Medicine, and Texas Children's Hospital.
- Research is being conducted in various areas related to childhood nutrition such as the role of maternal, infant and child nutrition in optimal health, development, and growth, childhood obesity, childhood eating behaviors, and many other areas.
- Aid researchers in data collection at Houston area Head Start programs.

Southeast Missouri State University, Cape Girardeau, Missouri

2003-2005

Teaching Assistant, Human Environmental Studies: Fall 2004-Spring 2005

- Taught two sections of University Studies Class, FN235 Nutrition for Health.
- Responsible for planning, lecture, and grading of class.

Graduate Assistant, Center for Health & Counseling: Fall 2003-Spring 2004

- Taught Substance Abuse & Prevention Education Class to all alcohol violators on campus.
- Interviewed students who received alcohol violations on campus.
- Served as student advisor for Peer Education Association.
- Served on campus committees such as Alcohol Awareness Week, Eating Disorders Awareness Week, and CCCC.
- Participated in state Partners in Prevention Programming.
- Obtained donations for Spring Health Fair.

Cape Girardeau Public Schools, Cape Girardeau, Missouri**1999-2003**

Registered Nurse, Central Junior High School: Fall 2002-Spring 2003, L.J. Schultz Middle School: Fall 1999-Spring 2002 (School District Reconfigured)

- Planned, implemented, and evaluated the school health program for 650 student and 90 staff members (350 students and 50 staff members at LJS).
- Promoted good health habits via individual counseling and classroom discussions.
- Served as a liaison between the school, home, and community.
- Developed and implemented “The Nurse’s Band-Aid” School Health Newsletter.
- Developed and implemented School Health Fair which included obtaining 50+ volunteer presenters from the medical community to present workshops for kids.

Élan Day Spa & Esthetic Center, Cape Girardeau, Missouri**1998-1999**

Graduate Nurse & Receptionist (G.N. May-November 1999)

- Assisted physicians with esthetic treatments such as laser therapy and vein therapy.
- Maintenance of patient charts.
- Worked as a receptionist to answer a 4 line phone system, schedule appointments for 15 professionals, order & track inventory for spa & esthetic center, and organize daily schedules for 15 professionals using various computer programs.

Fisher & Kerkhover Law Firm, Chester, Illinois**1996-1998**

Medical Records & Expenses Secretary

- Organized, analyzed, and maintained medical records and expenses for Worker’s Compensation and Personal Injury Cases.
- Served as a liaison between the law firm and medical providers regarding medical expenses and records.

Professional Development:

August 2019	Serving Students with Food Allergies: Adjustments, Axillary Aids, and Documentation FARE Webinar
July 2019	10 th Biennial Childhood Obesity Conference, Anaheim, CA
March 2019	Scaffolding Dietary Analysis Webinar
December 2018	Family Meals Matter Webinar
December 2018	Food Addiction & Obesity Online Course 1.5 CEU
October 2018	How Flipping the Classroom Empowers Your Students Wiley Webinar
December 2017	Food Nutrition Conference Expo on Demand Conference from October 2017
December 2017	QM Success Stories Webinar
November 2017	Addressing the Social Determinant of Infants, Children, Women, and Family Health & Well Being, Miner, MO
April 2017	The Kid’s Menu, Dietitian 360 Online 2 credit CPEU Course
April 2017	Dietetics Code of Ethics, Dietitian 360 1 credit Online CEU Course
April 2017	Bite Size, Dietitian 360 1 credit Online CEU Course
April 2017	Type 3 Diabetes, Alzheimer’s, and Dementia, Dietitian 360 1 credit Online CEU Course
April 2017	GMO OMG, Dietitian 360 1 credit Online CEU Course
April 2017	Secrets of Feeding A Healthy Family, Dietitian 360 1 credit Online CEU Course
April 2017	Cure Your Child with Food, Dietitian 360 1 credit Online CEU Course
April 2017	Healing the New Childhood Epidemics, Dietitian 360 1 credit Online CEU Course
November 2016	Leveraging Digital Content to Differentiate Learning: Results of a New Research Study Webinar

October 2016	School Breakfast: Breakfast in the Classroom-Beyond Elementary Schools Webinar. Action for Healthy Kids
September 2016	Iron Screening and Supplementation of Iron Replete Pregnant Women and Young Children. National Institute of Health streamed from Bethesda, MD
Fall 2015	Child Nutrition and Cooking Course, Stanford University. Instructor Maya Adam, MD
February 2015	SEMO QM Cohort 6b with OIT
November 2014	Kilo Diabetes Symposium, St. Louis, MO
May 2014	Self-Regulation in Children: Keeping the Body, Mind and Emotions on Task in Children with Autism, ADHD, or Sensory Disorders, Memphis, TN
November 2013	Kilo Diabetes Symposium, St. Louis, MO
October 2011	10 th Anniversary Advances in Pediatric Nutrition, Johns Hopkins, Baltimore, MD
March 2010	Disaster Preparedness and Response, Southeast Missouri Dietetic Association, Cape Girardeau, MO
October 2009	Teaching in the Online Environment Web Course, Southeast Missouri State University
October 2009	Healthy Fall Harvest Cooking, Southeast Dietetic Association Meeting, Cape Girardeau, MO
April 2009	Illinois Dietetic Association Annual Symposium, Chicago, Illinois
April 2009	Childhood Obesity, Current Trends, Treatments, and Recommendations, Southeast Dietetic Association Meeting, Cape Girardeau, MO
December 2008	Introduction to Wiley Plus Webinar
December 2008	Challenges in Obstetrics: Current Trends & Treatments, St. Louis, Missouri
September 2008	Finding Your Dream Job, Southeast Dietetic Association Meeting, Raina Childers, RD, LD, MA Presenter, Cape Girardeau, MO
December 2007	ADA Update on the Diabetic Exchange Lists, Teleconference
November 2007	Culinary Presentation: Cooking Healthy Stocks & Soups
November 2007	Using Personal Response System Devices to Increase Class Participation and Learning Webinar
September 2007	Student Advising Training with Linda Little
October 2006	Southern Illinois Eating Disorders Workshop, Southern Illinois University at Carbondale
August 2006	Teaching Enhancement Workshop (TEW) at Southeast Missouri State University
November 2005	Dietitians in Business & Communications Practice Group Leadership Symposium, Houston, TX
October 2005	“Nutrition and Growth Issues in Children with Cystic Fibrosis” Children’s Nutrition Research Center Monthly Presentation, Houston, TX
October 2005	American Dietetic Association Food & Nutrition Conference Expo, St. Louis, MO
April 2004	Missouri Dietetic Association Conference, St. Louis, Missouri. Poster Presentation.
April 2004	Partners in Prevention/BACHHUS & GAMMA Area 5 Annual Spring Conference, Kansas City, MO
Nov. 2003	BACCHUS & GAMMA General Assembly. “A Small Ripple Can Become a Great Wave: Empowering Student Leaders,” Washington, D.C.
Oct. 2003	U.S. Department of Education’s National Alcohol & Drug Symposium. “Deep in the Heart of Collaboration,” Austin, TX
August 2002	Health Issues of the School Age Child, Southeast Missouri Hospital, Cape Girardeau, MO
May 2002	Missouri Department of Health & Senior Services Missouri Obesity Summit. “Promoting a Healthy Lifestyle,” Cape Girardeau, MO
August 2001	Health Issues of the School Age Child, Southeast Missouri Hospital, Cape Girardeau, MO
Sept. 2000	“Asthma, What You Need to Know.” St. Francis Medical Center, Cape Girardeau, MO
Sept. 2000	Missouri Association of School Nurse’s New School Nurse’s Conference, Tan-Tar-A, Lake of the Ozarks, MO
August 2000	Health Issues of the School Age Child, Southeast Missouri Hospital, Cape Girardeau, MO
April 2000	Missouri Association of School Nurses’ Annual State Conference, St. Joseph, MO

March 2000	Missouri Association of School Nurses' Spring Conference, Cape Girardeau, MO
April 1999	Photoderm Laser Workshop, St. Louis, MO
March 1999	Missouri Association of Nurses Annual Conference, Jefferson City, MO

Professional Organizations:

2003-Present	Academy of Nutrition & Dietetics
2003-Present	Southeast Region of Missouri Academy of Nutrition and Dietetics (Formerly Southeast Missouri Dietetic Association) President (2009-2010) President Elect (2008-2009)
2003-Present	Missouri Academy of Nutrition and Dietetics (Formerly Missouri Dietetic Association) Board member (2009-2010)
2000-2002	Missouri Association of School Nurses
2000-2002	Southeast Missouri School Nurses

Licensure:

2006-Present	State of Missouri: Registered Dietitian
1999-Present	State of Missouri Department of Economic Development Division of Professional Registration Missouri State Board of Nursing Registered Professional Nurse License No. 1999137524

Volunteer Experience:

March 2019	First Step
February 2019	EHHS College Share Fair
November 2018	Show Me Days
November 2018	SEMO Dietetics Major Open House
January 2017	Presentation to Cub Scouts Pack 16 "Choose My Plate: Increasing Fruit & Vegetables."
October 2016	Nutrition Education to Cub Scouts Pack 16 to earn Belt Loop
Fall 2016-Present	St. Vincent de Paul School, volunteer 1-2.5 hours per week as needed. Assist teacher's in special classes, reading recovery, giving quizzes, etc.
January 2016	Nutrition Education to Cub Scouts Pack 16 to earn Belt Loop
November 2015	Show Me Days
October 2009	Homecoming Talent Show Judge
November 2008	Empty Bowls-Organized cooking of one soup choice for Empty Bowls through FN205.
December 2007	Presented "MyPyramid & Feeding Children to Cape Girardeau Childcare Providers' Support Group
November 2007	Canstruction- Organized FN235 sections and participated in event placing 1 st .
Winter 2005	Fitness Solutions Jingle Jog
Fall 2005	American Diabetes Walk, Baylor Look Ahead Study: Houston, TX
2003	Healthy Body Challenge (Weight Loss Support Group) Group Facilitator
Spring 2002	School Health Conference Planning Committee at Southeast Missouri Hospital
Spring 2002	American Diabetes Association School Walk Chairman, L.J. Schultz Middle School
Fall 2001	Leukemia & Lymphoma Society Fundraising Chairman, L.J. Schultz Middle School