

SUMMER GROUP FITNESS SCHEDULE

**JUNE 11-
AUGUST 2**

SRC Members: \$10 Pass OR \$3 Per Class
Non-Members: \$20 Pass OR \$8 Per Class

MONDAY

12:15 - 12:45 PM

Instructor's Choice
(Brittney/Sara/Alex)

GF Studio - Free to SE

4:30 - 5:15 PM

Power Yoga
(Kierstin/Michelle)

GF Studio

TUESDAY

12:15 - 12:45 PM

Pilates
(Sara)

GF Studio - Free to SE

4:30 - 5:15 PM

Aerial Yoga
(Sara)

GF Studio

WEDNESDAY

12:15 - 12:45 PM

MUSCLES
(Sara)

GF Studio - Free to SE

4:30 - 5:15 PM

Instructor's Choice
(Brittney/Sara/Alex)

GF Studio

THURSDAY

12:15 - 12:45 PM

Yoga Flow
(Kierstin/Michelle)

GF Studio - Free to SE

4:30 - 5:15 PM

Pilates or Barre Body
(Sara/Alex)

GF Studio



SIGN UP FOR ALL CLASSES USING THE IMLEAGUES APP!

NO CLASSES July 3 (at 4:30) or July 4

