

**COURSE APPROVAL DOCUMENT**  
Southeast Missouri State University

Department: Department of Nursing\_\_\_\_\_

Course No. NS487\_\_\_\_\_

Title of Course: Adult Health II\_\_\_\_\_

Date: 5/4/2017\_\_\_\_\_

Please check:  New  
 Revision

I. Catalog Description (Credit Hours of Course): Application of knowledgeable caring for adults with acute or chronic illnesses based on evidenced-based practice. Introduction to holistic care management. (2 credit hours)

II. Co- or Prerequisite(s): **First semester senior standing in the BSN program; must have completed all 300-level NS / NC courses**  
Co-requisites: NC-487, NS/NC488, NS/NC489, NS/NC497

III. Purposes or Objectives of the Course (optional):

- A. Outline priorities of care for the general medical-surgical patient.
- B. Incorporate into nursing discussion an appreciation of the uniqueness, health patterns, and the interrelationships of adults and families with a variety of acute and chronic illnesses.
- C. Identify and prioritize safe nursing interventions utilizing professional guidelines and standards and supported by evidence- based practice.
- D. Discuss the application of knowledgeable caring in the clinical setting.
- E. Use critical thinking to make increasingly complex judgments to facilitate clients in attaining an optimal level of wellness within the context of their environment.
- F. Apply theoretical content to specific clinical situations.
- G. Incorporate care management objectives into the nursing plans of care for acute and chronic patients.
- H. Consider the ethical and legal aspects of patient care.
- I. Recognize and explore the significance of culture, spirituality, and socio-economic variables in caring for patients and their families.

IV. Course Learning Outcomes (Minimum of 3):

- A. Participate in class exercises addressing the assessment and nursing interventions of a critically ill patient with an emergent care need.
- B. Lead two small group discussions on how to incorporate best practices into patient care, referencing six evidenced- based practice articles from professional literature.
- C. Present an interdisciplinary socio-cultural, spiritual, and economic profile of a patient with a major medical diagnosis, through one or more transitions of care.

V. Names of Faculty Qualified to Teach the Proposed Course:

- A. Christel Fehr
- B. Michele Tanz
- C. Vera Campbell-Jones
- D. Kim Waltrip
- E. Lorrie Stinnit
- F. Janet Adams

VI. Course Content or Outline (Indicate number of class hours per unit or section):

- A. Concepts: Patient-Centered Collaborative Care
  1. Interdisciplinary Team
  2. Rehabilitation Concepts

(2 class hours)

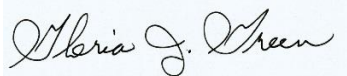
3. Discharge / Referrals / Transitions of Care –
4. Socio-Economic, Cultural, and Spiritual Considerations
5. [Association of Rehabilitation Nurses](#)

B. Problems of:

1. Cardiac Output and Tissue Perfusion (3 class hours)
  - a. Infectious Diseases /Infective Endocarditis
  - b. Peripheral Vascular disease / PVD, PAD, Reynaud’s
2. Oxygenation and Tissue Perfusion: (3 class hours)
  - a. Aneurisms / AAA
  - b. VTE / PE
  - c. Shock
  - d. Head and Neck Cancers / Laryngectomies
3. Hematologic and Immune Response: (4 class hours)
  - a. Infusion and Transfusion Therapy
  - b. Acid Base Balance
  - c. Leukemia
  - d. HIV
  - e. Hypersensitivity / Anaphylaxis
4. Mobility, Sensation, and Cognition: (6 class hours)
  - a. Multiple Sclerosis, Amyotrophic Lateral Sclerosis
  - b. Myasthenia Gravis, Guillain-Barre Syndrome, Huntington Disease
  - c. Trigeminal Neuralgia, Bell’s Palsy,
  - d. Spinal Cord Injuries, Traumatic Brain Injury and Rehabilitation
  - e. Brain Tumors and Brain Abscess
5. Nutrition and Elimination: (3 class hours)
  - a. Chronic Pancreatitis
  - b. Liver / Hepatitis, Cirrhosis, Failure
  - c. Cancers / Esophageal, Gastric, Pancreatic, Liver
6. Regulation and Metabolism: (3 class hours)
  - a. Review of Endocrine System
  - b. Thyroid / Hyperthyroidism and Hypothyroidism, Cancer
  - c. Parathyroid / Hyperparathyroidism and Hypoparathyroidism
  - d. Pituitary/ Anterior and posterior Pituitary Dysfunction, Hypopituitarism, Hyperpituitarism, DI, SIADH
  - e. Adrenal / Hyper (Cushing’s) and Hypo (Addison’s), Myxedema Coma and Addison’s Crisis, Pheochromocytoma
8. Excretion: Urinary Elimination (6 class hours)
  - a. Kidney Functions / Relationship to F&E and Acid-Base Balance
  - b. Renal Failure / Acute and Chronic
  - c. Dialysis / Hemodialysis, Peritoneal Dialysis, Continuous Hemo-Filtration Dialysis
  - d. Transplantation Issues

**Attach the following:**

- copy of example class syllabus and course schedule.
- memo from Library Dean assessing available and needed library holdings and resources.
- memo(s) from Department Chairs in affected departments stating possible issues and/or conflicts are resolved.



Signature: \_\_\_\_\_  
Chair

Date: 05/05/2017

Signature: \_\_\_\_\_  
Dean

Date: \_\_\_\_\_

Approved by department: April 26, 2017

Approved by College Council: May 3, 2017