

Department of: Health and Leisure **New** X **Revised**
Course No.: RC304 **Fall** 1998
Title of Course: Therapeutic Recreation: Program Design

- I. Course Description:** Examination of the process of service delivery in Therapeutic Recreation including client assessment, program planning/evaluation, and client progress/outcomes. (3 credits)
- II. Prerequisites:** RC 260 or permission of instructor
- III. Course Objectives:** Upon completion of the course the student will be able to:
- A. Demonstrate knowledge of the components of the therapeutic recreation service model (University Studies Objectives 2, 3, 4, 6, 8)
 - B. Identify the components of a comprehensive treatment/program plan (University Studies Objectives 2 and 4)
 - C. Apply a systematic procedure for the development and implementation of diagnostically designed therapeutic recreation programs (University Studies Objectives 1, 2, 4, 6, 8)
 - D. Describe effectiveness of documentation systems and techniques relevant to the planning process (University Studies Objective 1)
 - E. Demonstrate skill in developing programs to meet assessed client need, protocols, goals and objectives to effect client change (University Studies Objectives 4 and 6)
 - F. Discuss and summarize the basic principles of and become skilled in client documentation, including assessment, individual treatment plans, progress reporting and discharge summaries (University Studies Objectives 1, 2 and 3)
 - G. Demonstrate skill in writing measurable client outcomes goals, in functional/behavioral terms, with objectives, strategies, and interventions for implementation (University Studies Objective 2)
 - H. Practice experiential therapeutic recreation services for individuals with disabilities or limitations (University Studies Objectives 1, 2, 3, 4, 6, 7, 8)

IV. Expectations of the Student:

- A. Attend class regularly.
- B. Participate in class discussions and active learning experiences.
- C. Participate in practical experience and application of information.
- D. Achieve a satisfactory level of achievement on written and practical examinations and assignments.
- E. Satisfactory completion of therapeutic recreation Comprehensive Program Plan, as described in objectives 2, 3 and 5.
- F. Satisfactory completion of therapeutic recreation written measurable client outcome goals in functional/behavioral terms, objectives, strategies, interventions.

V. Course Content:

	Hours
I. Overview of Therapeutic Recreation Services	6
A. Conceptual Definition of Therapeutic Recreation	
B. Models of Service Delivery	
1. Leisure Ability	
2. Health Protection/Health Promotion	
C. Outcomes of Therapeutic Recreation Services for Clients	
1. Social Implications	
2. Physical Implications	
3. Emotional Implications	
4. Integrative Possibilities	
II. Program Design and Development	12
A. Comprehensive Program Planning/ Interdisciplinary Team Planning	
1. Analyze Influencing Factors	
a. Client needs	
b. Agency services	
c. Community resources	
d. Professional Philosophy and Standards of Practice	
2. Conceptualization of Program Planning	
a. Statement of Purpose	
b. Goals of rehabilitation therapy	

	3.	Investigation of program progression	
	a.	Specific Program Structure	
	b.	Specific Program Alternatives	
B.		Specific Program Planning	
	1.	Statement of Purpose	
	2.	Goals and Objectives	
	3.	Outcome Measurements	
	4.	Specifying Content	
	5.	Identifying Process	
C.		Program Implementations	
	1.	Sequence of sessions	
	2.	Length and number of sessions	
	3.	Input requirements	
	4.	Facilitation Intervention Techniques	
III.		Client Assessment	6
	A.	Theoretical Concepts Related to Assessment	
	1.	Reliability of assessment tools	
	2.	Validity of assessment tools for designated population	
	B.	Assessment Domains	
	C.	Various Assessment Methods	
	D.	Assessment Tools	
	E.	Documentation of Assessment Results	
	F.	Intra-agency Referrals	
IV.		Program Evaluation	6
	A.	Definition of program success	
	B.	Rationale of evaluative plan	
	C.	Methods of evaluation	
V.		Documentation	9
	A.	Rationale	
	B.	Standards for record keeping	
	C.	Individual Treatment Plans	
	D.	Progress Reporting	
	E.	Discharge Summaries and Inter-agency Referral	

- VI. Experiential Learning 6
Students will assess, design, implement, evaluate, & document therapeutic programs. Experience and document community based treatment or health care centers; (Examples: Premier Head Injury Day Program; Geriatric residents Beverly Health Care Center, Horticulture Therapy Gardening; Music/Movement/Wellness Programming.

45 hours

VI. Required Text:

Peterson, Carol Ann and Gunn, Scout. Lee. *Therapeutic Recreation Program Design: Principles and Procedures* (3rd Edition) 2000 Englewood Cliffs, N.J. Prentice-Hall.

Required Course Packet:

“Writing Measurable Objectives for Treatment Outcomes” By Deborah Ann Stuart (1998)

Supportive Text:

Kelland, Jill (editor) and Recreation Therapy Staff Alberta Hospital Edmonton, *Protocols for Recreation Therapy Programs*, (1995) Venture Publishing, Inc. State College, PA.

VII. Basis of Student Evaluation:

- | | | |
|----|---|-----|
| A. | Written Exams (3 @ 100 pts. each) | 45% |
| B. | Written Assignments (typed) | |
| 1. | Comprehensive Program Plan
Each small group will develop comprehensive Therapeutic Recreation program plan materials for an agency which the group designs. | 15% |
| 2. | Specific Program Component
Each pair of students will develop specific program component materials for one specific Therapeutic Recreation program within their designed agency. | 20% |

3.	Other Assignments	20%
	(Treatment plan and discharge summary for your assigned case study: also includes any additional assignments or quiz)	

100%