

**COURSE SYLLABUS**  
**Department Approved 9/1/98**  
**College Council Approved 10/22/98**

**Department of:** Physical Education

**Course No.:** PE 615

**Title of Course:** Teaching Developmentally Appropriate  
Physical Education

**New:** Fall 1998

**I. Catalog Description and Credit Hours of Course:**

This course will focus on concepts in both the pedagogy and the content areas of the American Master Teacher Program for Children's Physical Education (AMTP). Teachers completing this course will be eligible to take national exams in both the pedagogy and content areas, thus meeting an important requirement toward national certification as a Master Teacher (3)

**II. Prerequisite:** current teaching certification in any area or permission of instructor.

**III. Objectives of the Course:**

The purpose of the American Master Teacher Program for Children's Physical Education is to improve the delivery and content of physical education by offering quality instructional resources and programs to future and current physical educators. At the conclusion of this course participants will be able to:

- A. critically analyze the process of teaching and learning in live and videotaped physical activity settings.
- B. effectively combine preactive and postactive skills, such as planning and student assessment, with the actual lessons taught.
- C. employ class management techniques that minimize off-task behavior and motivate children to practice.
- D. describe and demonstrate effective teaching strategies typically employed in teaching physical education, such as stations, task sheets, and convergent and divergent questioning skills.
- E. teach important areas of developmentally appropriate physical education content for children, including movement concepts and skills, games, gymnastics, dance and wellness/fitness.
- F. help all children, regardless of their abilities, appearance, or interests to feel welcome in physical education classes and discover success that leads to a lifelong enjoyment of physical activity.

**IV. Expectations of the Students:**

Students are expected to:

- A. participate appropriately and professionally in all class discussions and activities.
- B. successfully complete all assignments in a timely manner.
- C. successfully complete all quizzes and examinations.
- D. plan appropriately for teaching.
- E. videotape one's self teaching at least one lesson in each of the five content areas.
- F. successfully use systematic observation and other observation techniques to analyze videotapes of several class participants, including their own.

<b>V. Course Outline:</b>	<b><u>Hours</u></b>
A. Introductions, Review of American Master Teacher Program Assumptions	1
B. Planning for learning	2
C. Class management	3
D. Quality instruction	12
1. Getting the lesson started	
2. Instructing and demonstrating	
3. Motivating children to practice	
4. Observing and analyzing	
5. Developing the content	
6. Providing feedback	
7. Questioning and problem solving	
8. Closure	
9. Assessment	
E. Mid-term exam	1
F. Developmentally appropriate physical education for children (DAPE)	21
1. Teaching children movement concepts and skills	
2. Teaching children fitness	
3. Teaching children gymnastics	
4. Teaching children dance	
5. Teaching children games	
6. Determining curriculum priorities	
G. Techniques for continuing to improve teaching effectiveness	5
H. Final examination	3
Total Hours	48

**VI. Textbook:**

**Required:**

Graham, George (1992). Teaching Children Physical Education: Becoming a Master Teacher. Champaign, IL: Human Kinetics.

**Required Readings:**

Belka, David E. (1994). Teaching Children Games: Becoming a Master Teacher. Champaign, IL: Human Kinetics.

Buschner, Craig A. (1994). Teaching Children Movement Concepts and Skills: Becoming a Master Teacher. Champaign, IL: Human Kinetics.

Graham, George (1993). AMTP Pedagogy Course Study Guide. Champaign, IL: Human Kinetics.

Purcell, Theresa M. (1994). Teaching Children Dance: Becoming a Master Teacher. Champaign, IL: Human Kinetics.

Ratliffe, Thomas, & Ratliffe, Laraine M. (1994). Teaching Children Fitness: Becoming a Master Teacher. Champaign, IL: Human Kinetics.

Werner, Peter H. (1994). Teaching Children Gymnastics: Becoming a Master Teacher. Champaign, IL: Human Kinetics.)

**VII. Basis for Student Evaluation:**

- A. appropriate participation and professional attitude
- B. personal improvement project
- C. miscellaneous assignments
- D. quizzes and examinations
- E. videotaped teaching
- F. analyses of 5 videotaped lessons in 5 content areas

**VIII. Knowledge Base:**

- Belka, David E. (1994). Teaching Children Games: Becoming a Master Teacher. Champaign, IL: Human Kinetics.
- Buschner, Craig A. (1994). Teaching Children Movement Concepts and Skills: Becoming a Master Teacher. Champaign, IL: Human Kinetics.
- Graham, George (1993). AMTP Pedagogy Course Study Guide. Champaign, IL: Human Kinetics.
- Graham, George (1992). Teaching Children Physical Education: Becoming a Master Teacher. Champaign, IL: Human Kinetics.
- Hammett, Carol Totsky (1992). Movement Activities for Early Childhood. Champaign, IL: Human Kinetics.
- Logsdon, B.J., Alleman, L.M., Straits, S.A., Belka, D.E., & Clark, D. (1997). Physical Education Unit Plans for Preschool-Kindergarten. Champaign, IL: Human Kinetics.
- Pica, Rae (1990). Preschoolers Moving & Learning, 2<sup>nd</sup> ed. Champaign, IL: Human Kinetics.
- Purcell, Theresa M. (1994). Teaching Children Dance: Becoming a Master Teacher. Champaign, IL: Human Kinetics.
- Ratliffe, Thomas, & Ratliffe, Laraine M. (1994). Teaching Children Fitness: Becoming a Master Teacher. Champaign, IL: Human Kinetics.
- Werner, Peter H. (1994). Teaching Children Gymnastics: Becoming a Master Teacher. Champaign, IL: Human Kinetics.)
- PE Central Home Page. <http://pe.central.vt.edu/>
- Videotapes Available in Kent Library's Instructional Media Center:
- IV/VC/6664 Teaching Children Physical Education: AMTP Pedagogy Course Self-Study Video
  - IM/VC/6665 Teaching Children Movement Concepts and Skills
  - IM/VC/6666 Teaching Children Dance
  - IM/VC/6667 Teaching Children Fitness
  - IM/VC/6668 Teaching Children Games
  - IM/VC/6669 Teaching Children Gymnastics