

COURSE SYLLABUS
Southeast Missouri State University

Department of Nursing

Course No. NS 281

Title of Course: Professional Practice: Family Nursing I

Revision

New X

I. Catalog Description and Credit Hours of Course:

Focus on pregnancy, birth, growth and development, health promotion, and interaction with childbearing and childrearing families in rural community settings. (3) (2 hours theory, 1 hour clinical)

II. Prerequisite (s): Sophomore standing in nursing major.

III. Objectives of the Course:

- A. Adapt communication skills to interact with childbearing and childrearing families within the rural community.
- B. Utilize critical thinking in making decisions based on sound rationale to facilitate childbearing and childrearing families to attain and maintain an optimal level of wellness.
- C. Combine nursing knowledge and concepts from arts, sciences and humanities to assist childbearing and childrearing families to attain an optimal level of wellness within the rural community.
- D. Follow professional guidelines and standards of practice to perform competent clinical practice to care for normal childbearing and childrearing families in supervised clinical experiences.
- E. Demonstrate the ability to function within appropriate professional nursing roles when caring for childbearing and childrearing families in nursing care settings.
- F. Recognize the uniqueness, health patterns, developmental tasks, and interrelationships of childbearing and childrearing families.
- G. Assist childbearing and childrearing families to access available resources in the rural area to attain and maintain optimal wellness.
- H. Use professional literature research to expand professional knowledge, and to assist childbearing and childrearing families to meet their health care needs and accomplish their developmental tasks.
- I. Display knowledgeable caring when working with childbearing and childrearing families in attaining and maintaining their health care needs.
- J. Discuss the developing role of the maternal-child nurse within the hospital, home and community.
- K. Discuss issues specific to the health care needs of childbearing and childrearing families within the rural community.

- L. Adapt assessment skills to determine the biological, sociocultural, psychological and spiritual needs of childbearing and childrearing families.

IV. Expectations of Students:

- A. Fulfillment of requirements identified in the *BSN Student Handbook*.
- B. Completion of required readings prior to attending class.
- C. Development of ability to establish priorities and/or organize assignments and care.
- D. Interaction with the instructor for any assistance needed with treatments or procedures done by the student especially for any procedure performed for the first time.

V. Course Content:

A. Course Introduction (1 hour)

B The Childbearing and Childrearing Families (1 hour)

- 1. Concepts of family
- 2. Family types
- 3. Family as a part of a Community

C. The Sociocultural Aspects of Maternal and Child Health Nursing (2 hours)

- 1. Changing cultural concepts
- 2. Sociocultural assessment

D. The Nursing Role in Preparing Families for Childbearing and Childrearing (2 hours)

- 1. Reproductive and sexual history
- 2. Reproductive life planning

E. Foundations of Growth and Development (2 hours)

- 1. Infant through adult
- 2. Pregnancy as a developmental stage

F. Nursing Role in Caring for the Pregnant Family (6 hours)

- 1. Genetic assessment and counseling
- 2. The growing fetus
- 3. Psychological and physiological changes of pregnancy
- 4. Assessing fetal and maternal health
- 5. Promoting maternal and fetal health
- 6. Promoting nutritional health during pregnancy
- 7. Preparation for childbirth and parenting

G. Nursing Role in Caring for the Family During Labor and Birth (6 hours)

- 1. The labor process
- 2. providing comfort during labor and birth

H. Nursing Role in Caring for the Family During the Postpartal Period (6)

- 1. Nursing care of the postpartal woman and family
- 2. Nursing care of the newborn and family
- 3. Nutritional needs of the newborn

- I. Nursing Role in Health Promotion for the Childrearing Family (3 hours)
 - 1. The family with an infant
 - 2. The family with a toddler
 - 3. The family with a preschooler
 - 4. The family with a school age child
 - 5. The family with an adolescent
 - 6. Child health assessment
 - 7. Health and wellness teaching with children and families

Three hours allotted for examinations; remaining hours for clinical application.

VI. Textbook(s) and/or Other Required Materials or Equipment:

- A. Nichols, F. N., and Zwelling, E. (1997) Maternal-Newborn Nursing: Theory and Practice Saunders: Philadelphia.
- B. Wong, D. L. (1999). Nursing Care of Infants and Children, 6th Ed. Mosby: Philadelphia.

VII. Basis for Student Evaluation:

A. Examinations & quizzes	60%
B. Final Examination	10
C. Written Assignments	15
D. Teaching project	<u>15</u>
	TOTAL 100%
E. Clinical performance	Pass/Fail