

Departments of: Health and Leisure and Human Environmental Studies

Course Title: HL690/FN690 – Seminar in Nutrition and Exercise Science

- I. **Catalog Description:** Discussion and presentations on current issues involving the disciplines of Nutrition and Dietetics, and Exercise Science. May be repeated for credit. (3)
- II. **Prerequisite:** Admission to the Program in Nutrition and Exercise Science or permission of instructor.
- III. **Course Objectives:** The course material will focus on current topics in the fields of nutrition, dietetics, exercise science/physiology. Objectives will vary to some degree with each topic offering. The underlying purpose of the course will reflect a consistent theme which will have the following objectives:
 - A. The student will be required to interpret current research in the disciplines involved.
 - B. The student will be required to assimilate materials in a manner necessary to provide in depth reports on related topics and explain the purposes of treatments, therapies, etc.
 - C. The student will be required to assess the rationale for arguments related to topics discussed.
- IV. **Expectations of the Students:**
 - A. The student will be required to prepare at least one paper on a topic related to the main theme of the course.
 - B. The student will be required to prepare for presentations by peers and to participate in class discussions.
 - C. The student will be required to deliver at least one presentation on a topic related to the main theme of the course.
- V. **Course Content:** Course content is driven by the topic area selected by the instructor at the start of the semester. The course may involve more than one topic area per semester.
- VI. **Basis for Student Evaluation:** Grading will be based on the following:
 - A. Student Presentations 50%
 - B. Research Papers 50%