

COURSE SYLLABUS
Southeast Missouri State University

Department of: Health, Human Performance and Recreation
Title of Course: Outdoor Leadership

Course No: RC 310
New: Spring 2008

Department Approved: April 9, 2008
College Council Approved: May 7, 2008

I. Catalog Description and Credit Hours:

Implementing technical and facilitation skills required in the backcountry and evaluating the history, philosophy, and trends in outdoor adventure programming. (3 credit hours)

II. Prerequisites: Outdoor Living Skills; Recreation Major or Minor

III. Course Objectives:

Through participation in this class, the student will be able to...

- A. Recognize the historical significance of outdoor adventure and examine personal outdoor leadership skills and abilities.
- B. Demonstrate decision making skills and formulate leadership styles for participation in the outdoors.
- C. Discuss the role of values and ethics in outdoor leadership.
- D. Assemble and critique appropriate clothing and equipment for outdoor adventures.
- E. Design and evaluate proper procedures for outdoor trips.
- F. Navigate in the backcountry using advanced orienteering skills.
- G. Develop and demonstrate proper safety and risk management concepts for outdoor adventure trips.

IV. Expectations of Students:

- A. Students will participate in all class meetings and are expected to have completed pertinent assignments prior to class meetings
- B. Students will be expected to fully participate in experiential laboratory and out-of-class experiences as described by the course outline at the beginning of the semester.
- C. Students will achieve satisfactory grades on tests, reports, journals, class activities, and other assignments.

V. Course Content:

	Hours
A. Foundational knowledge of outdoor adventure education to include; purpose, heritage, breadth of profession, and understanding of leadership theory.	3
B. History of Outdoor Leadership	3
1. Dude Ranches and Guide Services	
2. Organized Camping Movement	
3. Scouting Movement	
4. Outward Bound Movement	
5. Professionalization of Outdoor Leadership	
C. Professional Development	3
1. Elements of a Profession	

2. Places That Use Outdoor Leaders	
3. Professional Associations	
4. Professional Practice	
D. Judgment and Decision Making	6
1. Judgment	
2. Decision-Making Process	
3. Decision-Making Models	
4. Decision-Making Methods	
5. Decision Making and Leadership Styles	
E. Environmental Stewardship	6
1. Environmental ethics	
2. Parks, wilderness areas and other protected areas management	
3. Leave No Trace ethics	
F. Self-awareness and professional conduct to include:	6
1. Acting mindfully	
2. Knowing one's abilities and limitations	
3. Knowing how we influence other	
4. Behaving ethically	
G. Expedition Planning	6
1. Trip Purpose	
2. PREPARE System	
3. Logistics	
4. Clothing	
5. Equipment	
H. Gain Technical ability in the areas of:	6
1. Proficiency in particular activities	
2. Experience-based competency	
3. Outdoor living skills	
4. Orienteering	
I. Use and apply Safety and risk management concepts to include:	6
1. Participant safety	
2. Preparation and planning	
3. Legal aspects of safety and risk management	
4. Assessing abilities and limitations	

Total Hours: 45

VI. Textbook:

Martin, B., Cashel, C., Wagstaff, M., & Breunig, M. (2006). *Outdoor Leadership: Theory and Practice*. Champaign, IL: Human Kinetics.

VII. Student Evaluation

A. Teaching Presentations–	20%
B. Practical Skills Exams–	20%
C. Journal/Portfolio -	30%
D. Participation/Leadership-	<u>30%</u>
	100%