

**Graduate/Undergraduate Workshop**  
**Department Approval: 11/8/00**  
**College Council Approval: 11/16/00**

**Department of:** Physical Education

**Course No.:** PE834

**Title of Course:** Preparation for APENCE

**New:** Summer 2001

**I. Catalog Description and Credit Hours of Course:**

This course is designed to prepare the student for the Adapted Physical Education National Certification Examination (APENCE). (3)

**II. Prerequisite:**

None

**III. Course Objectives:**

Upon successful completion of this course, students will be able to:

- A. Use appropriate terminology as it relates to individuals with disabilities
- B. Identify disorders and use appropriate methods of instruction for those individuals
- C. Understand normal human motor development and patterns of development
- D. Understand appropriate curriculum theory and development
- E. Realize the unique attributes of the learner
- F. Learn to use appropriate assessment strategies and what types of assessments are appropriate for students with various needs
- G. Develop student and program evaluation

**IV. Expectations of the Students:**

Students are expected to:

- A. Come to class having read all assignments for each class session
- B. Participate in all class discussions and activities
- C. Complete all assignments in a timely manner

**V. Course Outline:**

**Hours**

A. Introduction to Course	1
B. Characteristics of Individuals Disabilities	3
C. Human Development	3
D. Measurement and Evaluation	3
E. Curriculum Theory and Development	3
F. Teaching Individuals with Disabilities	3
G. Continuing Education	3
H. Motor Behavior	3
I. History and Philosophy	3
J. Assessment	6
K. Consultation and Staff Development	3
L. Unique Attributes of Learners	3
M. Communication	2
N. Student and Program Evaluation	3
O. Instructional Design and Planning	<u>3</u>

Total Hours 45

## **VI. Textbook:**

### **Required:**

National Consortium on Physical Education and Recreation for Individuals with Disabilities (1995). *Adapted Physical Education National Standards*. Luke Kelly, Project Director. Champaign, IL., Human Kinetics.

### **References:**

Auxter, D., Pyfer, J., & Huettig, C., (2001). *Principles and methods of adapted physical education* (9<sup>th</sup> ed.). St. Louis, MO: Times Mirror/Mosby.

Bigge, J.L. (1991). *Teaching individuals with physical and multiple disabilities*. New York: Mcmillan.

Cowden, J., & Tymeson, G. (1984). *Certification in adapted/special education: National Status-update*. Northern Illinois University.

Dummer, G.M., Reuschlein, P.L., Haubenstricker, J.L., Vogel, P.G., & Cavanaugh, P.L. (1993). *Evaluation of K-12 physical education programs: A self-study approach*. Dubuque, IA: Wm. C. Brown.

Kelly, L.E. (1992). *National standards for adapted physical education*. (Grant No. H029k20092). Washington, DC: United States Department of Education, Office of Special Education and Rehabilitation.