

COURSE SYLLABUS
Southeast MO State University

Department of Nursing
Title of Course: Nursing Assessment

Course No. NS372
Revision: _____
New: X

I. Catalog Description and Credit Hours of Course:

Identification of factors influencing functioning in everyday living, application of basic physical, cultural, and spiritual assessment principles and techniques. (3 credit hours; 2 theory, 1 clinical)

II. Prerequisites:

Satisfactory completion of pre-nursing requirements and formal admission into the BSN program.

Co-requisites: NS371, NS373, NS374

III. Course Objectives:

A. Utilize basic professional communication skills to encourage open communication and mutual respect that encourages patient involvement throughout history taking and health assessment.

B. Demonstrate knowledgeable caring in the collection of health history data followed by clustering of information and critical/creative thinking to identify health concerns.

C. Discuss the professional, ethical and legal responsibilities of the nurse completing basic components of a patient assessment.

D. Demonstrate appropriate skills to perform a basic nursing physical assessment.

E. Recognize the many facets of an individual's culture and belief system and demonstrates respect and sensitivity for each patient's uniqueness.

F. Utilize basic principles of teaching/learning to formulate individualized plans for patient teaching. in order to enhance health outcomes.

G. Identify the expected changes in basic physical assessment findings as an individual ages.

H. Relate the importance of a thorough health history and physical assessment to the practice of knowledgeable caring.

IV. Expectations of the Students:

A. Compliance with all expectations as identified in the BSN Student Handbook.

B. Completion of one health history.

C. Completion of one nutritional assessment assignment.

D. Active participation in class.

E. Successful completion of web assignments - forum

F. Civility:

"Every student at Southeast is obligated at all times to assume responsibility for his/her actions, to respect constituted authority, to be truthful, and to respect the rights of others, as well as to respect private and public property. In their academic activities, students are expected to maintain high standards of honesty and integrity and abide by the University's Policy on Academic Honesty. Alleged violations of the Code of Student Conduct are adjudicated in accordance with the established procedures of the judicial system."

G. ADA:

"Any student who believes that they may need an academic accommodation based on the impact of a disability should contact the instructor to arrange an appointment to discuss their individual needs. Instructors rely on Disability Support Services for assistance in verifying the need for academic accommodations and developing accommodation strategies. Students who have not already registered with Disability Support Services as a student with a disability will be encouraged to do so." In other words, accommodations do not have to be given unless the disability is verified by Disability Support Services (Contact office at ext. 2273)

V. Course Content:

| | Topic |
|-------------------|---|
| Unit 1 (3 hrs) | Introduction to course Medical Terminology overview |
| Unit 2 (3 hrs) | Techniques of Assessment Health History: <ul style="list-style-type: none"> • Purpose & components • Interviewing techniques; formats • Adult Developmental Levels <ul style="list-style-type: none"> • General Survey Health History con't <ul style="list-style-type: none"> • Practice • Video |
| Unit 3 (3 hrs) | Spiritual Assessment Cultural Assessment Assessment of Skin, Hair & Nails <ul style="list-style-type: none"> • Review of A&P • Inspection • Palpation • Lesions Medical Term. assoc. with skin, hair and nails |
| Unit 4 (3 hrs) | Nose, mouth & throat assessment <ul style="list-style-type: none"> • Review of A&P • Landmarks Cervical Lymph Nodes <i>Video</i> Medical term assoc. with nose, mouth & throat |
| Unit 5 (3 hrs) | Musculoskeletal Assessment (including ROM) Review of A&P <i>Video</i> Medical Term assoc. with musculoskeletal system |
| Unit 6 (3 hrs) | Heart & Vascular Assessment <ul style="list-style-type: none"> • Review of A&P |

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| | <ul style="list-style-type: none"> • Inspection of thorax • Palpation of pericardium • Auscultation of the heart – areas normal heart sounds, murmurs |
| Unit 7 (3 hrs) | <p>Vascular Assessment Peripheral pulses Rate/rhythm/amplitude <i>Video</i> Medical Term assoc with heart/vessels</p> |
| Unit 8 (3 hrs) | <p>Lung & thorax assessment</p> <ul style="list-style-type: none"> • Review of A&P • Palpation of thorax • Auscultation of lung sounds <p>Normal Lung sounds</p> <ul style="list-style-type: none"> • Medical terms assoc. with lungs and thorax |
| Unit 9 (3 hrs) | <p>Assessment of Abdomen</p> <ul style="list-style-type: none"> • Review of A&P • Inspection • Palpation <p>Auscultation</p> <p>Medical term assoc with abdomen and gi system</p> |
| Unit 10 (3 hrs) | <p>Nutritional Assessment</p> <p>Neurological Assessment</p> <ul style="list-style-type: none"> • Mental status exams • General survey <p>Reflexes</p> <p>Medical term. assoc. with neurological system</p> |
| Unit 11 (3 hrs) | <p><i>Video</i></p> <p>Breast Assessment</p> <ul style="list-style-type: none"> • Am Cancer Society Recommendations • Inspection, Palpation <p>Teaching SBE</p> |
| Unit 12 (3 hrs) | <p>Eye Assessment</p> <ul style="list-style-type: none"> • Eye function • External Eye assessment • Internal Eye assessment • Medical terms associated with eye |
| Unit 13 (3 hrs) | <p>Ear Assessment</p> <ul style="list-style-type: none"> • Hearing • External ear assessment • Middle and inner ear assessment • Medical terms associated with ears |
| Units 14, 15 (6 hrs) | <p>Pulling it all together</p> |

Total 45 hours

V. Textbook and/or Other Required Materials:

Required:

Seidel, H.M. (2006). *Mosby's Guide to Physical Exam (6th ed)*. Elsevier: St. Louis.

VI. Basis for Student Evaluation:

A. Satisfactory fulfillment of course objectives

B. The final grade for this course will be based on the following:

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|--|------------|
| Three unit examinations (100 points each) | 300 points |
| Five pop assessment and/or terminology quizzes (25 each, choose 4) | 100 points |
| Comprehensive final examination | 150 points |
| One completed health history | 100 points |
| One nutritional assignment | 25 points |
| Forum & other web/online assignments | 75 points |
| Medical Terminology quizzes | 100 points |

Total points possible 850 points

The grading scale for the Department of Nursing is:

| | |
|-------------------|---|
| 92% - 100% | A |
| 83% - 91% | B |
| *75% - 82% | C |
| 66% - 74.9% | D |
| 0% - 65% | F |

*75% is the absolute minimum “C”; grades of 74.5-74.9 will **not** be rounded up to 75.

75% refers to 75% of **total points** possible in the course, which includes tests, quizzes, and additional graded assignments.