

Southeast Missouri State University

Department: Department of Theatre and Dance **Course No.:** DA230

Title of Course: Ballroom Dance II **New:** Yes

I. Catalogue Description and Credit Hours of Course: Continuation of DA130 Ballroom Dance I, with additional instruction in various forms of swing and Latin styles. (1)

II. Prerequisites: DA130 (Ballroom Dance I), and consent of the instructor.

III. Purposes or Objectives of the Course: The student will be able to demonstrate:

- A. A working knowledge of basic lead and follow techniques;
- B. An increased body awareness, flexibility, strength and coordination;
- C. The ability to execute the vocabulary of various swing and Latin rhythm dances;
- D. An improved sense of musicality and performance of a variety of routines to selected musical rhythms;
- E. An improved sense of dance floor etiquette and civilized social skills;
- F. The ability to execute fundamental patterns and vocabulary of dances including but not limited to the following: West Coast Swing, Rhumba, Merengue, Mambo, and the Samba.

IV. Expectation of the Students:

- A. Active participation in all classroom activities;
- B. Proper attire: loose clothing, sneakers or informal footwear;
- C. Achievement of the fundamentals of the dance styles;
- D. Satisfactory performance on one midterm and one final exam.

V. Course Content or Outline: *Hours*

- A. Introduction 3
 - 1. The value of ballroom dance as a civilized form of social dance
 - 2. The history and culture of various dance styles
 - a. The United States
 - b. Other cultures in Europe and South America

B.	Dances and Technique	35
	1. Appropriate warm-up	
	2. West Coast Swing	
	3. Rhumba	
	4. Merengue	
	5. Samba	
	6. Others	
C.	Presentations	5
	1. Lectures and Demonstrations	
	2. Guest Artists	
	3. Videos and discussions	
	4. Audio presentations	

TOTAL: 32 Hours

VI. Textbook(s) and/or Other Requirement Materials or Equipment:

None required. Suggested readings from the following sources:

Ellfeldt, Lois & Morton, Virgil L. (1974). *This is ballroom dance*. Palo Alta, CA: National Press Books.

Fallon, Dennis J. & Kuchenmeister, Sue Ann. (1977). *The art of ballroom dance*. Minneapolis: Burgess.

Harris, J.A., Prittman, A.M., & Walter, M.S. (1994) *Dance a while: Handbook of folk, square, contra, & social dance* (7th Ed.). New York: Macmillan.

Seeger, M. (1992). *Talking feet*. Berkeley, CA: North Atlantic Books.

Spencer, Peggy (1992). *Ballroom dancing*. Chicago: NTC Publishing.

VII. Basis for Student Evaluation:

A.	Active and engaged participation in all classes	60%
B.	Satisfactory performance of vocabulary and routines	30%
C.	Written quiz and final test	10%