

COURSE SYLLABUS
Southeast Missouri State University

Department of Communication Disorders

Course No. CD541

Title of Course Fluency Disorders

Revision _____

New 2004

I. Catalog Description and Credit Hours of Course:

Etiologies, comprehensive assessment and treatment of a variety of fluency disorders primarily identified by stuttering behaviors in children and adults. (3).

II. Prerequisite(s): CD230; CD340; or consent of instructor.

III. Purposes or Objectives of the Course:

Student will:

- A. Gain factual knowledge regarding normal disfluency and stuttering (*IIC and IVG).
- B. Develop skills in identifying need of referral for evaluation following screening of children with disfluent speech characteristics (*IVG).
- C. Demonstrate knowledge of etiologies and characteristics of fluency disorders (*IIC).
- D. Apply course materials to make decisions regarding appropriate assessment protocols for diagnosis of stuttering and associated disorders in persons of all ages (*IID and IVG).
- E. Make decisions regarding appropriate management protocols for the individualized and group treatment of persons of all ages with fluency disorders (*IID and IVG).
- F. Identify principles related to the development of fluency in young children and communicative behaviors in children, adults and their communicative partners that foster fluent speaking (*IID).
- G. Develop skills in team participation and clinical management of fluency disorders through activities that simulate assessment and treatment of children and adults who demonstrate fluency disorders (*IID and IVG).

*[*denotes Knowledge and Skills Acquisition (KASA) standards from the American Speech-Language Hearing Association.]*

IV. Expectations of Students:

Students will be expected to assimilate and demonstrate an understanding of the information in class discussion and on activities designed to develop identification, assessment and treatment skills. They will be expected to demonstrate knowledge of

identification, assessment and management skills applied to persons of all ages who exhibit fluency disorders on written examinations.

V. Course Content or Outline:

		<u>No. of Class Hours</u>
Unit I	Identification of Stuttering and Normally Disfluent Speech 1. Terminology pertaining to fluency and fluency disorders 2. Quantitative and qualitative analysis of fluency and perceptual dysfluencies 3. Secondary behaviors 4. Classification of levels of stuttering 5. Covert/Interiorized stuttering	8
Unit II	Etiologies of Fluency Disorders 1. Theories regarding etiology of stuttering 2. Language and constitutional factors related to stuttering 3. Development of stuttering in children 4. Cluttering 5. Psychogenic stuttering disorders 6. Neurogenic stuttering disorders 7. Tourette's syndrome 8. Down syndrome	6
Unit III	Incidence and Prevalence of Stuttering 1. Contrast between incidence and prevalence 2. Developmental disfluencies 3. Spontaneous recovery	2
Unit IV	Assessment Protocols 1. Screening children for fluency disorders 2. Preschool assessment protocols 3. Parent/child interview 4. Perceptual assessment protocols for younger school-aged children 5. Perceptual assessment protocols for adolescents 6. Perceptual assessment protocols for adults 7. Psychosocial assessment protocols for younger school-aged children 8. Psychosocial assessment protocols for adolescents 9. Psychosocial assessment protocols for adults 10. Client interview 11. Secondary behaviors associated with stuttering	10
Unit V	Management of Fluency Disorders 1. Fluency Shaping and Stuttering Modification compared, contrasted, and integrated 2. Indirect and direct treatment protocols for preschool children: <ol style="list-style-type: none"> i. Lidcombe Program, ii. Shine Systematic Fluency Program, 	16

- iii. Easy Does It For Fluency,
- iv. functional family centered therapy
3. Counseling with parents of young children who stutter:
 - i. functional family-centered therapy
 - ii. support groups
4. Individual and direct behavioral treatment protocols for school-age children, adolescents and adults who stutter:
 - i. cancellation
 - ii. pull-outs
 - iii. preparatory set
 - iv. adaptation
 - v. bouncing
 - vi. desensitization
 - vii. conditioning
 - viii. easy-onset
 - ix. light consonant contact
 - x. rate reduction
 - xi. relaxation
 - xii. attitude changes
 - xiii. respiration and breathstream management
 - xiv. continuous phonation
 - xv. transfer and maintenance
 - xvi. Fluency Rules
 - xvii. Message Therapy
 - xviii. Stocker-Probe Technique for Stuttering Modification
5. Group behavioral treatment protocols for adolescents and adults who stutter:
 - i. McGuire Stuttering Program,
 - ii. Generating Fluent Speech,
 - iii. Ron Webster's Hollins College Program,
 - iv. Precision Fluency Shaping Program
6. Support Groups
 - i. National Stuttering Association
 - ii. FRIENDS: The Association of Young People Who Stutter
7. Bibliotherapy
8. Devices used to treat stuttering
 - i. Delayed Auditory Feedback
 - ii. pacing/metronome
 - iii. SpeechEasy7
 - iv. biofeedback
 - v. Fluency Master
 - vi. Edinburg Masker
9. Covert/Interiorized Stuttering
10. Neurogenic Stuttering Disorders

	11. Psychogenic Stuttering Disorders	
	12. Cluttering	
	13. Other communication disorders co-occurring with stuttering	
	i. language	
	ii. articulation/phonological disorders	
	iii. voice disorders	
	iv. cognitive disorders	
Unit VI	Documentation and Reimbursement Issues	3
	1. Individualized Education Plan (IEP)	
	2. Private Insurance reimbursement for behavioral therapy and fluency devices	
	3. Writing goals, measuring outcomes, terminating treatment	
	4. SID4; Recognition for Fluency Specialists	

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VI. Textbook(s) and/or Other Required Materials or Equipment:

Silverman, F. H. (2003). *Stuttering and other fluency disorders* (3rd edition). Boston: Allyn and Bacon.

Other Selected Readings and/or Materials or Equipment (placed on reserve):

Books:

Chelma, K. A., & Reardon, N. (2001). *The school-age child who stutters: Working effectively with attitudes and emotions . . . a workbook*. Memphis, TN: Stuttering Foundation of America.

Curlee, R. F. (1999). *Stuttering and related disorders of fluency* (2nd edition). New York: Thieme.

Gregory, H. H. (2003). *Stuttering therapy: Rationale and procedures*. Boston, MA: Allyn & Bacon.

Ham, R. E. (1999). *Clinical management of stuttering in older children and adults*. Gaithersburg, MD: Aspen.

Manning, W. H. (2001). *Clinical decision-making in fluency disorders* (2nd edition). Canada: Singular.

Onslow, M. (1996). *Behavioral management of stuttering: .* San Diego, CA: Singular.

Onslow, M., Packman, A., & Harrison, E. (Eds.). (2003). *The Lidcombe program of early stuttering intervention: A clinician's guide*. Austin, TX: Pro-Ed.

Ratner, N. B., & Healey, E. C. (Eds.). (1999). *Stuttering research and practice: Bridging the gap*. Mahwah, NJ: Erlbaum.

Videotapes from the Stuttering Foundation of America:

Counseling with Parents of Children Who Stutter

Desensitization

Diagnostic Interview

Do You Stutter: Straight Talk for Teens

Identification

If You Stutter: Advice for Adults

Making Sound Clinical Decisions

Modification-Cancellation
Modification and Monitoring
Stablization
Stuttering: Straight Talk for Teachers
The Child Who Stutters: Practical Advice for the School Setting
The School-Age Child Who Stutters
The School-Age Child Who Stutters: Dealing Effectively with Guilt and Shame
The School-Age Child Who Stutters: Working Effectively with Attitudes and Emotions
The School Clinician: Ways to Be More Effective
Variations

Websites:

<http://www.fluentspeech.com>

<http://www.freedomsroad.org>

<http://www.mankato.msus.edu/dept/comdis/kuster/stutter.html>

<http://www.nsastutter.org>

<http://www.stuttering.org>

To be provided by the instructor: audio and video samples of persons exhibiting a variety of fluency disorders, assessments and samples of clinical interventions.

VII. Basis for Student Evaluation:

The weight of evaluation criteria may vary at the discretion of the instructor and will be indicated at the beginning of each class.

- A. Student will be evaluated on the basis of performance on two written examinations (objective and subjective). The examination grades will compose 40% of the final grade (*IIC, IID and IVG).
- B. Student will be evaluated on the basis of ability to complete perceptual assessments of dysfluent speech and secondary behaviors from videotaped samples, develop evaluation reports, and make recommendations for management. These assessment grades will compose 20% of the final grade (*IIC, IID and IVG).
- C. The student will be evaluated on the basis of a written report and oral presentation regarding a specific treatment protocol for a fluency disorder. This grade will compose 25% of the final grade (*IID and IVG). Graduate students will make an oral presentation and provide a written report of 8-10 pages in length following APA guidelines. Undergraduate students will be expected to make an oral presentation and provide an outline of their presentation. The formal paper requirement is waived for undergraduate students enrolled in this course.
- D. The student will be evaluated on the basis of practical assignments requiring participation in pseudo-stuttering and community activities and respond in writing to outcomes of these activities. This grade will compose 15% of the final grade (*IID and IVG).

Violations of academic honesty represent a serious breach of discipline. Engaging or knowingly assisting in academic dishonesty, including plagiarism, cheating, and those

acts which would deceive, cheat, or defraud so as to promote or enhance one's scholastic record may be considered grounds for disciplinary action.

When a student is accused of academic dishonesty, the accusing faculty member must contact the student to discuss the allegation in either an informal or formal process.

Sanction for violation of the Academic Honesty Policy may include faculty imposed sanctions (i.e., a grade sanction and/or require the student to redo the work, fail the student on the work or require the student to receive additional instruction as provided by the University Library, Writing Center, or other University resources). Additional sanctions up to disciplinary probation or suspension may also be imposed. Students should speak with faculty members regarding their expectations for academic honesty.

Please refer to <http://www6.semo.edu/judaffairs/code.html> for the complete policy on Academic Honesty at Southeast Missouri State University.

Approvals:

Department: 01-30-2004

College Council: 04-07-2004

Graduate Council: 09-16-2004