

**SOUTHEAST MISSOURI STATE UNIVERSITY  
COURSE SYLLABUS**

**Department of:** Health, Human Performance and Recreation  
**Title of Course:** Basketball

Course No: AT 188  
New: Spring 2005

Department Approved: September 13, 2004  
College Council Approved: October 6, 2004

**I. Catalog Description and Credit Hours:** Fundamental skills, rules, and strategy.(1)

**II. Prerequisites:** None

**III. Course Objectives:** Upon completion of the course the student will:

- A. Demonstrate an understanding of the rules of basketball
- B. Demonstrate fundamental basketball skills
- C. Discuss strategy related to game situations
- D. Articulate basic offensive and defensive strategies
- E. Develop an attitude of proper respect toward team sports and observe professional ethics in dealing with other people
- F. Understand and appreciate the importance of participation in physical activity
- G. Create an atmosphere of respect, collaboration, obedience of rules, and a sense of fair play.

**IV. Expectations of Students: Students will:**

- A. Actively participate during each class period
- B. Complete all assignments and examinations
- C. Demonstrate good sportsmanship

**V. Course Content:**

	<u>Hours</u>
A. Introduction and orientation to basketball	2
1. history	
2. equipment	
3. basic rules and sportsmanship	
B. Techniques and drills	15
1. ball handling	
2. passing	
3. shooting	
4. offensive techniques and drills	
5. defensive techniques and drills	
B. Games	13
1. game rules and alternatives	
2. offensive strategy	
3. defensive strategy	

Total Hours    30

**VI. Textbook:**

Oliver, J. (2004). *Basketball fundamentals*. Champaign, IL: Human Kinetics.

**VII. Basis for Student Evaluation:**

A. Skill tests	60%
B. Written tests	25%
C. Participation in class activities	<u>15%</u>
	100%