

**Department:** Department of Theatre and Dance    **Course No:** TH 323

**Title of Course:** Movement for the Actor II    **NEW**

**I. Catalog Descriptions and Credit Hours of Course**

An intermediate movement course where actors explore the movement techniques commonly used in the theatre by incorporating them into performance and character creation. (3 credit hours)

**II. Prerequisite(s):**

TH 218; TH 223, or consent of instructor.

**III. Purposes or Objectives of the Course:**

- To explore the intermediate techniques in the Laban and Alexander movement language
- To analyze and enhance the movement of the body and how to incorporate the techniques with the voice.
- To explore intermediate exercises and theories for improving rehearsal and performance technique
- To further incorporate the use of self-evaluation as a primary means for improvement

**IV. Student Learning Outcomes**

- Students will explain intermediate terminology of Laban and Alexander techniques.
- Students will demonstrate intermediate movement of the body using Laban, Feldenkrais and Alexander techniques.
- Students will research, analyze, and create roles from classic or modern plays using movement techniques.

**V. Expectations of Students:**

- To attend all classes and participate fully in all discussions and exercises;
- To complete all outside assignments in a timely fashion and to the best of their ability;
- To maintain a productive and collegial environment;
- To remain open and respectful of new and conflicting ideas;
- To respectfully challenge existing thought and accepted ideas;
- To take risks with all creative and intellectual endeavors.

**VI. Course Outline:**

*Week 1*            Course Overview, Review of Feldenkrais  
*Week 2*            Feldenkrais  
                         Skeletal Structure focusing on the Sacrum  
                         Path of Breath

<i>Week 3</i>	Feldenkrais floor exercises focusing on sacrum and breath
<i>Week 4</i>	Feldenkrais floor exercises focusing on sacrum and breath Journal due
<i>Week 5</i>	Review of Alexander and Laban techniques Scene #1 chosen; partners chosen
<i>Week 6</i>	Alexander and Laban floor exercises Journal due
<i>Week 7</i>	Actors explore Laban characterization with Scene
<i>Week 8</i>	Actors explore Alexander characterization with Scene
<i>Week 9</i>	Scene #1 work in class Journal due
<i>Week 10</i>	Presentations of Scene #1 Post Mortem on Scene #1
<i>Week 11</i>	Scene #2 chosen; partners chosen Alexander and Laban floor exercises Journal Due
<i>Week 12</i>	Actors explore Laban characterization with Scene
<i>Week 13</i>	Actors explore Alexander characterization with Scene
<i>Week 14</i>	Scene #2 work in class Journal due
<i>Week 15</i>	Presentations of Scene #2 Post Mortem on Scene #2
<i>Final</i>	Test on Laban and Alexander vocabulary and movement

**VII. Textbook(s) and/or Other Required Materials or Equipment:**

Required: *Actor Training The Laban Way*, Barbara Adrian

**VIII. Basis for Student Evaluation:**

Growth and Progress Journal	10%
Participation	15%
Laban and Alexander Test	15%
Performance using Laban and Alexander #1	30%
Performance using Laban and Alexander #2	30%