

Bachelor of Science in Athletic Training (BSAT)

Athletic Training

The Athletic Training Program (ATP) is committed to provide both academic and clinical education for athletic training majors. The ATP believes that a student's clinical experiences should supplement a challenging athletic training core curriculum. The core curriculum is based on the required subject matter meeting Commission on Accreditation of Athletic Training Education (CAATE) Standards and competencies set forth by the National Athletic Trainers' Association (NATA).



Faculty in athletic training foster an open learning environment in the classroom and in clinical settings. Our philosophy is to instill a strong ethical and moral ideology that encourages professionalism and personal growth. The program exposes students to various allied health professions and encourages students to pursue continued education and research

Becoming Career Ready...

/ BS in Athletic Training majors work alongside professionals in the field with an actual patient population.

/ Athletic Training graduates work in treatment and rehabilitation, secondary and higher education, and professional sport settings. Examples of job titles include athletic trainer, corporate fitness and wellness coordinator and personal trainer.

/ Students are well-prepared for the Board of Certification exam. Southeast Missouri State University ATEP has a 78% first time pass rate.

/ Athletic Training students demonstrate an understanding of injury prevention, clinical evaluation and diagnosis, emergency care, treatment and rehabilitation, administration and organization.

/ Students in the major have the opportunity to attend state and national conferences for the profession of athletic training. Students who collaborate with faculty on research have the opportunity to present findings at state, regional and national conferences.

/ The program allows students to work with the most up-to-date therapeutic modalities and rehabilitation equipment in both laboratory and clinical settings.

/ 100% of Southeast programs offer a real-world experience. Athletic Training students gain this experience through a series of required practica.

/ The path to a successful career starts with you! You can maximize your career development by working closely with Career Services and Southeast faculty – they are here to help you connect your passions, interests, and skills to jobs and opportunities in the field. Career Services provides professional career counseling and coaching, resume critiques, practice interviews, job search strategies, career events, networking opportunities and more.

Internship and Employment Opportunities of Recent Graduates/ Graduate Schools and Programs of Recent Graduates

- University of Oklahoma
- Lindenwood University
- New York Jets (NFL)
- SIU-Carbondale
- Oklahoma State University
- University of Florida
- University of Iowa
- University of Wisconsin-Eau Claire
- University of Wisconsin-Whitewater
- Missouri Baptist University
- Wichita State University
- Abilene Christian University
- Excel Sports and Physical Therapy
- SportsCare
- St. Francis Sports Medicine
- ProRehab
- ESPN Wide World of Sports
- Army West Point
- River City Rascals

Admission Requirements

- Complete the following courses with a grade of "C" or better by the end of the semester of application: TX 251, TX 280, MA 123, EN 100, PY 101, BS 113, BS 114.
- Cumulative 2.5 GPA.
- Provide proof of current:
 - First Aid certification
 - Professional Rescuer CPR/AED certification.
- Demonstrate the ability to meet the technical standards of admission including a signed technical standards form.
- Current physical examination.
 - Provide proof of current: TB screening, MMR, tetanus, Hepatitis B (or HBV declination).
- Completion of Bloodborne Pathogen Training.
- Demonstrate compliance with all the ATP's policies and procedures.
- Complete a formal interview with members of the ATP Selection Committee.
- Complete an entrance written examination. (TX 280).
- Submission of three letters of recommendation utilizing the form within the ATP application.
- Submission of the completed ATP application.

Transfer and Dual Credit Students

If you have dual credit or transfer credit, please visit our transfer course equivalencies guide at semo.edu/transfercredit

This program could lead to licensure or certification. However, Southeast's program either does not meet, or we cannot determine if it meets, the licensure or certification requirement in all states. Please consult our State Authorization page, Licensure tab, to determine information specific to your state: <https://semo.edu/online/student-resources/stateauth.html>.



To learn more
 Office of Admissions
 (573) 651-2590
admissions@semo.edu
semo.edu

To explore the College of Education, Health and Human Studies online, visit
semo.edu/education-health

For advising
 Center for Academic Advising
semo.edu/advising

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This is a guide based on the 2020-2021 Undergraduate Bulletin and is subject to change. The time it takes to earn a degree will vary based on several factors such as dual enrollment, remediation, and summer enrollment. Students will meet with an academic advisor each semester and use Degree Works to monitor their individual progress.

CURRICULUM CHECKLIST

Critical Courses are *italicized and bolded*. These courses are indicators of potential for success in the degree program.

* Athletic Training students must be admitted into the professional phase of the AT before registering for any athletic training courses indicated.

Athletic Training Core – 67 Hours Required

Some courses may fulfill General Education requirements.

A grade of 'C' is required in each core course.

- ___ FN235 Nutrition for Health (3)
- ___ FN401 Sports Nutrition (3)
- ___ **HL111 Introduction to Health Management (3)**
- ___ HL120 Health Perspectives (3)
- ___ HL231 Fitness Conditioning (3)
- ___ HL303 Research Methods (3)
- ___ HL312 Sport and Exercise Pharmacology (3)
- ___ HL331 Exercise Physiology (4)
- ___ HL345 Resistance Training Principles and Practices (3)
- ___ HL511 Applied Anatomy (3)
- ___ TX251 Introduction to Athletic Injuries (3)
- ___ TX263 Sports Injury Management (3)*
- ___ TX280 Basic Skills in Athletic Training (1)*
- ___ TX281 Practicum in Athletic Training I (1)*
- ___ TX282 Practicum in Athletic Training II (1)*
- ___ TX321 Advanced Injury Assessment I (3)*
- ___ TX322 Advanced Injury Assessment II (3)*
- ___ TX323 Advanced Injury Assessment III (3)*
- ___ TX365 Therapeutic Modalities (3)*
- ___ TX382 Medical Aspects of Sport (3)*
- ___ TX383 Practicum in Athletic Training III (1)*
- ___ TX384 Practicum in Athletic Training IV (1)*
- ___ TX444 Rehabilitation of Sports Injury (3)*
- ___ TX472 Administration of Athletic Training (3)*
- ___ TX480 Seminar in Athletic Training (2)*
- ___ TX481 Practicum in Athletic Training V (1)*
- ___ TX482 Practicum in Athletic Training VI (1)*

Additional Requirements

A grade of 'C' or better is required in each support course.

- ___ **BS113/013 Anatomy and Physiology I (4)**
- ___ **BS114/014 Anatomy and Physiology II (4)**
- ___ CH180 Chemistry in Our World (3)
- ___ EN140 Rhetoric & Critical Thinking (3)
- ___ MA116 Precalculus A (3)
- ___ PY101 Introduction to Psychology (3)

General Education Requirements – some requirements may be fulfilled by coursework in major program

- Social and Behavioral Sciences – 6 hours
- Constitution Requirement – 3 hours
- Written Communication – 6 hours
- Oral Communication – 3 hours
- Natural Sciences – 7 hours (from two disciplines, one to include a lab)
- Mathematics – 3 hours
- Humanities & Fine Arts – 9 hours (from at least two disciplines)
- Additional requirements – 5 hours (to include UI100 for native students)
- Civics examination

SAMPLE FOUR-YEAR PLAN

	Fall Semester		Spring Semester	
	Course #	Hrs	Course #	Hrs
FIRST YEAR	UI100	3	BS114	4
	EN100	3	HL111	3
	BS113	4	HL231	3
	HL120	3	PY101	3
	MA116	3	TX251	3
				TX280
	Total	16	Total	17
Milestone: Apply for Admission to Athletic Training Education Program in spring				
SECOND YEAR	CH180	3	FN401	3
	EN140	3	HL331/031	4
	FN235	3	HL511	3
	TX263	3	TX282	1
	TX281	1	TX321	3
	General Education	3	General Education	3
	Total	16	Total	17
Milestone: Students must maintain a 2.5 GPA to remain in the major				
THIRD YEAR	HL345	3	HL312	3
	TX322	3	TX323	3
	TX365	3	TX382	3
	TX383	1	TX384	1
	General Education	3	TX444	3
			General Education	3
	Total	13	Total	16
Milestone: Students must maintain a 2.5 GPA to remain in the major				
FOURTH YEAR	HL303	3	TX482	1
	TX472	3	General Education	3
	TX480	2	General Education	3
	TX481	1	Elective	3
	General Education	3	Elective	2
		Total	13	Total
Milestone: ATEP students take certification examination during the senior year				

A minimum 2.5 GPA in the major and overall are required to graduate with a BSAT degree.

A "Milestone" signifies a significant stage for a student in the completion of a degree.

Degree requirements for all students: a minimum of 120 credit hours, completion of the General Education program, and completion of 39 senior division hours (300-599). Refer to the Undergraduate Bulletin or Degree Works for additional graduation requirements for your program.

Revised
6/30/2020