

## Human Environmental Studies: Family Studies Option (Online)

### Bachelor of Science (BS)



The family studies program strongly focuses on integrating theory, research and practice. It encompasses a wide range of family structures, dynamics and functions with an emphasis on the development of interpersonal skills and professional practice. The Family Studies program prepares students for a variety of positions that focus on families or family members at all stages of the life continuum in social service, government and education.

Southeast's family studies program is an accredited Certified Family Life Educator program. The National Council on Family Relations (NCFR) oversees our program, which includes course work that follows the standards and criteria needed for students to become Provisional Certified Family Life Educators. For more information, visit the NCFR website: <http://www.ncfr.org/>.

#### Becoming Career Ready...

/ Qualified faculty interact one-on-one with students in face-to-face and online classes.

/ Graduates of the program are prepared to work in a wide variety of settings, including corporate, government and social service. Examples of job titles are advocacy agent, geriatric specialist, senior center director, victim assistance worker, and caseworker.

/ Human Environmental Studies: Family Studies majors gain an in-depth understanding of family structures, dynamics, and interactions, along with developmental issues across the lifespan.

/ Majors develop skills in assessing, creating, and implementing interventions to improve family interactions.

/ 100% of Southeast programs offer real-world experience. Students in the program are trained to work with a wide variety of populations and have the opportunity to work part-time or volunteer in one of our four state licensed centers that serve children, seniors, and developmentally disabled adults. In addition, students gain experience through placement in agencies and programs serving young children and parents, pregnant teens, senior adults, low-income families, and the community.

/ The path to a successful career starts with you! You can maximize your career development by working closely with Career Services and Southeast faculty – they are here to help you connect your passions, interests, and skills to jobs and opportunities in the field. Career Services provides professional career counseling and coaching, resume critiques, practice interviews, job search strategies, career events, networking opportunities, and more.

#### Internship and Employment Opportunities of Recent Graduates

- Aging Matters Agencies
- Big Brothers/Sisters Program
- Boy Scouts/Girl Scouts
- Councils on Aging
- Crisis Center
- Day Care Facility
- Department of Family Services
- Department of Mental Health
- Department of Health and Senior Services
- Gerontology Agencies/Firms
- Headstart Family Services
- Hospice Programs
- Retirement Homes / Assisted Living Facilities
- Mental Health Centers
- Disability Programs
- Court Appointed Special Advocates (CASA)
- Parent Education Programs
- Pregnancy Centers / Teen Pregnancy Services
- Non-profit organizations i.e. United Way
- Marriage and Family Therapy Graduate Programs

#### About Our Online Programs

At Southeast, if a program is designated as an online degree, you can complete your degree anywhere, without ever having to come to one of our campuses. As a student in an online class, your faculty will be the same faculty who teach in our campus classrooms. Advising for online programs and other support services are all completed online by staff who specialize in serving distance students.

#### Transfer and Dual Credit Students

If you have dual credit or transfer credit, please visit our transfer course equivalencies guide at [semo.edu/transfercredit](http://semo.edu/transfercredit).

# Family Studies Option (Online)

#### To learn more

Southeast Online  
 (573) 651-2766  
[southeastonline@semo.edu](mailto:southeastonline@semo.edu)  
[online.semo.edu](http://online.semo.edu)

#### To explore

all online degree options, visit  
[online.semo.edu](http://online.semo.edu)

#### For advising

Phone: (573) 651-2766  
 Fax: (573) 651-2859  
[southeastonline@semo.edu](mailto:southeastonline@semo.edu)  
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**Human Environmental Studies: Family Studies Option (Online)****Bachelor of Science (BS)**

This is a guide based on the 2019-2020 Undergraduate Bulletin and is subject to change. The time it takes to earn a degree will vary based on several factors such as dual enrollment, remediation, and summer enrollment. Students will meet with an academic advisor each semester and use Degree Works to monitor their individual progress.

**CURRICULUM CHECKLIST**

*"Critical Courses" are italicized and bolded. Data shows that students who have completed this course in the first two years and have earned the noted grade are most likely to complete this program of study.*

**Family Studies – 45 Hours – Minor Required**

*A grade of 'C' is required for CF 207, CF 340, CF 405, CF 520*

- \_\_\_ CF 102 Relationships in the 21<sup>st</sup> Century (3)
- \_\_\_ CF 120 The Child (3)
- \_\_\_ CF 206 Introduction to Gerontology (3)
- \_\_\_ CF 207 Gerontology Practicum (3)
- \_\_\_ **CF 209 Introduction to Family Theories (3)**
- \_\_\_ CF 220 Young and Middle Adulthood (3)
- \_\_\_ CF 340 Family Law, Policy, and Advocacy (3)
- \_\_\_ CF 360 Family Life Education (3)
- \_\_\_ CF 385 Stress, Violence, Trauma and Families (3)
- \_\_\_ CF 402 Relationships of Commitment (3)
- \_\_\_ CF 405 Special Populations Practicum (3)
- \_\_\_ CF 430 Parent-Child Interactions (3)
- \_\_\_ CF 485 Family Studies Senior Seminar (3)
- \_\_\_ CF 512 Family and Community Resources (3)
- \_\_\_ CF 520 Professional Ethics and Practice (3)
- \_\_\_ CF 565 Family Services Internship (3)

**Additional Requirements:**

- \_\_\_ FE 200 Family Resource Management (3)
- \_\_\_ UI 303 The Family Experience (3)  
OR
- \_\_\_ UI 455 Understanding Men/Male Development (3)
- \_\_\_ UI 445 Social Perspectives of Human Sexuality (3)

**Recommended Minors:**

- \_\_\_ Child Development
- \_\_\_ Criminal Justice
- \_\_\_ Gerontology
- \_\_\_ Psychology
- \_\_\_ Social Work

**Department State Licensed Centers**

*The Family Studies program oversee four community outreach programs that provide students with hands-on learning experiences working with various populations.*

**Educare Programs**

- Horizon's Enrichment Center for Developmentally Disabled Adults
- Hoover Center for Seniors
- The Apple Project

**General Education Requirements** – some requirements may be fulfilled by coursework in major program

- Social and Behavioral Sciences – 6 hours
- Constitution Requirement – 3 hours
- Written Communication – 6 hours
- Oral Communication – 3 hours
- Natural Sciences – 7 hours (from two disciplines, one to include a lab)
- Mathematics – 3 hours
- Humanities & Fine Arts – 9 hours (from at least two disciplines)
- Additional requirements – 5 hours (to include UI100 for native students)
- Civics examination

**SAMPLE FOUR-YEAR PLAN**

	Fall Semester		Spring Semester	
	Course #	Hrs	Course #	Hrs
<b>FIRST YEAR</b>	UI 100	3	CF 120	3
	EN 100	3	General Education	3
	CF102	3	General Education	3
	General Education	3	General Education	3
	General Education	3	General Education	3
	<b>Total</b>	<b>15</b>	<b>Total</b>	<b>15</b>
Milestone: 2.0 cumulative grade point average.				
<b>SECOND YEAR</b>	<b>CF 209</b>	3	CF 206	3
	CF 385	3	CF 220	3
	FE 200	3	UI 303 or UI 455	3
	General Education	3	General Education	3
	General Education	3	Minor Course	3
	<b>Total</b>	<b>15</b>	<b>Total</b>	<b>15</b>
Milestone: 2.0 cumulative grade point average.				
<b>THIRD YEAR</b>	CF 360	3	CF 207	3
	CF402	3	CF 340	3
	Minor Course	3	CF 430	3
	Minor Course	3	Minor Course	3
	Elective	3	Minor Course	3
	<b>Total</b>	<b>15</b>	<b>Total</b>	<b>15</b>
Milestone: 2.0 cumulative grade point average.				
<b>FOURTH YEAR</b>	CF405	3	CF 520	3
	CF 512	3	CF 565	3
	Minor Course	3	CF 485	3
	Minor Course	3	UI 445	3
	Elective	3	Elective	3
	<b>Total</b>	<b>15</b>	<b>Total</b>	<b>15</b>
Milestone: 2.0 cumulative grade point average.				

A "Milestone" signifies a significant stage for a student in the completion of a degree.

**Degree requirements for all students:** a minimum of 120 credit hours, completion of the General Education program, completion of 39 senior division hours (300-599) and the Writing Proficiency Exam (WP003). Refer to the Undergraduate Bulletin or Degree Works for additional graduation requirements for your program.

Revised  
5/9/2019

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