

**Bachelor of Science in Education (BSED)****Physical Education**

The College of Education, Health, & Human Studies provides a supportive climate to help all education majors meet

the rigor of teacher education. Students have the opportunity to participate in Tomorrow's Teachers Learning Community which links cohort learning and living opportunities. Students also receive support in preparation for the entrance exam required for admission. We currently offer 27 undergraduate licensure programs and options for advanced licensure, as well. Students say the learning community and cohort structure of our programs encourage a strong bond with peers and increased success across the program.

**Becoming Career Ready...**

/ A diverse Physical Education faculty who have accumulated years of experience in the classroom works closely with students, providing hands-on experiences opportunities in unique courses such as Injury Management, Rhythms and Fitness Conditioning.

/ B.S. in Education graduates work in education, health, and recreation fields. Examples of job titles include elementary and high school physical education teacher, activities director, health educator, athletic director and coach.

/ The program prepares teacher candidates (TC) as K-12 Physical Educators eligible to teach in public and private schools.

/ Physical Education students participate in multiple field experiences beginning in their 2<sup>nd</sup> year and continuing throughout the program in local classrooms in order to become experienced, well-versed, and confident educators.

/ 100% of Southeast programs offer real-world experience. The Physical Education program includes 250 contact-hours in the field, including student-teaching teaching, lessons at elementary, middle and secondary levels, as well as physical education for individuals with disabilities. Students in the program have the opportunity to apply their unit and lesson plans and reflect on what went well and where improvements may be made.

/ The path to a successful career starts with you! You can maximize your career development by working closely with Career Services and Southeast faculty – they are here to help you connect your passions, interests, and skills to jobs and opportunities in the field. Career Services provides professional career counseling and coaching, resume critiques, practice interviews, job search strategies, career events, networking opportunities and more.

**Internship, Employment Opportunities, and Graduate Schools or Programs of Recent Graduates**

- The program prepares students to work in K-12 schools as Physical Educators
- Many graduates of the Physical Education Program decide to enter coaching in addition to teaching
- Graduates of the Physical Education program include numerous excellent educators in the state and region, but also include nationally recognized collegiate coaches such as Linda Wells (softball), Dr. Tim Rademaker (pole vault), and numerous collegiate basketball and football coaches.
- Some graduates decide on careers outside of traditional classroom teaching such as occupations in the recreation or fitness industries.

**Admission Requirements**

- 42 credit hours completed
- 2.75 cumulative GPA
- One of the following: 1) Composite/Superscore of 20 or higher on the ACT exam; 2) Passing scores on all sections of the Missouri General Education Assessment (MoGEA); or 3) A 4-year degree from an accredited college/university
- The following course requirements met:
  - A grade of C or above in CF/PY120 The Child (Elementary, Early, and Exceptional) or PY222 Development of the Adolescent (5-9, 9-12, and PK-12)
  - A grade of B or above in ED280 Introduction to Education as a Profession or ME222 Principles of Teaching Music.

**Additional Information**

The state of Missouri has high expectations for future educators. Students matriculating into education programs must meet the following standards to be recommended for licensure following degree completion.

Students must maintain a 2.75 cumulative GPA and a 3.0 GPA in both the area of content expertise and pedagogy courses. In addition, students must pass the MO Content Exam and the MO Educator Evaluation System for recommendation for licensure. Students must also fulfill other assessments such as a dispositions profile and be cleared through an FBI background check.

**Special Options with Secondary Education**

Southeast offers a Master of Arts in Secondary Education: Educational Studies or Educational Technology.

**Transfer and Dual Credit Students**

If you have dual credit or transfer credit, please visit our transfer course equivalencies guide at [semo.edu/transfercredit](http://semo.edu/transfercredit).

**To learn more**  
Office of Admissions  
(573) 651-2590  
[admissions@semo.edu](mailto:admissions@semo.edu)  
[semo.edu](http://semo.edu)

**To explore the College of Education, Health and Human Studies online, visit**  
[semo.edu/education-health](http://semo.edu/education-health)

**For advising**  
**Center for Academic Advising**  
[semo.edu/advising](http://semo.edu/advising)

# Physical Education (PK-12)

## Bachelor of Science in Education (BSED)

This is a guide based on the 2019-2020 Undergraduate Bulletin and is subject to change. The time it takes to earn a degree will vary based on several factors such as dual enrollment, remediation, and summer enrollment. Students will meet with an academic advisor each semester and use Degree Works to monitor their individual progress.

### CURRICULUM CHECKLIST

"Critical Courses" are italicized and bold. Data shows that students who have completed this course in the first two years and have earned the noted grade are most likely to complete this program of study.

#### Education Courses- 41 Hours Required

A grade of 'C' or better is required in education courses, with the exception of ED280 which requires a grade of 'B' or better.

- \_\_\_ **ED280 Introduction to Teaching (3)**
- \_\_\_ EF400 Student Teaching Seminar (1)
- \_\_\_ EX390 Psychology and Education of the Exceptional Child (3)
- \_\_\_ **PY222 Development of the Adolescent (3)**
- \_\_\_ SE307 Reading/Writing in the Content Area (3)
- \_\_\_ SE321 Techniques of Teaching Physical Education (3)
- \_\_\_ SE350 Pedagogy 1: Principles of Effective Teaching (3)
- \_\_\_ SE355 Field II (3)
- \_\_\_ SE365 Pedagogy 2: Secondary School – Interdisciplinary Methods & Technologies (4)
- \_\_\_ SE380 Advanced Field (3)
- \_\_\_ SE385 Pedagogy 3: Middle and Secondary Education Methods of Secondary Teaching (3)
- \_\_\_ SE465 Student Teaching (12)

#### Physical Education – 58 Hour Major - No Minor Required

Required Courses:

- \_\_\_ AT 174 Rock Climbing & Rappelling (1)
- \_\_\_ **BS 113 Anatomy & Physiology I (4)**
- \_\_\_ FN 235 Nutrition for Health (3)
- \_\_\_ HL 231 Fitness Conditioning (3)
- \_\_\_ PE 201 Sport & Society (3)
- \_\_\_ PE 216 Theory & Practice of Team Sports (3)
- \_\_\_ PE 217 Theory and Practice of Individual/Dual Lifetime Activities (3)
- \_\_\_ PE 220 First Aid (2)
- \_\_\_ PE 235 Psychology of Coaching & Human Performance (3)
- \_\_\_ PE 238 Foundations, History and Philosophy of Physical Education (3)
- \_\_\_ **PE 239 Teaching Children Physical Education (3)**
- \_\_\_ PE 240 Rhythm, Plays & Games (2)
- \_\_\_ PE 261 Concepts of Injury Management in Physical Education (3)
- \_\_\_ PE 262 Introduction to Group Exercise (1)
- \_\_\_ PE 263 Injury Management in Physical Education Lab (1)
- \_\_\_ PE 305 Motor Development & Learning (3)
- \_\_\_ PE 310 Assessment for Physical Educators (3)
- \_\_\_ PE 315 Methods in Middle School PE (3)
- \_\_\_ PE 341 Physiology of Conditioning (3)
- \_\_\_ PE 408 Physical Education for Individuals with Disabilities (3)
- \_\_\_ PE 464 Kinesiology (3)

Choose One Hour From the Following:

- \_\_\_ AT 103 Swimming (1)
- \_\_\_ AT 136 Walk/Jog for Fitness (1)
- \_\_\_ AT 142 Weight Training I (1)
- \_\_\_ AT 148 Yoga (1)
- \_\_\_ AT 153 Angling, Archery & Firearms (1)
- \_\_\_ AT 164 Golf (1)
- \_\_\_ AT 176 Tennis (1)

Choose One Hour From the Following:

- \_\_\_ AT 130 Aerobics (1)
- \_\_\_ DA 130 Ballroom Dance (1)
- \_\_\_ DA 186 Beginning Jazz Dance (1)

**General Education Requirements** – some requirements may be fulfilled by coursework in major program

- Social and Behavioral Sciences – 6 hours
- Constitution Requirement – 3 hours
- Written Communication – 6 hours
- Oral Communication – 3 hours
- Natural Sciences – 7 hours (from two disciplines, one to include a lab)
- Mathematics – 3 hours
- Humanities & Fine Arts – 9 hours (from at least two disciplines)
- Additional requirements – 5 hours (to include UI100 for native students)
- Civics examination

### SAMPLE FOUR-YEAR PLAN

	Fall Semester		Spring Semester	
	Course #	Hrs	Course #	Hrs
<b>FIRST YEAR</b>	UI100	3	<b>BS113</b>	4
	EN100	3	FN235	3
	AT elective	1	PE217	3
	PE201	3	PE238	3
	PE216	3	General Education	3
	General Education	3	General Education	3
	<b>Total</b>	<b>19</b>	<b>Total</b>	<b>19</b>
Milestone: Maintain 2.75 cumulative GPA, Complete MEP				
<b>SECOND YEAR</b>	HL231	3	<b>ED280</b>	3
	<b>PE239</b>	3	PE220	2
	PE240	2	PE235	3
	PE262	1	PE315	3
	<b>PY222</b>	3	General Education	3
	General Education	3	General Education	4
	<b>Total</b>	<b>15</b>	<b>Total</b>	<b>18</b>
Milestone: Maintain 2.75 cumulative GPA, Passing score MoGEA				
<b>THIRD YEAR</b>	AT elective	1	PE310	3
	EX390	3	PE341	3
	PE261	3	PE408	3
	PE263	1	SE307	3
	PE305	3	SE355	3
	SE350	3	SE365	4
	General Education	3		
	<b>Total</b>	<b>17</b>	<b>Total</b>	<b>19</b>
<b>FOURTH YEAR</b>	AT174	1	EF400	1
	PE464	3	SE465	12
	SE321	3		
	SE380	3		
	SE385	3		
	General Education	3		
	<b>Total</b>	<b>16</b>	<b>Total</b>	<b>13</b>
Milestone: Passing score Mo Content Exam; 2.75 cumulative GPA, 3.0 GPA in Ed. courses				

A "Milestone" signifies a significant stage for a student in the completion of a degree.

**Degree requirements for all students:** a minimum of 120 credit hours, completion of the General Education program, completion of 39 senior division hours (300-599) and the Writing Proficiency Exam (WP003). Refer to the Undergraduate Bulletin or Degree Works for additional graduation requirements for your program.

Students have the option of adding another area of concentration or a minor to this degree.

Revised  
4/29/2019