The Athletic Training Program (ATP) is committed to provide both academic and clinical education for athletic training majors. The ATP believes that a student’s clinical experiences should supplement a challenging athletic training core curriculum. The core curriculum is based on the required subject matter meeting Commission on Accreditation of Athletic Training Education (CAATE) Standards and competencies set forth by the National Athletic Trainers’ Association (NATA).

Faculty in athletic training foster an open learning environment in the classroom and in clinical settings. Our philosophy is to instill a strong ethical and moral ideology that encourages professionalism and personal growth. The program exposes students to various allied health professions and encourages students to pursue continued education and research.

Becoming Career Ready...

/ BS in Athletic Training majors work alongside professionals in the field with an actual patient population.

/ Athletic Training graduates work in treatment and rehabilitation, secondary and higher education, and professional sport settings. Examples of job titles include athletic trainer, corporate fitness and wellness coordinator and personal trainer.

/ Students are well-prepared for the Board of Certification exam. Southeast Missouri State University ATP has a 78% first time pass rate.

/ Athletic Training students demonstrate an understanding of injury prevention, clinical evaluation and diagnosis, emergency care, treatment and rehabilitation, administration and organization.

/ Students in the major have the opportunity to attend state and national conferences for the profession of athletic training. Students who collaborate with faculty on research have the opportunity to present findings at state, regional and national conferences.

/ The program allows students to work with the most up-to-date therapeutic modalities and rehabilitation equipment in both laboratory and clinical settings.

/ 100% of Southeast programs offer a real-world experience. Athletic Training students gain this experience through a series of required practica.

/ The path to a successful career starts with you! You can maximize your career development by working closely with Career Services and Southeast faculty – they are here to help you connect your passions, interests, and skills to jobs and opportunities in the field. Career Services provides professional career counseling and coaching, resume critiques, practice interviews, job search strategies, career events, networking opportunities and more.

Internship and Employment Opportunities of Recent Graduates/Graduate Schools and Programs of Recent Graduates

- University of Oklahoma
- Lindenwood University
- New York Jets (NFL)
- SIU-Carbondale
- Oklahoma State University
- University of Florida
- University of Iowa
- University of Wisconsin-Eau Claire
- University of Wisconsin-Whitewater
- Missouri Baptist University
- Wichita State University
- Abilene Christian University
- Excel Sports and Physical Therapy
- SportsCare
- St. Francis Sports Medicine
- ProRehab
- ESPN Wide World of Sports
- Army West Point
- River City Rascals

Admission Requirements

- Complete the following courses with a grade of “C” or better by the end of the semester of application: TX 251, TX 280, MA 123, EN 100, PY 101, BS 113, BS 114.
- Cumulative 2.5 GPA.
- Provide proof of current:
  - First Aid certification
  - Professional Rescuer CPR/AED certification.
- Demonstrate the ability to meet the technical standards of admission including a signed technical standards form.
- Current physical examination.
  - Provide proof of current: TB screening, MMR, tetanus, Hepatitis B (or HBV declination).
- Completion of Bloodborne Pathogen Training.
- Demonstrate compliance with all the ATP’s policies and procedures.
- Complete a formal interview with members of the ATP Selection Committee.
- Complete an entrance written examination. (TX 280).
- Submission of three letters of recommendation utilizing the form within the ATP application.
- Submission of the completed ATP application.

Transfer and Dual Credit Students

If you have dual credit or transfer credit, please visit our transfer course equivalencies guide at semo.edu/transfercredit
This is a guide based on the 2019-2020 Undergraduate Bulletin and is subject to change. The time it takes to earn a degree will vary based on several factors such as dual enrollment, remediation, and summer enrollment. Students will meet with an academic advisor each semester and use Degree Works to monitor their individual progress.

**CURRICULUM CHECKLIST**

Critical Courses are italicized and bolded. These courses are indicators of potential for success in the degree program.

* Athletic Training students must be admitted into the professional phase of the AT before registering for any athletic training courses indicated.

**Athletic Training Core – 67 Hours Required**

Some courses may fulfill General Education requirements.

A grade of ‘C’ is required in each core course.

- **FN235** Nutrition for Health (3)
- **FN401** Sports Nutrition (3)
- **HL111** Introduction to Health Management (3)
- **HL120** Health Perspectives (3)
- **HL231** Fitness Conditioning (3)
- **HL303** Research Methods (3)
- **HL312** Sport and Exercise Pharmacology (3)
- **HL331** Exercise Physiology (4)
- **HL345** Resistance Training Principles and Practices (3)
- **HL511** Applied Anatomy (3)
- **TX321** Advanced Injury Assessment I (3)*
- **TX322** Advanced Injury Assessment II (3)*
- **TX323** Advanced Injury Assessment III (3)*
- **TX365** Therapeutic Modalities (3)*
- **TX382** Medical Aspects of Sport (3)*
- **TX383** Practicum in Athetetic Training III (1)*
- **TX384** Practicum in Athletic Training IV (1)*
- **TX444** Rehabilitation of Sports Injury (3)*
- **TX472** Administration of Athletic Training (3)*
- **TX480** Seminar in Athletic Training (2)*
- **TX481** Practicum in Athletic Training V (1)*
- **TX482** Practicum in Athletic Training VI (1)*
- **NL100** Introduction to Psychology (3)
- **Bi113** Anatomy and Physiology I (4)
- **Bi114** Anatomy and Physiology II (4)
- **CH130** Chemistry in Our World (3)
- **EN401** Rhetoric & Critical Thinking (3)
- **MA116** Precalculus A (3)
- **PY101** Introduction to Psychology (3)

**Additional Requirements**

A grade of ‘C’ or better is required in each support course.

- **Bi113/013** Anatomy and Physiology I (4)
- **Bi114/014** Anatomy and Physiology II (4)
- **CH130** Chemistry in Our World (3)
- **EN401** Rhetoric & Critical Thinking (3)
- **MA116** Precalculus A (3)
- **PY101** Introduction to Psychology (3)

**General Education Requirements** – some requirements may be fulfilled by coursework in major program

- Social and Behavioral Sciences – 6 hours
- Constitution Requirement – 3 hours
- Written Communication – 6 hours
- Oral Communication – 3 hours
- Natural Sciences – 7 hours (from two disciplines, one to include a lab)
- Mathematics – 3 hours
- Humanities & Fine Arts – 9 hours (from at least two disciplines)
- Additional requirements – 5 hours (to include UI100 for native students)
- Civics examination

**SAMPLE FOUR-YEAR PLAN**

<table>
<thead>
<tr>
<th>Course #</th>
<th>Hrs</th>
<th>Course #</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>FIRST YEAR</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>UI100</td>
<td>3</td>
<td><strong>BS114</strong></td>
<td>4</td>
</tr>
<tr>
<td>EN100</td>
<td>3</td>
<td><strong>HL111</strong></td>
<td>3</td>
</tr>
<tr>
<td><strong>BS113</strong></td>
<td>4</td>
<td>HL231</td>
<td>3</td>
</tr>
<tr>
<td>HL120</td>
<td>3</td>
<td><strong>PY101</strong></td>
<td>3</td>
</tr>
<tr>
<td>MA116</td>
<td>3</td>
<td>TX251</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td></td>
<td>TX280</td>
<td>1</td>
</tr>
<tr>
<td>Total</td>
<td>16</td>
<td>Total</td>
<td>17</td>
</tr>
</tbody>
</table>

Milestone: Apply for Admission to Athletic Training Education Program in spring

<table>
<thead>
<tr>
<th>Course #</th>
<th>Hrs</th>
<th>Course #</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>SECOND YEAR</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>CH180</td>
<td>3</td>
<td>FN401</td>
<td>3</td>
</tr>
<tr>
<td>EN140</td>
<td>3</td>
<td><strong>HL331/031</strong></td>
<td>4</td>
</tr>
<tr>
<td>FN235</td>
<td>3</td>
<td>HL511</td>
<td>3</td>
</tr>
<tr>
<td>TX263</td>
<td>3</td>
<td>TX282</td>
<td>1</td>
</tr>
<tr>
<td>TX281</td>
<td>1</td>
<td>TX321</td>
<td>3</td>
</tr>
<tr>
<td>General Education</td>
<td>3</td>
<td>General Education</td>
<td>3</td>
</tr>
<tr>
<td>Total</td>
<td>16</td>
<td>Total</td>
<td>17</td>
</tr>
</tbody>
</table>

Milestone: Students must maintain a 2.5 GPA to remain in the major

<table>
<thead>
<tr>
<th>Course #</th>
<th>Hrs</th>
<th>Course #</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>THIRD YEAR</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>HL345</td>
<td>3</td>
<td><strong>HL112</strong></td>
<td>3</td>
</tr>
<tr>
<td>TX322</td>
<td>3</td>
<td>TX323</td>
<td>3</td>
</tr>
<tr>
<td>TX385</td>
<td>3</td>
<td>TX382</td>
<td>3</td>
</tr>
<tr>
<td>TX383</td>
<td>1</td>
<td>TX384</td>
<td>1</td>
</tr>
<tr>
<td>General Education</td>
<td>3</td>
<td>TX444</td>
<td>3</td>
</tr>
<tr>
<td>Total</td>
<td>13</td>
<td>Total</td>
<td>16</td>
</tr>
</tbody>
</table>

Milestone: Students must maintain a 2.5 GPA to remain in the major

<table>
<thead>
<tr>
<th>Course #</th>
<th>Hrs</th>
<th>Course #</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>FOURTH YEAR</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>HL303</td>
<td>3</td>
<td>TX482</td>
<td>1</td>
</tr>
<tr>
<td>TX472</td>
<td>3</td>
<td>General Education</td>
<td>3</td>
</tr>
<tr>
<td>TX480</td>
<td>2</td>
<td>General Education</td>
<td>3</td>
</tr>
<tr>
<td>TX481</td>
<td>1</td>
<td>Elective</td>
<td>3</td>
</tr>
<tr>
<td>General Education</td>
<td>3</td>
<td>Elective</td>
<td>2</td>
</tr>
<tr>
<td>Total</td>
<td>13</td>
<td>Total</td>
<td>12</td>
</tr>
</tbody>
</table>

Milestone: ATEP students take certification examination during the senior year

A minimum 2.5 GPA in the major and overall are required to graduate with a BSAT degree.

A “Milestone” signifies a significant stage for a student in the completion of a degree.

Degree requirements for all students: a minimum of 120 credit hours, completion of the General Education program, completion of 39 senior division hours (300-599), Writing Proficiency Exam (WP003).

Refer to the Undergraduate Bulletin or Degree Works for additional graduation requirements for your program.

Revised 5/29/2019