

## Bachelor of Science in Athletic Training (BSAT)

# Athletic Training

The Athletic Training Program (ATP) is committed to provide both academic and clinical education for athletic training majors. The ATP believes that a student's clinical experiences should supplement a challenging athletic training core curriculum. The core curriculum is based on the required subject matter meeting Commission on Accreditation of Athletic Training Education (CAATE) Standards and competencies set forth by the National Athletic Trainers' Association (NATA).



Faculty in athletic training foster an open learning environment in the classroom and in clinical settings. Our philosophy is to instill a strong ethical and moral ideology that encourages professionalism and personal growth. The program exposes students to various allied health professions and encourages students to pursue continued education and research

### Becoming Career Ready...

/ BS in Athletic Training majors work alongside professionals in the field with an actual patient population.

/ Athletic Training graduates work in treatment and rehabilitation, secondary and higher education, and professional sport settings. Examples of job titles include athletic trainer, corporate fitness and wellness coordinator and personal trainer.

/ Students are well-prepared for the Board of Certification exam. Southeast Missouri State University ATEP has a 78% first time pass rate.

/ Athletic Training students demonstrate an understanding of injury prevention, clinical evaluation and diagnosis, emergency care, treatment and rehabilitation, administration and organization.

/ Students in the major have the opportunity to attend state and national conferences for the profession of athletic training. Students who collaborate with faculty on research have the opportunity to present findings at state, regional and national conferences.

/ The program allows students to work with the most up-to-date therapeutic modalities and rehabilitation equipment in both laboratory and clinical settings.

/ 100% of Southeast programs offer a real-world experience. Athletic Training students gain this experience through a series of required practica.

/ The path to a successful career starts with you! You can maximize your career development by working closely with Career Services and Southeast faculty – they are here to help you connect your passions, interests, and skills to jobs and opportunities in the field. Career Services provides professional career counseling and coaching, resume critiques, practice interviews, job search strategies, career events, networking opportunities and more.

### Internship and Employment Opportunities of Recent Graduates/ Graduate Schools and Programs of Recent Graduates

- University of Oklahoma
- Lindenwood University
- New York Jets (NFL)
- SIU-Carbondale
- Oklahoma State University
- University of Florida
- University of Iowa
- University of Wisconsin-Eau Claire
- University of Wisconsin-Whitewater
- Missouri Baptist University
- Wichita State University
- Abilene Christian University
- Excel Sports and Physical Therapy
- SportsCare
- St. Francis Sports Medicine
- ProRehab
- ESPN Wide World of Sports
- Army West Point
- River City Rascals

### Admission Requirements

- Complete the following courses with a grade of "C" or better by the end of the semester of application: TX 251, TX 280, MA 123, EN 100, PY 101, BS 113, BS 114.
- Cumulative 2.5 GPA.
- Provide proof of current:
  - First Aid certification
  - Professional Rescuer CPR/AED certification.
- Demonstrate the ability to meet the technical standards of admission including a signed technical standards form.
- Current physical examination.
  - Provide proof of current: TB screening, MMR, tetanus, Hepatitis B (or HBV declination).
- Completion of Bloodborne Pathogen Training.
- Demonstrate compliance with all the ATP's policies and procedures.
- Complete a formal interview with members of the ATP Selection Committee.
- Complete an entrance written examination. (TX 280).
- Submission of three letters of recommendation utilizing the form within the ATP application.
- Submission of the completed ATP application.

### Transfer and Dual Credit Students

If you have dual credit or transfer credit, please visit our transfer course equivalencies guide at [semo.edu/transfercredit](http://semo.edu/transfercredit)



**To learn more**  
Office of Admissions  
(573) 651-2590  
[admissions@semo.edu](mailto:admissions@semo.edu)  
[semo.edu](http://semo.edu)

**To explore the College of Education, Health and Human Studies online, visit**  
[semo.edu/education-health](http://semo.edu/education-health)

**For advising**  
Center for Academic Advising  
[semo.edu/advising](http://semo.edu/advising)

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This is a guide based on the 2019-2020 Undergraduate Bulletin and is subject to change. The time it takes to earn a degree will vary based on several factors such as dual enrollment, remediation, and summer enrollment. Students will meet with an academic advisor each semester and use Degree Works to monitor their individual progress.

### CURRICULUM CHECKLIST

Critical Courses are *italicized and bolded*. These courses are indicators of potential for success in the degree program.

\* Athletic Training students must be admitted into the professional phase of the AT before registering for any athletic training courses indicated.

#### Athletic Training Core – 67 Hours Required

Some courses may fulfill General Education requirements.

A grade of 'C' is required in each core course.

- \_\_\_ FN235 Nutrition for Health (3)
- \_\_\_ FN401 Sports Nutrition (3)
- \_\_\_ **HL111 Introduction to Health Management (3)**
- \_\_\_ HL120 Health Perspectives (3)
- \_\_\_ HL231 Fitness Conditioning (3)
- \_\_\_ HL303 Research Methods (3)
- \_\_\_ HL312 Sport and Exercise Pharmacology (3)
- \_\_\_ HL331 Exercise Physiology (4)
- \_\_\_ HL345 Resistance Training Principles and Practices (3)
- \_\_\_ HL511 Applied Anatomy (3)
- \_\_\_ TX251 Introduction to Athletic Injuries (3)
- \_\_\_ TX263 Sports Injury Management (3)\*
- \_\_\_ TX280 Basic Skills in Athletic Training (1)\*
- \_\_\_ TX281 Practicum in Athletic Training I (1)\*
- \_\_\_ TX282 Practicum in Athletic Training II (1)\*
- \_\_\_ TX321 Advanced Injury Assessment I (3)\*
- \_\_\_ TX322 Advanced Injury Assessment II (3)\*
- \_\_\_ TX323 Advanced Injury Assessment III (3)\*
- \_\_\_ TX365 Therapeutic Modalities (3)\*
- \_\_\_ TX382 Medical Aspects of Sport (3)\*
- \_\_\_ TX383 Practicum in Athletic Training III (1)\*
- \_\_\_ TX384 Practicum in Athletic Training IV (1)\*
- \_\_\_ TX444 Rehabilitation of Sports Injury (3)\*
- \_\_\_ TX472 Administration of Athletic Training (3)\*
- \_\_\_ TX480 Seminar in Athletic Training (2)\*
- \_\_\_ TX481 Practicum in Athletic Training V (1)\*
- \_\_\_ TX482 Practicum in Athletic Training VI (1)\*

#### Additional Requirements

A grade of 'C' or better is required in each support course.

- \_\_\_ **BS113/013 Anatomy and Physiology I (4)**
- \_\_\_ **BS114/014 Anatomy and Physiology II (4)**
- \_\_\_ CH180 Chemistry in Our World (3)
- \_\_\_ EN140 Rhetoric & Critical Thinking (3)
- \_\_\_ MA116 Precalculus A (3)
- \_\_\_ PY101 Introduction to Psychology (3)

**General Education Requirements** – some requirements may be fulfilled by coursework in major program

- Social and Behavioral Sciences – 6 hours
- Constitution Requirement – 3 hours
- Written Communication – 6 hours
- Oral Communication – 3 hours
- Natural Sciences – 7 hours (from two disciplines, one to include a lab)
- Mathematics – 3 hours
- Humanities & Fine Arts – 9 hours (from at least two disciplines)
- Additional requirements – 5 hours (to include UI100 for native students)
- Civics examination

### SAMPLE FOUR-YEAR PLAN

	Fall Semester		Spring Semester	
	Course #	Hrs	Course #	Hrs
<b>FIRST YEAR</b>	UI100	3	<b>BS114</b>	<b>4</b>
	EN100	3	<b>HL111</b>	<b>3</b>
	<b>BS113</b>	<b>4</b>	HL231	3
	HL120	3	PY101	3
	MA116	3	TX251	3
			TX280	1
	<b>Total</b>	<b>16</b>	<b>Total</b>	<b>17</b>
Milestone: Apply for Admission to Athletic Training Education Program in spring				
<b>SECOND YEAR</b>	CH180	3	FN401	3
	EN140	3	HL331/031	4
	FN235	3	HL511	3
	TX263	3	TX282	1
	TX281	1	TX321	3
	General Education	3	General Education	3
	<b>Total</b>	<b>16</b>	<b>Total</b>	<b>17</b>
Milestone: Students must maintain a 2.5 GPA to remain in the major				
<b>THIRD YEAR</b>	HL345	3	HL312	3
	TX322	3	TX323	3
	TX365	3	TX382	3
	TX383	1	TX384	1
	General Education	3	TX444	3
			General Education	3
	<b>Total</b>	<b>13</b>	<b>Total</b>	<b>16</b>
Milestone: Students must maintain a 2.5 GPA to remain in the major				
<b>FOURTH YEAR</b>	HL303	3	TX482	1
	TX472	3	General Education	3
	TX480	2	General Education	3
	TX481	1	Elective	3
	General Education	3	Elective	2
		<b>Total</b>	<b>13</b>	<b>Total</b>
Milestone: ATEP students take certification examination during the senior year				

A minimum 2.5 GPA in the major and overall are required to graduate with a BSAT degree.

A "Milestone" signifies a significant stage for a student in the completion of a degree.

**Degree requirements for all students:** a minimum of 120 credit hours, completion of the General Education program, completion of 39 senior division hours (300-599), Writing Proficiency Exam (WP003). Refer to the Undergraduate Bulletin or Degree Works for additional graduation requirements for your program.

Revised  
5/29/2019