

Human Environmental Studies: Family Studies Option (Online)

Bachelor of Science (BS)



The family studies program strongly focuses on integrating theory, research and practice. It encompasses a wide range of family structures, dynamics and functions with an emphasis on the development of interpersonal skills and professional practice. The Family Studies program prepares students for a variety of positions that focus on families or family members at all stages of the life continuum in social service, government and education.

Southeast's family studies program is an accredited Certified Family Life Educator program. The National Council on Family Relations (NCFR) oversees our program, which includes course work that follows the standards and criteria needed for students to become Provisional Certified Family Life Educators. For more information, visit the NCFR website: <http://www.ncfr.org/>.

Family Study students will...

- Gain an in-depth understanding of family structures, dynamics and interactions along with developmental issues across the lifespan.
- Develop skills in assessing, creating and implementing interventions to improve family interactions.
- Be trained to work with a wide variety of populations and have the opportunity to work part-time or volunteer in one of our four state licensed centers that serve children, seniors and developmentally disabled adults.
- Be offered "real world" experiences through placement in agencies and programs serving young children and parents, pregnant teens, senior adults, low-income families, and the community.

Career Planning

Career preparation is part of the mission of Southeast. 100% of programs offer our students an internship, study-abroad program, clinical opportunity, student teaching or research internship.

The Office of Career Services can provide students with professional career counseling and coaching, resume critiques, practice interviews, job search strategies, career events, networking opportunities, and more. You can reach them at (573) 651-2583 or careerservices@semo.edu.

Internship and Employment Opportunities of Recent Graduates

- Aging Matters Agencies
- Big Brothers/Sisters Program
- Boy Scouts/Girl Scouts
- Councils on Aging
- Crisis Center
- Day Care Facility
- Department of Family Services
- Department of Mental Health
- Department of Health and Senior Services
- Gerontology Agencies/Firms
- Headstart Family Services
- Hospice Programs
- Retirement Homes / Assisted Living Facilities
- Mental Health Centers
- Disability Programs
- Court Appointed Special Advocates (CASA)
- Parent Education Programs
- Pregnancy Centers / Teen Pregnancy Services
- Non-profit organizations i.e. United Way
- Marriage and Family Therapy Graduate Programs

About Our Online Programs

At Southeast, if a program is designated as an online degree, you can complete your degree anywhere, without ever having to come to one of our campuses. As a student in an online class, your faculty will be the same faculty who teach in our campus classrooms. Advising for online programs and other support services are all completed online by staff who specialize in serving distance students.

Special Options with Family Studies

Southeast also offers a Master of Arts in Human Environmental Studies.

Transfer and Dual Credit Students

If you have dual credit or transfer credit, please visit our transfer course equivalencies guide at semo.edu/transfercredit.

Family Studies Option (Online)

To learn more
 Southeast Online
 (573) 651-2766
southeastonline@semo.edu
online.semo.edu

To explore
 all online degree options, visit
online.semo.edu

For advising
 Phone: (573) 651-2766
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This is a guide based on the 2018-2019 Undergraduate Bulletin and is subject to change. The time it takes to earn a degree will vary based on several factors such as dual enrollment, remediation, and summer enrollment. Students will meet with an academic advisor each semester and use Degree Works to monitor their individual progress.

CURRICULUM CHECKLIST

"Critical Courses" are italicized and bolded. Data shows that students who have completed this course in the first two years and have earned the noted grade are most likely to complete this program of study.

Family Studies – 48 Hours – Minor Required

A grade of 'C' is required for CF 207, CF 340, CF 405, CF 520

- ___ CF 102 Relationships in the 21st Century (3)
- ___ CF 120 The Child (3)
- ___ CF 206 Introduction to Gerontology (3)
- ___ CF 207 Gerontology Practicum (3)
- ___ **CF209 Introduction to Family Processes and Systems (3)**
- ___ CF 220 Young and Middle Adulthood (3)
- ___ CF 340 Family Law, Policy, and Advocacy (3)
- ___ CF 360 Family Life Education (3)
- ___ CF 385 Stress, Violence, Trauma and Families (3)
- ___ CF 402 Relationships of Commitment (3)
- ___ CF 405 Special Populations Practicum (3)
- ___ CF 430 Parent-Child Interactions (3)
- ___ CF 485 Family Studies Senior Seminar (3)
- ___ CF 512 Family and Community Resources (3)
- ___ CF 520 Family Assessment (3)
- ___ CF 565 Family Services Internship (6)

Additional Requirements:

- ___ FE 200 Family Resource Management (3)
- ___ UI 303 The Family Experience (3)
OR
- ___ UI 455 Understanding Men/Male Development (3)
- ___ UI 445 Social Perspectives of Human Sexuality (3)

Recommended Minors:

- ___ Child Development
- ___ Criminal Justice
- ___ Gerontology
- ___ Psychology
- ___ Social Work

Department State Licensed Centers

The Family Studies and Child Development programs oversee two centers that provide students with hands on experience working with various populations.

Horizon's Enrichment Center for Developmentally Disabled Adults
Hoover Center for Seniors

University Studies Requirements – some requirements may be fulfilled by coursework in major program

- Social and Behavioral Sciences – 3 hours
- Constitution requirement – 3 hours
- US History requirement – 3 hours
- Written Communication – 6 hours
- Oral Communication – 3 hours
- Natural Sciences – 7 hours (from two disciplines, one to include a lab)
- Mathematics – 3 hours
- Humanities & Fine Arts – 9 hours (from at least two disciplines)
- Additional requirements – 5 hours (to include UI100 for native students)

SAMPLE FOUR-YEAR PLAN

	Fall Semester		Spring Semester	
	Course #	Hrs	Course #	Hrs
FIRST YEAR	UI100	3	CF120	3
	EN100	3	University Studies	3
	CF102	3	University Studies	3
	University Studies	3	University Studies	3
	University Studies	3	University Studies	3
	Total	15	Total	15
Milestone: 2.0 cumulative grade point average.				
SECOND YEAR	CF209	3	CF206	3
	CF385	3	CF220	3
	FE200	3	UI303 or UI455	3
	University Studies	3	University Studies	3
	University Studies	3	Minor Course	3
	Total	15	Total	15
Milestone: 2.0 cumulative grade point average.				
THIRD YEAR	CF360	3	CF207	3
	CF402	3	CF340	3
	Minor Course	3	CF430	3
	Minor Course	3	Minor Course	3
	Elective	3	Minor Course	3
	Total	15	Total	15
Milestone: 2.0 cumulative grade point average.				
FOURTH YEAR	CF405	3	CF 520	3
	CF512	3	CF 565	6
	Minor Course	3	CF485	3
	Minor Course	3	UI 445	3
	Elective	3		
	Total	15	Total	15
Milestone: 2.0 cumulative grade point average.				

A "Milestone" signifies a significant stage for a student in the completion of a degree.

Degree requirements for all students: a minimum of 120 credit hours, completion of University Studies program, completion of 39 senior division hours (300-599) and the Writing Proficiency Exam (WP003). Refer to the Undergraduate Bulletin or Degree Works for additional graduation requirements for your program.

Revised
9/12/2018