Recreation & Park Administration

Bachelor of Science (BS)

The Department of Health, Human Performance and Recreation at Southeast Missouri State University has been preparing recreation and leisure professionals since 1988. The Recreation program is accredited by the Council on Accreditation of Parks, Recreation, Tourism and Related Professions (COAPRT). The Council on Accreditation of Parks, Recreation, Tourism and Related Professions (COAPRT) accredits baccalaureate programs in parks, recreation, tourism, sport management, event management, therapeutic recreation, and leisure studies offered at regionally accredited institutions within the United States and its territories, and at nationally accredited institutions in Canada, and Mexico.

Recreation students can choose from a wide variety of career paths including programming and administration of recreational services for city parks and recreation departments, non-profit organizations like YMCAs and Boy’s and Girl’s Clubs, branches of the military, and for people with disabilities and other special needs. View more possible career options available for the future recreation professional.

Recreation students will...

- Interact with qualified, award winning faculty in a small class environment.
- Have the opportunity to apply the knowledge you gain in the classroom to real-world experience in the field.
- Immediately begin interacting with recreation professionals.
- Complete a 12-week, 480-hour internship.

Career Planning

Career preparation is part of the mission of Southeast. 100% of programs offer our students an internship, study-abroad program, clinical opportunity, student teaching or research internship.

Currently, 100% of recreation graduates find employment within a year of graduation.

The Office of Career Services in Academic Hall 057 can provide students with professional career counseling and coaching, resume critiques, practice interviews, job search strategies, career events, networking opportunities, and more.

Internship and Employment Opportunities of Recent Graduates

- Clemson University Youth Learning Institute
- Meramec Adventure Learning Ranch
- City of Cape Girardeau Parks and Recreation
- US Army Corp of Engineers
- Kansas City, Mo., Parks and Recreation
- City of Perryville, Mo., Parks and Recreation
- Camp Ondessonk
- Trail of Tears State Park
- City of Shrewsbury, Mo., Parks and Recreation
- City of Eureka, Mo., Parks and Recreation
- Upper Limits Indoor Rock Climbing Gym
- Missouri Department of Conservation
- The Nature Conservancy
- Leave No Trace
- Parc Provence Hospital and Health Care
- Southeast Missouri State Campus Recreation Services
- Southeast Missouri State Athletics Operations
- Forest Park Golf Course
- Mastodon State Historic Site
- National Park Service-Yellowstone National Park
- Teton Valley Ranch Camp
- Missouri State Park Youth Corp Operations
- Outdoor Pursuits-Lamar University
- Girl Scouts of Missouri Heartland
- Shawnee Community College
- City of Clearwater, Fla., Parks and Recreation
- Health Point Fitness, Southeast Hospital
- Fitness Plus, Saint Francis Hospital
- Union County Counseling Center

Transfer and Dual Credit Students

If you have dual credit or transfer credit, please visit our transfer course equivalencies guide at semo.edu/transfercredit.
This is a guide based on the 2018-2019 Undergraduate Bulletin and is subject to change. The time it takes to earn a degree will vary based on several factors such as dual enrollment, remediation, and summer enrollment. Students will meet with an academic advisor each semester and use Degree Works to monitor their individual progress.

**CURRICULUM CHECKLIST**

Student must attain a grade of "C" or higher in every major course. Critical Courses are italicized and bolded. These courses are indicators of potential for success in the degree program.

**Recreation & Park Administration – 60 Hours Required – No Minor Required**

**Required Courses**
- RC100 Leisure in a Diverse Culture (3)
- RC140 Introduction to Recreation Services (3)
- RC220 Leadership and Group Dynamics (3)
- RC260 Introduction to Therapeutic Recreation (3)
- RC288 Practicum in Recreation Services (3)
- RC303 Research Methods (3)
- RC380 Programming for Recreation Services (3)
- RC385 Recreation Facilities Planning & Management (3)
- RC405 Trends & Issues in Recreation & Leisure (3)
- RC420 Organization & Administration of Recreation Services (3)
- RC440 Facilitation of Group Development (3)
- RC497 Recreation Internship (12)

Choose 15 hours from one track:

- OUTDOOR ADVENTURE TRACK
  - RC 119 Outdoor Adventure Special Topics (1-3)
  - RC 150 Outdoor Living Skills (3)
  - RC 151 Outdoor Adventure Skills (3)
  - RC 210 Camp Leadership (3)
  - RC 250 Foundations of Outdoor Recreation (3)
  - RC 310 Outdoor Leadership (3)
  - RC 311 Parks/Outdoor Resource Mgmt (3)
  - RC 450 Outdoor Adventure Therapy (3)
  - UI 459 Nature Literacy (3)
  - OR
  - UI 429 Environmental Ethics (3)

- RECREATION & PARK ADMINISTRATION TRACK
  - RC 210 Camp Leadership (3)
  - RC 230 Recreational Sports (3)
  - RC 270 Commercial Recreation (3)
  - RC 311 Parks/Outdoor Resource Mgmt (3)
  - RC 340 Mentoring Principles (3)
  - RC 345 Youth Development Through Leisure (3)
  - RC 386 Aquatic Facility Management (3)
  - RC 480 Community Development (3)
  - UI 354 Lifestyle Enhancement (3)
  - OR
  - UI 427 Service & Community (3)

**University Studies Requirements** – some requirements may be fulfilled by coursework in major program
- Social and Behavioral Sciences – 3 hours
- Constitution requirement – 3 hours
- US History requirement – 3 hours
- Written Communication – 6 hours
- Oral Communication – 3 hours
- Natural Sciences – 7 hours (from two disciplines, one to include a lab)
- Mathematics – 3 hours
- Humanities & Fine Arts – 9 hours (from at least two disciplines)
- Additional requirements – 5 hours (to include UI100 for native students)

**SAMPLE FOUR-YEAR PLAN**

<table>
<thead>
<tr>
<th>Fall Semester</th>
<th>Spring Semester</th>
</tr>
</thead>
<tbody>
<tr>
<td>Course #</td>
<td>Hrs</td>
</tr>
<tr>
<td>UI100</td>
<td>3</td>
</tr>
<tr>
<td>EN100</td>
<td>3</td>
</tr>
<tr>
<td>RC100</td>
<td>3</td>
</tr>
<tr>
<td>University Studies</td>
<td>3</td>
</tr>
<tr>
<td>University Studies</td>
<td>3</td>
</tr>
<tr>
<td>Total</td>
<td>15</td>
</tr>
</tbody>
</table>

Milestone: Must maintain a 2.0 grade point average in major and overall

<table>
<thead>
<tr>
<th>First Year</th>
<th>Second Year</th>
<th>Third Year</th>
<th>Fourth Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>RC220</td>
<td>3</td>
<td>RC288</td>
<td>3</td>
</tr>
<tr>
<td>RC260</td>
<td>3</td>
<td>RC380</td>
<td>3</td>
</tr>
<tr>
<td>University Studies</td>
<td>3</td>
<td>Recreation Elective</td>
<td>3</td>
</tr>
<tr>
<td>University Studies</td>
<td>3</td>
<td>University Studies</td>
<td>3</td>
</tr>
<tr>
<td>University Studies</td>
<td>3</td>
<td>University Studies</td>
<td>3</td>
</tr>
<tr>
<td>Total</td>
<td>15</td>
<td>Total</td>
<td>15</td>
</tr>
</tbody>
</table>

Milestone: Must maintain a 2.0 grade point average in major and overall

| Milestone: Must maintain a 2.0 grade point average in major and overall |
|----------------|----------------|----------------|----------------|
| Milestone: Must maintain a 2.0 grade point average in major and overall |
| Milestone: Must maintain a 2.0 grade point average in major and overall |

**SUMMER SESSION**

<table>
<thead>
<tr>
<th>Course #</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>RC497</td>
<td>Recreation Internship</td>
</tr>
</tbody>
</table>

A “Milestone” signifies a significant stage for a student in the completion of a degree.

Degree requirements for all students: a minimum of 120 credit hours, completion of University Studies program, completion of 39 senior division hours (300-599), Writing Proficiency Exam (WP003), and completion of the Measure of Academic Proficiency and Progress (MAPPP) at the senior level. Refer to the Undergraduate Bulletin or Degree Works for additional graduation requirements for your program.

Revised 7/10/2018