The Athletic Training Education Program (ATEP) is committed to providing both academic and clinical education for athletic training majors. The ATEP believes that a student’s clinical experiences should supplement a challenging athletic training core curriculum. The core curriculum is based on the required subject matter meeting Commission on Accreditation of Athletic Training Education (CAATE) Standards and competencies set forth by the National Athletic Trainers’ Association (NATA).

Faculty in athletic training foster an open learning environment in the classroom and in clinical settings. Our philosophy is to instill a strong ethical and moral ideology that encourages professionalism and personal growth. The program exposes students to various allied health professions and encourages students to pursue continued education and research.

Athletic Training students will...

- Work alongside professionals in the field with an actual patient population.
- Be prepared for the Board of Certification exam. Southeast Missouri State University ATEP has a 78% first time pass rate.
- Demonstrate an understanding of; injury prevention, clinical evaluation and diagnosis, emergency care, treatment and rehabilitation, administration and organization
- Have the opportunity to attend state and national conferences for the profession of athletic training.
- Work with the most up-to-date therapeutic modalities and rehabilitation equipment in both laboratory and clinical settings.

Career Planning

Career preparation is part of the mission of Southeast. 100% of programs offer our students an internship, study-abroad program, clinical opportunity, student teaching or research internship.

Currently, 100% of our recent graduates are employed or continue on to graduate school within one year of graduation.

The Office of Career Services in Academic Hall 057 can provide students with professional career counseling and coaching, resume critiques, practice interviews, job search strategies, career events, networking opportunities, and more.

Transfer and Dual Credit Students

If you have dual credit or transfer credit, please visit our transfer course equivalencies guide at semo.edu/transfercredit

Internship and Employment Opportunities of Recent Graduates/Graduate Schools and Programs of Recent Graduates

- University of Oklahoma
- Lindenwood University
- Alabama State University
- SIU-Carbondale
- Oklahoma State University
- University of Florida
- Northwestern State University
- University of Wisconsin-Eau Claire
- University of Wisconsin-Whitewater
- Missouri Baptist University
- Wichita State University
- Carson-Newman University
- Excel Sports and Physical Therapy
- SportsCare
- St. Francis Sports Medicine
- ProRehab
- ESPN Wide World of Sports
- NovaCare
- River City Rascals

Admission Requirements

- Complete the following courses with a grade of "C" or better by the end of the semester of application: TX 251, TX 280, MA 116, EN 140, PY 101, BS 113, BS 114
- Cumulative 2.5 GPA.
- Provide proof of current:
  - First Aid certification
  - Professional Rescuer CPR/AED certification.
- Demonstrate the ability to meet the technical standards of admission including a signed technical standards form.
- Current physical examination.
  - Provide proof of current: TB screening, MMR, tetanus, Hepatitis B (or HBV declination).
- Completion of Bloodborne Pathogen Training.
- Demonstrate compliance with all the ATEP’s policies and procedures.
- Complete a formal interview with members of the ATEP Selection Committee.
- Complete an entrance written examination. (HL 280)
- Submission of three letters of recommendation utilizing the form within the ATEP application.
- Submission of the completed ATEP application.
Athletic Training

Bachelor of Science in Athletic Training (BSAT)

This is a guide based on the 2018-2019 Undergraduate Bulletin and is subject to change. The time it takes to earn a degree will vary based on several factors such as dual enrollment, remediation, and summer enrollment. Students will meet with an academic advisor each semester and use Degree Works to monitor their individual progress.

**CURRICULUM CHECKLIST**

Critical Courses are **italicized and bolded**. These courses are indicators of potential for success in the degree program.

* Athletic Training students must be admitted into the professional phase of the ATEP before registering for any athletic training courses.

**Athletic Training Core – 66 Hours Required**

Some courses may fulfill University Studies requirements.

A grade of 'C' is required in each core course.

- **FN235** Nutrition for Health (3)
- **FN401** Sports Nutrition (3)
- **HL111 Introduction to Health Management (3)**
- **HL210** Health Perspectives (3)
- **HL231** Fitness Conditioning (3)
- **HL303** Research Methods (3)
- **HL312** Sport and Exercise Pharmacology (3)
- **HL313** Exercise Physiology (4)
- **HL345** Resistance Training Principles and Practices (3)
- **HL511** Applied Anatomy (3)
- **TX251** Introduction to Athletic Injuries (3)
- **TX263** Sports Injury Management (3)*
- **TX265** Therapeutic Modalities (3)*
- **TX280** Basic Skills in Athletic Training (1)*
- **TX281** Practicum in Athletic Training I (1)*
- **TX282** Practicum in Athletic Training II (1)*
- **TX321** Advanced Injury Assessment I (3)*
- **TX322** Advanced Injury Assessment II (3)*
- **TX323** Advanced Injury Assessment III (3)*
- **TX382** Medical Aspects of Sport (3)*
- **TX383** Practicum in Athletic Training III (1)*
- **TX384** Practicum in Athletic Training IV (1)*
- **TX444** Rehabilitation of Sports Injury (3)*
- **TX472** Administration of Athletic Training (3)*
- **TX480** Seminar in Athletic Training (2)*
- **TX481** Practicum in Athletic Training V (1)*

**Additional Requirements**

A grade of 'C' or better is required in each support course.

- **BS113/013 Anatomy and Physiology I (4)**
- **BS114/014 Anatomy and Physiology II (4)**
- **CH180** Chemistry in Our World (3)
- **EN140** Rhetoric & Critical Thinking (3)
- **MA116** Precalculus A (3)
- **PY101** Psychological Perspectives/Human Behavior (3)

**University Studies Requirements** – some requirements may be fulfilled by coursework in major program

- Social and Behavioral Sciences – 3 hours
- Constitution requirement – 3 hours
- US History Requirement – 3 hours
- Written Communication – 6 hours
- Oral Communication – 3 hours
- Natural Sciences – 7 hours (from two disciplines, one to include a lab)
- Mathematics – 3 hours
- Humanities & Fine Arts – 9 hours (from at least two disciplines)
- Additional requirements – 5 hours (to include UI100 for native students)

**SAMPLE FOUR-YEAR PLAN**

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Milestone: Apply for Admission to Athletic Training Education Program in spring

**SECOND YEAR**

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Milestone: Students must maintain a 2.5 GPA to remain in the major

**THIRD YEAR**

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Milestone: Students must maintain a 2.5 GPA to remain in the major

**FOURTH YEAR**

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Milestone: ATEP students take certification examination during the senior year

A minimum 2.5 GPA in the major and overall are required to graduate with a BSAT degree.

A “Milestone” signifies a significant stage for a student in the completion of a degree.

**Degree requirements for all students:** a minimum of 120 credit hours, completion of University Studies program, completion of 39 senior division hours (300-599), Writing Proficiency Exam (WP003), and completion of the Measure of Academic Proficiency and Progress (MAPP) at the senior level. Refer to the Undergraduate Bulletin or Degree Works for additional graduation requirements for your program.

Revised 7/12/2018