Human Environmental Studies: Dietetics Option

Bachelor of Science (BS)

Dietetics Option

Dietitians apply knowledge of food and nutrition to health. They prevent or treat disease through diet. The four year ACEND-accredited program is a major component in the process to obtain the educational background and experiences required to become a registered dietitian. After graduation, a 1200 hour internship and successful completion of a national credentialing exam are required.

Students in dietetics receive hands-on experience and provide community service by providing nutrition education to senior citizens, delivering Meals-on-Wheels, participating in health fairs, working in university food service, or in local hospitals working alongside registered dietitians.

Accreditation is granted by the Accreditation Council for Education in Nutrition and Dietetics (ACEND) of Academy of Nutrition and Dietetics, 120 South Riverside Plaza, Suite 2000, Chicago, IL 60606-6995, (312) 899-0040.

Dietetics students will...

- Interact with qualified, dedicated faculty.
- Develop a strong foundation in evidence-based nutrition principles and practices.
- Receive hands on experience in a variety of settings including clinical nutrition services, food service management and community nutrition.
- Have the opportunity to network with professionals in the field of dietetics.

Career Planning

Career preparation is part of the mission of Southeast. 100% of programs offer our students an internship, study-abroad program, clinical opportunity, student teaching or research internship.

Approximately 90% of students seeking Dietetic Internships are accepted into ACEND approved programs.

The Office of Career Services in Academic Hall 057 can provide students with professional career counseling and coaching, resume critiques, practice interviews, job search strategies, career events, networking opportunities, and more.

Internship and Employment Opportunities of Recent Graduates

- Dietetic Internships (1200 hours)
  - Veterans’ Administration
  - Southern Illinois State University - Carbondale
  - Illinois State
  - Saint Louis University
  - Missouri State University
  - University of Kansas Medical Center

- Summer Internships
  - Summer Diabetes Camps
  - Weight Management Camps
  - Anheuser-Busch InBev

- Employment
  - Grocery Stores
  - School Food Service
  - Hospitals and Clinics
  - Food Service Industry
  - Wellness Centers
  - Long-term Care Facilities
  - County Health Departments
  - Food Manufacturing

Admission Requirements

Students wishing to be formally admitted into the Dietetics Option must meet the following admission criteria:

1. Completion of 45 semester hours.
2. Minimum cumulative 3.0 GPA.
3. Completion of the following course work (or equivalent) with a minimum grade of “C”: MA 116; CH 181; EN 140; FN 235; BS 113.
4. Completion of all developmental courses (if applicable).

Special Options with Child Development

Southeast offers a Master of Arts in Human Environmental Studies.

Transfer and Dual Credit Students

If you have dual credit or transfer credit, please visit our transfer course equivalencies guide at semo.edu/transfercredit.
dance students must be admitted to the Didactic Program in Dietetics prior to enrolling in upper division (300 level or above major courses) dietetics courses.

Required Courses:
- UI100 Admission to the Didactic Program in Dietetics (3)
- MA 123 Survey of Mathematics (3)
- MA 155 Statistical Reasoning (3)
- MA 234 Applied Calculus I (4)
- MA 235 Applied Calculus II (4)
- CH 185 General Chemistry I (5)
- PH 121 Introductory Physics II (5)

This is a guide based on the 2018-2019 Undergraduate Bulletin and is subject to change. The time it takes to earn a degree will vary based on several factors such as dual enrollment, remediation, and summer enrollment. Students will meet with an academic advisor each semester and use Degree Works to monitor their individual progress.