The Recreation program is part of the mission of Southeast. 100% of programs offer our students an internship, study-abroad program, clinical teaching or research internship. Currently, 100% of recreation graduates find employment within a year of graduation.

The Office of Career Services in Academic Hall 057 can provide students with professional career counseling and coaching, resume critiques, practice interviews, job search strategies, career events, networking opportunities, and more.

### Internship and Employment Opportunities of Recent Graduates
- Clemson University Youth Learning Institute
- Meramec Adventure Learning Ranch
- City of Cape Girardeau Parks and Recreation
- US Army Corp of Engineers
- Kansas City, Mo., Parks and Recreation
- City of Perryville, Mo., Parks and Recreation
- Camp Ondessonk
- Trail of Tears State Park
- City of Shrewsbury, Mo., Parks and Recreation
- City of Eureka, Mo., Parks and Recreation
- Upper Limits Indoor Rock Climbing Gym
- Missouri Department of Conservation
- The Nature Conservancy
- Leave No Trace
- Parc Provence Hospital and Health Care
- Southeast Missouri State Campus Recreation Services
- Southeast Missouri State Athletics Operations
- Forest Park Golf Course
- Mastodon State Historic Site
- National Park Service-Yellowstone National Park
- Teton Valley Ranch Camp
- Missouri State Park Youth Corp Operations
- Outdoor Pursuits-Lamar University
- Girl Scouts of Missouri Heartland
- Shawnee Community College
- City of Clearwater, Fla., Parks and Recreation
- Health Point Fitness, Southeast Hospital
- Fitness Plus, Saint Francis Hospital
- Union County Counseling Center

### Demonstrated Career Proficiency is a Requirement of all Southeast Students

<table>
<thead>
<tr>
<th>CL001</th>
<th>First Semester</th>
<th>Students connect academic career planning by completing an online career assessment</th>
</tr>
</thead>
<tbody>
<tr>
<td>CL002</td>
<td>Second Semester</td>
<td>Students learn more about resources available to enhance academic and career planning</td>
</tr>
<tr>
<td>CL003</td>
<td>Junior Year</td>
<td>Students learn about continued career planning, job search strategies, and networking</td>
</tr>
<tr>
<td>CL004</td>
<td>Senior Year</td>
<td>Students learn about resume development, professional communication, interviewing, and transitioning to the first job from college</td>
</tr>
</tbody>
</table>
Curriculum Checklist
Student must attain a grade of ‘C’ or higher in every major course. Critical Courses are italicized and bolded. These courses are indicators of potential for success in the degree program.

Recreation & Park Administration – 60 Hours Required –
No Minor Required

Required Courses
- RC100 Leisure in a Diverse Culture (3)
- RC140 Introduction to Recreation Services (3)
- RC220 Leadership and Group Dynamics (3)
- RC260 Introduction to Therapeutic Recreation (3)
- RC288 Practicum in Recreation Services (3)
- RC303 Research Methods (3)
- RC390 Programming for Recreation Services (3)
- RC385 Recreation Facilities Planning & Management (3)
- RC405 Trends & Issues in Recreation & Leisure (3)
- RC420 Organization & Administration of Recreation Services (3)
- RC440 Facilitation of Group Development (3)
- RC497 Recreation Internship (12)

Choose 15 hours from one track:
OUTDOOR ADVENTURE TRACK
- RC119 Outdoor Adventure Special Topics (1-3)
- RC150 Outdoor Living Skills (3)
- RC151 Outdoor Adventure Skills (3)
- RC210 Camp Leadership (3)
- RC250 Foundations of Outdoor Recreation (3)
- RC310 Outdoor Leadership (3)
- RC311 Parks/Outdoor Resource Mgmt (3)
- RC450 Outdoor Adventure Therapy (3)
- UI 459 Nature Literacy (3)
- OR
- UI 429 Environmental Ethics (3)

RECREATION & PARK ADMINISTRATION TRACK
- RC210 Camp Leadership (3)
- RC230 Recreational Sports (3)
- RC270 Commercial Recreation (3)
- RC311 Parks/Outdoor Resource Mgmt (3)
- RC340 Mentoring Principles (3)
- RC345 Youth Development Through Leisure (3)
- RC385 Aquatic Facility Management (3)
- RC480 Community Development (3)
- UI 354 Lifestyle Enhancement (3)
- OR
- UI 427 Service & Community (3)

University Studies Requirements (not already listed above):
UI100 First Year Seminar, EN100 English Composition, Artistic Expression, Written Expression, Oral Expression, Literacy Expression, Behavioral Systems, Living Systems, Logical Systems, Physical Systems, Development of a Major Civilization, Economic Systems, Political Systems

If you have dual credit or transfer credit, please visit our transfer course equivalencies guide at semo.edu/transfercredit.

Sample Four-Year Plan

Fall Semester | Spring Semester
--- | ---
| Course # | Hrs | Course # | Hrs |
| UI100 | 3 | RC140 | 3 |
| EN100 | 3 | Behavioral Systems | 3 |
| RC100 | 3 | Economic Systems | 3 |
| | | Artistic Expression | 3 |
| | | Oral Expression | 3 |
| Total | 15 | Total | 15 |

FIRST YEAR
Milestone: Must maintain a 2.0 grade point average in major and overall

SECOND YEAR
RC220 | 3 |
RC260 | 3 |
| | 3 |
| | 3 |
| | 3 |
| Total | 15 | Total | 15 |

SECOND YEAR
Milestone: Must maintain a 2.0 grade point average in major and overall

THIRD YEAR
RC303 | 3 |
RC385 | 3 |
RC440 | 3 |
| Elective | 3 |
| Total | 12 | Total | 12 |

THIRD YEAR
Milestone: Must maintain a 2.0 grade point average in major and overall

FOURTH YEAR
Recreation Elective | 3 |
Recreation Elect | 3 |
Elective | 3 |
| Total | 12 | Total | 12 |

SUMMER SESSION
RC497 Recreation Internship | 12 |

A “Milestone” signifies a significant stage for a student in the completion of a degree.

Degree requirements for all students: a minimum of 120 credit hours, completion of University Studies program, completion of 39 senior division hours (300-599), career proficiencies (CL001-004), Writing Proficiency Exam (WP003), and completion of the Measure of Academic Proficiency and Progress (MAPPP) at the senior level. Refer to the Undergraduate Bulletin or Degree Works for additional graduation requirements for your program.