



The Standard of Excellence  
in Teacher Preparation

## Physical Education majors will...

- Be prepared as K-12 Physical Educators eligible to teach in public and private schools
- Engage in experiential learning throughout the program
- Gains hands on experience in local classrooms starting in their second year of study
- The K-12 Physical Education at Southeast is unique in its structure in that it provides more hands on experience than other programs, but also includes unique courses in Injury Management, Rhythms, and Fitness Conditioning
- The Physical Education faculty is a dedicated group of professionals from diverse backgrounds who have accumulated years of experience in the field.

## Career Planning

Career preparation is part of the mission of Southeast. 100% of programs offer our students an internship, study-abroad program, clinical opportunity, student teaching or research internship.

The Office of Career Services in Academic Hall 057 can provide students with professional career counseling and coaching, resume critiques, practice interviews, job search strategies, career events, networking opportunities, and more.

Demonstrated Career Proficiency is a Requirement of all Southeast Students		
CL001	First Semester	Students connect academic career planning by completing an online career assessment
CL002	Second Semester	Students learn more about resources available to enhance academic and career planning
CL003	Junior Year	Students learn about continued career planning, job search strategies, and networking
CL004	Senior Year	Students learn about resume development, professional communication, interviewing, and transitioning to the first job from college

## Internship, Employment Opportunities, and Graduate Schools or Programs of Recent Graduates

- The program prepares students to work in K-12 schools as Physical Educators
- Many graduates of the Physical Education Program decide to enter coaching in addition to teaching
- Graduates of the Physical Education program include numerous excellent educators in the state and region, but also include nationally recognized collegiate coaches such as Linda Wells (softball), Dr. Tim Rademaker (pole vault), and numerous collegiate basketball and football coaches.
- Some graduates decide on careers outside of traditional classroom teaching such as occupations in the recreation or fitness industries.

## Admission Requirements

- 42 course hours completed
- 2.75 cumulative GPA
- Missouri Educator Profile (MEP) results on file with the Office of the Associate Dean of the College of Education
- Score of 220 or higher on all sections of the Missouri General Education Assessment (MoGEA)
- The following course requirements met
  - A grade of C or above in PY222 Development of the Adolescent
  - A grade of B or above in ED280 Introduction to Education as a Profession

## Additional Information

The state of Missouri has high expectations for future educators. Students matriculating into education programs must meet the following standards to be recommended for licensure following degree completion.

Students graduating spring 2017 or later must maintain a 3.0 GPA in both content and pedagogy courses. In addition students must pass the Missouri Content Assessment Exam and the Missouri Pre-Service Teacher Assessment for recommendation for licensure. Students must also fulfill other assessments such as the Missouri Educator Profile and be cleared through a FBI background check.

## Special Options with Secondary Education

Southeast offers a Master of Arts in Secondary Education.

# Physical Education (PK-12)

## Bachelor of Science in Education (BSED)

This is a guide based on the 2017-2018 Undergraduate Bulletin and is subject to change. The time it takes to earn a degree will vary based on several factors such as dual enrollment, remediation, and summer enrollment. Students will meet with an academic advisor each semester and use DegreeWorks to monitor their individual progress.

**Degree Map 2017-2018**

### CURRICULUM CHECKLIST

"Critical Courses" are italicized and bold. Data shows that students who have completed this course in the first two years and have earned the noted grade are most likely to complete this program of study.

*(Curriculum pending state approval)*

#### Education Courses- 41 Hours Required

A grade of 'C' or better is required in education courses, with the exception of ED280 which requires a grade of 'B' or better.

- \_\_\_ **ED280 Introduction to Teaching (3)**
- \_\_\_ EF400 Student Teaching Seminar (1)
- \_\_\_ EX390 Psychology and Education of the Exceptional Child (3)
- \_\_\_ **PY222 Development of the Adolescent (3)**
- \_\_\_ SE307 Reading/Writing in the Content Area (3)
- \_\_\_ SE321 Techniques of Teaching Physical Education (3)
- \_\_\_ SE350 Pedagogy 1: Principles of Effective Teaching (3)
- \_\_\_ SE355 Field II (3)
- \_\_\_ SE365 Pedagogy 2: Secondary School – Interdisciplinary Methods & Technologies (4)
- \_\_\_ SE380 Advanced Field (3)
- \_\_\_ SE385 Pedagogy 3: Middle and Secondary Education Methods of Secondary Teaching (3)
- \_\_\_ SE465 Student Teaching (12)

#### Physical Education – 58 Hour Major - No Minor Required

Required Courses:

- \_\_\_ AT 174 Rock Climbing & Rappelling (1)
- \_\_\_ **BS 113 Anatomy & Physiology I (4)**
- \_\_\_ FN 235 Nutrition for Health (3)
- \_\_\_ HL 231 Fitness Conditioning (3)
- \_\_\_ PE 201 Sport & Society (3)
- \_\_\_ PE 216 Theory & Practice of Team Sports (2)
- \_\_\_ PE 217 Theory /Pract of Individ/Dual Leis Act (4)
- \_\_\_ PE 220 First Aid (2)
- \_\_\_ PE 235 Psych of Coaching & Human Perf (3)
- \_\_\_ PE 238 Foundations, Hist, Phil of PE (3)
- \_\_\_ **PE 239 Teaching Children Physical Education (3)**
- \_\_\_ PE 240 Rhythm, Plays & Games (2)
- \_\_\_ PE 261 Conc Injury Mgmt in PE (3)
- \_\_\_ PE 262 Introduction to Group Exercise (1)
- \_\_\_ PE 263 Injury Mgmt in PE Lab (1)
- \_\_\_ PE 305 Motor Development & Learning (3)
- \_\_\_ PE 310 Assmt for Physical Educators (3)
- \_\_\_ PE 315 Methods in Middle School PE (3)
- \_\_\_ PE 341 Physiology of Conditioning (3)
- \_\_\_ PE 408 Phys Educ for Individuals with Disabilities (3)
- \_\_\_ PE 464 Kinesiology (3)

Choose One Hour From the Following:

- \_\_\_ AT 103 Swimming (1)
- \_\_\_ AT 136 Walk/Jog for Fitness (1)
- \_\_\_ AT 142 Weight Training I (1)
- \_\_\_ AT 148 Yoga (1)
- \_\_\_ AT 153 Angling, Archery & Firearms (1)
- \_\_\_ AT 164 Golf (1)
- \_\_\_ AT 176 Tennis (1)

Choose One Hour From the Following:

- \_\_\_ AT 130 Aerobics (1)
- \_\_\_ DA 130 Ballroom Dance (1)
- \_\_\_ DA 186 Beginning Jazz Dance (1)

#### University Studies Requirements (not already listed above):

UI100 First Year Seminar, EN100 English Composition, Artistic Expression, Written Expression, Oral Expression, Literary Expression, Logical Systems, Physical Systems, Development of a Major Civilization, Economic Systems, Political Systems

If you have dual credit or transfer credit, please visit our transfer course equivalencies guide at [semo.edu/transfercrredit](http://semo.edu/transfercrredit).

### SAMPLE FOUR-YEAR PLAN

	Fall Semester		Spring Semester	
	Course #	Hrs	Course #	Hrs
<b>FIRST YEAR</b>	UI100	3	<b>BS113</b>	4
	EN100	3	FN235	3
	AT elective	1	PE217	3
	PE201	3	PE238	3
	PE216	2	Political Systems	3
	Logical Systems	3	Written Expression	3
	Oral Expression	3		
<b>Total</b>	<b>18</b>		<b>Total</b>	<b>19</b>
Milestone: Maintain 2.75 cumulative GPA, Complete MEP				
<b>SECOND YEAR</b>	HL231	3	<b>ED280</b>	3
	PE220	2	PE261	3
	<b>PE239</b>	3	PE263	1
	PE240	2	PE310	3
	PE262	1	PE315	3
	<b>PY222</b>	3	Develop of a Major Civ	3
	Economic Systems	3		
<b>Total</b>	<b>17</b>		<b>Total</b>	<b>16</b>
Milestone: Maintain 2.75 cumulative GPA, Passing score MoGEA				
<b>THIRD YEAR</b>	AT elective	1	PE341	3
	EX390	3	PE408	3
	PE235	3	PE464	3
	PE305	3	SE307	3
	SE350	3	SE355	3
	Literary Expression	3	SE365	4
	<b>Total</b>	<b>16</b>	<b>Total</b>	<b>19</b>
<b>FOURTH YEAR</b>	AT174	1	EF400	1
	SE321	3	SE465	12
	SE380	3		
	SE385	3		
	Artistic Expression	3		
	Physical Systems	3		
	<b>Total</b>	<b>16</b>	<b>Total</b>	<b>13</b>
Milestone: Passing score Mo Content Exam, MoPTA, 2.75 cumulative GPA, 3.0 GPA in Ed. courses				

A "Milestone" signifies a significant stage for a student in the completion of a degree.

**Degree requirements for all students:** a minimum of 120 credit hours, completion of University Studies program, completion of 39 senior division hours (300-599), career proficiencies (CL001-004), Writing Proficiency Exam (WP003), and completion of the Measure of Academic Proficiency and Progress (MAP) at the senior level. Refer to the Undergraduate Bulletin or Degree Works for additional graduation requirements for your program.

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3/31/2017

Students have the option of adding another area of concentration or a minor to this degree.

**To learn more**  
Office of Admissions  
(573) 651-2590  
[admissions@semo.edu](mailto:admissions@semo.edu)  
[www.semo.edu](http://www.semo.edu)

**To explore the College**  
**of Health & Human Services**  
online, visit  
<http://www.semo.edu/hhs/>

**For advising**  
**Center for Academic Advising - South**  
(573) 651-2007  
[www.semo.edu/advising](http://www.semo.edu/advising)  
[advisingsouth@semo.edu](mailto:advisingsouth@semo.edu)