

Bachelor of Science in Athletic Training (BSAT)

Athletic Training

The Athletic Training Education Program (ATEP) is committed to provide both academic and clinical education for athletic training majors. The ATEP believes that a student's clinical experiences should supplement a challenging athletic training core curriculum. The core curriculum is based on the required subject matter meeting Commission on Accreditation of Athletic Training Education (CAATE) Standards and competencies set forth by the National Athletic Trainers' Association (NATA).



Faculty in athletic training foster an open learning environment in the classroom and in clinical settings. Our philosophy is to instill a strong ethical and moral ideology that encourages professionalism and personal growth. The program exposes students to various allied health professions and encourages students to pursue continued education and research.

Athletic Training students will...

- Work alongside professionals in the field with an actual patient population.
- Be prepared for the Board of Certification exam. Southeast Missouri State University ATEP has a 78% first time pass rate.
- Demonstrate an understanding of; injury prevention, clinical evaluation and diagnosis, emergency care, treatment and rehabilitation, administration and organization
- Have the opportunity to attend state and national conferences for the profession of athletic training
- Work with the most up-to-date therapeutic modalities and rehabilitation equipment in both laboratory and clinical settings.

Career Planning

Career preparation is part of the mission of Southeast. In fact, more than 90% of Southeast students participate in internships, clinical opportunities, student teaching, research assistantships, and study abroad.

Currently, 100% of our recent graduates are employed or continue on to graduate school within one year of graduation.

Professional career counselors are available for all students. The Office of Career Services in Academic Hall 057 can provide students with professional career counseling, resume critiques, practice interviews, job search strategies, career events, networking opportunities, and more.

Demonstrated Career Proficiency is a Requirement of all Southeast Students		
CL001/CL002	First Semester	Complete the FOCUS2 assessment and develop a Career Action Plan.
CL003	Junior Year	Students gain information about career planning and job searching resources.
CL004	Senior Year	Students demonstrate advanced proficiency by identifying a position in their field, developing a cover letter, and tailoring a resume for the position. Materials are critiqued to ensure preparedness for a successful job search.

Internship and Employment Opportunities of Recent Graduates/ Graduate Schools and Programs of Recent Graduates

- University of Oklahoma
- Lindenwood University
- Alabama State University
- SIU-Carbondale
- Oklahoma State University
- University of Florida
- Northwestern State University
- University of Wisconsin-Eau Claire
- University of Wisconsin-Whitewater
- Missouri Baptist University
- Wichita State University
- Carson-Newman University
- Excel Sports and Physical Therapy
- SportsCare
- St. Francis Sports Medicine
- ProRehab
- ESPN Wide World of Sports
- NovaCare
- River City Rascals

Admission Requirements

- Complete the following courses with a grade of "C" or better by the end of the semester of application: HL 251, HL 280, MA 134, EN 140, PY 101, BS 113, BS 114
- Cumulative 2.5 GPA.
- Provide proof of current:
 - First Aid certification
 - Professional Rescuer CPR/AED certification.
- Demonstrate the ability to meet the technical standards of admission including a signed technical standards form.
- Current physical examination.
 - Provide proof of current: TB screening, MMR, tetanus, Hepatitis B (or HBV declination).
- Completion of Bloodborne Pathogen Training.
- Demonstrate compliance with all the ATEP's policies and procedures
- Complete a formal interview with members of the ATEP Selection Committee.
- Complete an entrance written examination. (HL 280)
- Submission of three letters of recommendation utilizing the form within the ATEP application.
- Submission of the completed ATEP application

Special Requirements with BSAT

Special program fees are required for this program of study, <http://www.semo.edu/sfs/fee-schedule.htm>.

To learn more
Office of Admissions
(573) 651-2590
admissions@semo.edu
www.semo.edu

To explore the College of Health and Human Services online, visit
www.semo.edu/hhs

For advising
Center for Academic Advising - South
(573) 651-2007
www.semo.edu/advising
advisingsouth@semo.edu

Athletic Training

Bachelor of Science in Athletic Training (BSAT)

This is a guide based on the 2016-2017 Undergraduate Bulletin and is subject to change. The time it takes to earn a degree will vary based on several factors such as dual enrollment, remediation, and summer enrollment. Students will meet with an academic advisor each semester and use DegreeWorks to monitor their individual progress.

CURRICULUM CHECKLIST

Critical Courses are *italicized and bolded*. These courses are indicators of potential for success in the degree program.

* Athletic Training students must be admitted into the professional phase of the ATEP before registering for any athletic training courses indicated.

Athletic Training Core – 66 Hours Required

Some courses may fulfill University Studies requirements.

A grade of 'C' is required in each core course.

- ___ FN235 Nutrition for Health (3)
- ___ FN401 Sports Nutrition (3)
- ___ **HL111 Introduction to Health Management (3)**
- ___ HL120 Health Perspectives (3)
- ___ HL231 Fitness Conditioning (3)
- ___ HL251 Introduction to Athletic Injuries (3)
- ___ HL263 Sports Injury Management (3)*
- ___ HL265 Therapeutic Modalities (3)*
- ___ HL280 Basic Skills in Athletic Training (1)*
- ___ HL281 Practicum in Athletic Training I (1)*
- ___ HL282 Practicum in Athletic Training II (1)*
- ___ HL303 Research Methods (3)
- ___ HL312 Sport and Exercise Pharmacology (3)
- ___ HL321 Advanced Injury Assessment I (3)*
- ___ HL322 Advanced Injury Assessment II (3)*
- ___ HL323 Advanced Injury Assessment III (3)*
- ___ HL331 Exercise Physiology (4)
- ___ HL345 Resistance Training Principles and Practices (3)
- ___ HL382 Medical Aspects of Sport (3)*
- ___ HL383 Practicum in Athletic Training III (1)*
- ___ HL384 Practicum in Athletic Training IV (1)*
- ___ HL444 Rehabilitation of Sports Injury (3)*
- ___ HL472 Administration of Athletic Training (3)*
- ___ HL480 Seminar in Athletic Training (2)*
- ___ HL481 Practicum in Athletic Training V (1)*
- ___ HL511 Applied Anatomy (3)

Additional Requirements

Some courses may fulfill University Studies requirements.

A grade of 'C' or better is required in each support course.

- ___ **BS113/013 Anatomy and Physiology I (4)**
- ___ **BS114/014 Anatomy and Physiology II (4)**
- ___ CH180 Chemistry in Our World (3)
- ___ EN140 Rhetoric & Critical Thinking (3)
- ___ MA134 College Algebra (3)
- ___ PY101 Psychological Perspectives/Human Behavior (3)

University Studies Requirements (not already listed above):

UI100 First Year Seminar, EN100 English Composition, Artistic Expression, Oral Expression, Literary Expression, Development of a Major Civilization, Economic Systems, Political Systems, Social Systems, two IU/UI3XXs, and one UI4XX.

SAMPLE FOUR-YEAR PLAN

	Fall Semester		Spring Semester	
	Course #	Hrs	Course #	Hrs
FIRST YEAR	UI100	3	BS114	4
	EN100	3	HL111	3
	BS113	4	HL231	3
	HL120	3	HL251	3
	MA134	3	HL280	1
				PY101
Total	16		Total	17
Milestone: Apply for Admission to Athletic Training Education Program in spring				

SECOND YEAR	CH180	3	FN401	3
	EN140	3	HL282	1
	FN235	3	HL321	3
	HL263	3	HL331	4
	HL281	1	HL511	3
	Artistic Expression	3	Oral Expression	3
Total	16	Total	17	
Milestone: Students must maintain a 2.5 GPA to remain in the major				

THIRD YEAR	HL265	3	HL312	3
	HL322	3	HL323	3
	HL345	3	HL382	3
	HL383	1	HL384	1
	Develop of a Major Civ	3	HL444	3
			Political Systems	3
Total	13	Total	16	
Milestone: Students must maintain a 2.5 GPA to remain in the major				

FOURTH YEAR	HL303	3	HL480	2
	HL472	3	Literary Expression	3
	HL481	1	Social Systems	3
	Economic Systems	3	IU/UI3XX	3
	IU/UI3XX	3	UI4XX	3
	Total	13	Total	14
Milestone: ATEP students take certification examination during the senior year				

A "Milestone" signifies a significant stage for a student in the completion of a degree.

Degree requirements for all students: a minimum of 120 credit hours, completion of University Studies program, career proficiencies (CL001-004), Writing Proficiency Exam (WP003), and completion of the Measure of Academic Proficiency and Progress (MAPP) at the senior level.

A minimum 2.5 GPA in the major and overall are required to graduate with a BSAT degree.

Refer to the Undergraduate Bulletin or DegreeWorks for additional graduation requirements (i.e. minimum GPA and coursework) for your program of study.

Revised
2/24/2016