The Athletic Training Education Program (ATEP) is committed to provide both academic and clinical education for athletic training majors. The ATEP believes that a student’s clinical experiences should supplement a challenging athletic training core curriculum. The core curriculum is based on the required subject matter meeting Commission on Accreditation of Athletic Training Education (CAATE) Standards and competencies set forth by the National Athletic Trainers’ Association (NATA).

Faculty in athletic training foster an open learning environment in the classroom and in clinical settings. Our philosophy is to instill a strong ethical and moral ideology that encourages professionalism and personal growth. The program exposes students to various allied health professions and encourages students to pursue continued education and research.

**Athletic Training students will...**

- Work alongside professionals in the field with an actual patient population.
- Be prepared for the Board of Certification exam. Southeast Missouri State University ATEP has a 78% first time pass rate.
- Demonstrate an understanding of: injury prevention, clinical evaluation and diagnosis, emergency care, treatment and rehabilitation, administration and organization
- Have the opportunity to attend state and national conferences for the profession of athletic training
- Work with the most up-to-date therapeutic modalities and rehabilitation equipment in both laboratory and clinical settings.

**Career Planning**

Career preparation is part of the mission of Southeast. In fact, more than 90% of Southeast students participate in internships, clinical opportunities, student teaching, research assistantships, and study abroad.

Currently, 100% of our recent graduates are employed or continue on to graduate school within one year of graduation.

Professional career counselors are available for all students. The Office of Career Services in Academic Hall 057 can provide students with professional career counseling, resume critiques, practice interviews, job search strategies, career events, networking opportunities, and more.

<table>
<thead>
<tr>
<th>Demonstrated Career Proficiency is a Requirement of all Southeast Students</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>CL001/CL002</strong> First Semester</td>
</tr>
<tr>
<td><strong>CL003</strong> Junior Year</td>
</tr>
<tr>
<td><strong>CL004</strong> Senior Year</td>
</tr>
</tbody>
</table>

**Internship and Employment Opportunities of Recent Graduates/Graduate Schools and Programs of Recent Graduates**

- University of Oklahoma
- Lindenwood University
- Alabama State University
- SIU-Carbondale
- Oklahoma State University
- University of Florida
- Northwestern State University
- University of Wisconsin-Eau Claire
- University of Wisconsin-Whitewater
- Missouri Baptist University
- Wichita State University
- Carson-Newman University
- Excel Sports and Physical Therapy
- SportsCare
- St. Francis Sports Medicine
- ProRehab
- ESPN Wide World of Sports
- NovaCare
- River City Rascals

**Admission Requirements**

- Complete the following courses with a grade of "C" or better by the end of the semester of application: HL 251, HL 280, MA 134, EN 140, PY 101, BS 113, BS 114
- Cumulative 2.5 GPA.
- Provide proof of current:
  - First Aid certification
  - Professional Rescuer CPR/AED certification.
- Demonstrate the ability to meet the technical standards of admission including a signed technical standards form.
- Current physical examination.
  - Provide proof of current: TB screening, MMR, tetanus, Hepatitis B (or HBV declination).
- Completion of Bloodborne Pathogen Training.
- Demonstrate compliance with all the ATEP’s policies and procedures
- Complete a formal interview with members of the ATEP Selection Committee.
- Complete an entrance written examination. (HL 280)
- Submission of three letters of recommendation utilizing the form within the ATEP application.
- Submission of the completed ATEP application

**Special Requirements with BSAT**

Special program fees are required for this program of study, [http://www.semo.edu/sfs/fee-schedule.htm](http://www.semo.edu/sfs/fee-schedule.htm).
Athletic Training
Bachelor of Science in Athletic Training (BSAT)

This is a guide based on the 2016-2017 Undergraduate Bulletin and is subject to change. The time it takes to earn a degree will vary based on several factors such as dual enrollment, remediation, and summer enrollment. Students will meet with an academic advisor each semester and use DegreeWorks to monitor their individual progress.

### CURRICULUM CHECKLIST

Critical Courses are **italicized and bolded**. These courses are indicators of potential for success in the degree program.

* Athletic Training students must be admitted into the professional phase of the ATEP before registering for any athletic training courses.

**Athletic Training Core – 66 Hours Required**

Some courses may fulfill University Studies requirements. A grade of 'C' is required in each core course.

- **FN235 Nutrition for Health (3)**
- **HL111 Introduction to Health Management (3)**
- **HL120 Health Perspectives (3)**
- **HL231 Fitness Conditioning (3)**
- **HL251 Introduction to Athletic Injuries (3)**
- **HL263 Sports Injury Management (3)**
- **HL265 Therapeutic Modalities (3)**
- **HL280 Basic Skills in Athletic Training (1)**
- **HL282 Practicum in Athletic Training II (1)**
- **HL303 Research Methods (3)**
- **HL312 Sport and Exercise Pharmacology (3)**
- **HL321 Advanced Injury Assessment I (3)**
- **HL322 Advanced Injury Assessment II (3)**
- **HL323 Advanced Injury Assessment III (3)**
- **HL331 Exercise Physiology (4)**
- **HL345 Resistance Training Principles and Practices (3)**
- **HL363 Practicum in Athletic Training III (1)**
- **HL384 Practicum in Athletic Training IV (1)**
- **HL444 Rehabilitation of Sports Injury (3)**
- **HL472 Administration of Athletic Training (3)**
- **HL480 Seminar in Athletic Training (2)**
- **HL481 Practicum in Athletic Training V (1)**
- **HL511 Applied Anatomy (3)**

**Additional Requirements**

Some courses may fulfill University Studies requirements. A grade of 'C' or better is required in each support course.

- **BS114/BS113 Anatomy and Physiology I (4) or Anatomy and Physiology II (4)**
- **CH180 Chemistry in Our World (3)**
- **EN140 Rhetoric & Critical Thinking (3)**
- **MA134 College Algebra (3)**
- **PY101 Psychological Perspectives/Human Behavior (3)**

**University Studies Requirements (not already listed above):**

UI100 First Year Seminar, EN100 English Composition, Artistic Expression, Development of a Major Civilization, Economic Systems, Political Systems, Social Systems, two IU/UI3XXs, and one UI4XX.

### SAMPLE FOUR-YEAR PLAN

<table>
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<tr>
<th></th>
<th>Fall Semester</th>
<th>Spring Semester</th>
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<tbody>
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<tr>
<td>UI100</td>
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**Total**

Milestone: Apply for Admission to Athletic Training Education Program in spring

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<tr>
<td>CH180</td>
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<tr>
<td>EN140</td>
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</tr>
<tr>
<td>FN235</td>
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<td>HL263</td>
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</tr>
<tr>
<td>HL281</td>
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<td><strong>Artistic Expression</strong></td>
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**Total**

Milestone: Students must maintain a 2.5 GPA to remain in the major

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<tr>
<td>HL322</td>
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</tr>
<tr>
<td>HL345</td>
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<td>HL383</td>
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<td><strong>Develop of a Major CIV</strong></td>
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**Total**

Milestone: Students must maintain a 2.5 GPA to remain in the major

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<td>HL472</td>
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<tr>
<td>HL481</td>
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<td><strong>Economic Systems</strong></td>
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<tr>
<td><strong>Total</strong></td>
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</tbody>
</table>

**Total**

Milestone: ATEP students take certification examination during the senior year

A “Milestone” signifies a significant stage for a student in the completion of a degree.

**Degree requirements for all students:** a minimum of 120 credit hours, completion of University Studies program, career proficiencies (CL001-004), Writing Proficiency Exam (WP003), and completion of the Measure of Academic Proficiency and Progress (MAPP) at the senior level.

A minimum 2.5 GPA in the major and overall are required to graduate with a BSAT degree.

Refer to the Undergraduate Bulletin or DegreeWorks for additional graduation requirements (i.e. minimum GPA and coursework) for your program of study.