

Recreation & Park Administration

Bachelor of Science (BS)

Recreation & Park Administration

The Department of Health, Human Performance and Recreation at Southeast Missouri State University has been preparing recreation and leisure professionals since 1988. The Recreation program is accredited by the Council on Accreditation of Parks, Recreation, Tourism and Related Professions (COAPRT). The Council on Accreditation of Parks, Recreation, Tourism and Related Professions (COAPRT) accredits baccalaureate programs in parks, recreation, tourism, sport management, event management, therapeutic recreation, and leisure studies offered at regionally accredited institutions within the United States and its territories, and at nationally accredited institutions in Canada, and Mexico.



Recreation students can choose from a wide variety of career paths including programming and administration of recreational services for city parks and recreation departments, non-profit organizations like YMCAs and Boy's and Girl's Clubs, branches of the military, and for people with disabilities and other special needs. View more possible career options available for the future recreation professional.

Recreation students will...

- Interact with qualified, award winning faculty in a small class environment.
- Have the opportunity to apply the knowledge you gain in the classroom to real-world experience in the field.
- Immediately begin interacting with recreation professionals.
- Complete a 12-week, 480-hour internship.

Career Planning

Career preparation is part of the mission of Southeast. In fact, more than 90% of Southeast students participate in internships, clinical opportunities, student teaching, research assistantships, and study abroad.

Currently, 100% of recreation graduates find employment within a year of graduation.

Professional career counselors are available for all students. The Office of Career Services in Academic Hall 057 can provide students with professional career counseling, resume critiques, practice interviews, job search strategies, career events, networking opportunities, and more.

| Demonstrated Career Proficiency is a Requirement of all Southeast Students | | |
|--|----------------|---|
| CL001/CL002 | First Semester | Complete the FOCUS2 assessment and develop a Career Action Plan. |
| CL003 | Junior Year | Students gain information about career planning and job searching resources. |
| CL004 | Senior Year | Students demonstrate advanced proficiency by identifying a position in their field, developing a cover letter, and tailoring a resume for the position. Materials are critiqued to ensure preparedness for a successful job search. |

Internship and Employment Opportunities of Recent Graduates

- Clemson University Youth Learning Institute
- Meramec Adventure Learning Ranch
- City of Cape Girardeau Parks and Recreation
- US Army Corp of Engineers
- Kansas City, Mo., Parks and Recreation
- City of Perryville, Mo., Parks and Recreation
- Camp Ondessonk
- Trail of Tears State Park
- City of Shrewsbury, Mo., Parks and Recreation
- City of Eureka, Mo., Parks and Recreation
- Upper Limits Indoor Rock Climbing Gym
- Missouri Department of Conservation
- The Nature Conservancy
- Leave No Trace
- Parc Provence Hospital and Health Care
- Southeast Missouri State Campus Recreation Services
- Southeast Missouri State Athletics Operations
- Forest Park Golf Course
- Mastodon State Historic Site
- National Park Service-Yellowstone National Park
- Teton Valley Ranch Camp
- Missouri State Park Youth Corp Operations
- Outdoor Pursuits-Lamar University
- Girl Scouts of Missouri Heartland
- Shawnee Community College
- City of Clearwater, Fla., Parks and Recreation
- Health Point Fitness, Southeast Hospital
- Fitness Plus, Saint Francis Hospital
- Union County Counseling Center

To learn more
Office of Admissions
(573) 651-2590
admissions@semo.edu
www.semo.edu

To explore
the College of Health and
Human Services online, visit
www.semo.edu/hhs

For advising
College of Health and Human Services
Advising Center
(573) 651-5090
cacadvising@semo.edu
www.semo.edu/coadvise

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This is a guide based on the 2015-2016 Undergraduate Bulletin and is subject to change. The time it takes to earn a degree will vary based on several factors such as dual enrollment, remediation, and summer enrollment. Students will meet with an academic advisor each semester and use DegreeWorks to monitor their individual progress.

CURRICULUM CHECKLIST

Student must attain a grade of 'C' or higher in every major course. Critical Courses are **italicized and bolded**. These courses are indicators of potential for success in the degree program.

Recreation & Park Administration – 60 Hours Required – No Minor Required

Required Courses

- ___ RC100 Leisure in a Diverse Culture (3)
- ___ **RC140 Introduction to Recreation Services (3)**
- ___ RC220 Leadership and Group Dynamics (3)
- ___ RC260 Introduction to Therapeutic Recreation (3)
- ___ RC288 Practicum in Recreation Services (3)
- ___ RC303 Research Methods (3)
- ___ RC380 Programming for Recreation Services (3)
- ___ RC385 Recreation Facilities Planning & Management (3)
- ___ RC405 Trends & Issues in Recreation & Leisure (3)
- ___ RC420 Organization & Administration of Recreation Services (3)
- ___ RC440 Facilitation of Group Development (3)
- ___ RC497 Recreation Internship (12)

Choose 15 hours from one track:

OUTDOOR ADVENTURE TRACK

- ___ RC 119 Outdoor Adventure Special Topics (1-3)
- ___ RC 150 Outdoor Living Skills (3)
- ___ RC 151 Outdoor Adventure Skills (3)
- ___ RC 210 Camp Leadership (3)
- ___ RC 250 Foundations of Outdoor Recreation (3)
- ___ RC 310 Outdoor Leadership (3)
- ___ RC 311 Parks/Outdoor Resource Mgmt (3)
- ___ RC 450 Outdoor Adventure Therapy (3)
- ___ UI 459 Nature Literacy (3)

OR

- ___ UI 429 Environmental Ethics (3)

RECREATION & PARK ADMINISTRATION TRACK

- ___ RC 210 Camp Leadership (3)
- ___ RC 230 Recreational Sports (3)
- ___ RC 270 Commercial Recreation (3)
- ___ RC 311 Parks/Outdoor Resource Mgmt (3)
- ___ RC 340 Mentoring Principles (3)
- ___ RC 345 Youth Development Through Leisure (3)
- ___ RC 386 Aquatic Facility Management (3)
- ___ RC 480 Community Development (3)
- ___ UI 354 Lifestyle Enhancement (3)
- ___ UI 427 Service & Community (3)

University Studies Requirements (not already listed above):

UI100 First Year Seminar, EN100 English Composition, Artistic Expression, Written Expression, Oral Expression, Literary Expression, Behavioral Systems, Living Systems, Logical Systems, Physical Systems, Development of a Major Civilization, Economic Systems, Political Systems, two IU/UI3XXs (if not taken in major electives) and one UI4XX (if not taken in major electives)

SAMPLE FOUR-YEAR PLAN

| | Fall Semester | | Spring Semester | |
|---|------------------------|-----------------------------|---------------------|-----------|
| | Course # | Hrs | Course # | Hrs |
| FIRST YEAR | UI100 | 3 | RC140 | 3 |
| | EN100 | 3 | Behavioral Systems | 3 |
| | RC100 | 3 | Economic Systems | 3 |
| | Artistic Expression | 3 | Oral Expression | 3 |
| | Logical Systems | 3 | Written Expression | 3 |
| | Total | 15 | Total | 15 |
| Milestone: Must maintain a 2.0 grade point average in major and overall | | | | |
| SECOND YEAR | RC220 | 3 | RC288 | 3 |
| | RC260 | 3 | RC380 | 3 |
| | Literary Expression | 3 | Recreation Elective | 3 |
| | Dev of a Major Civ | 3 | Living Systems | 3 |
| | Physical Systems | 3 | Political Systems | 3 |
| | Total | 15 | Total | 15 |
| Milestone: Must maintain a 2.0 grade point average in major and overall | | | | |
| THIRD YEAR | RC303 | 3 | Recreation Elective | 3 |
| | RC385 | 3 | IU/UI3XX | 3 |
| | RC440 | 3 | Elective | 3 |
| | IU/UI3XX | 3 | Elective | 3 |
| | Total | 12 | Total | 12 |
| Milestone: Must maintain a 2.0 grade point average in major and overall | | | | |
| FOURTH YEAR | Recreation Elective | 3 | RC405 | 3 |
| | UI4XX/Recreation Elect | 3 | RC420 | 3 |
| | Elective | 3 | Recreation Elective | 3 |
| | Elective | 3 | Elective | 3 |
| | Total | 12 | Total | 12 |
| Milestone: Must maintain a 2.0 grade point average in major and overall | | | | |
| SUMMER SESSION | | RC497 Recreation Internship | | 12 |

A "Milestone" signifies a significant stage for a student in the completion of a degree.

Degree requirements for all students: a minimum of 120 credit hours, completion of University Studies program, career proficiencies (CL001-004), Writing Proficiency Exam (WP003), and completion of the Measure of Academic Proficiency and Progress (MAPP) at the senior level.

Refer to the Undergraduate Bulletin or DegreeWorks for additional graduation requirements (i.e. minimum GPA and coursework) for your program of study.

Revised
3/19/2015