

Human Environmental Studies: Family Studies Option

Bachelor of Science (BS)

Family Studies Option

The family studies program strongly focuses on integrating theory, research and practice. It encompasses a wide range of family structures, dynamics and functions with an emphasis on the development of interpersonal skills and professional practice. The Family Studies program prepares students for a variety of positions that focus on families or family members at all stages of the life continuum in social service, government and education.



Southeast's family studies program is an accredited Certified Family Life Educator program. The National Council on Family Relations (NCFR) oversees our program, which includes course work that follows the standards and criteria needed for students to become Provisional Certified Family Life Educators. For more information, visit the NCFR website: <http://www.ncfr.org/>.

Family Study students will...

- Gain an in-depth understanding of family structures, dynamics and interactions along with developmental issues across the lifespan.
- Develop skills in assessing, creating and implementing interventions to improve family interactions.
- Be trained to work with a wide variety of populations and have the opportunity to work part-time or volunteer in one of our four state licensed centers that serve children, seniors and developmentally disabled adults.
- Be offered "real world" experiences through placement in agencies and programs serving young children and parents, pregnant teens, senior adults, low-income families, and the community.

Career Planning

Career preparation is part of the mission of Southeast. In fact, more than 90% of Southeast students participate in internships, clinical opportunities, student teaching, research assistantships, and study abroad.

Professional career counselors are available for all students. The Office of Career Services in Academic Hall 057 can provide students with professional career counseling, resume critiques, practice interviews, job search strategies, career events, networking opportunities, and more.

Demonstrated Career Proficiency is a Requirement of all Southeast Students		
CL001/CL002	First Semester	Complete the FOCUS2 assessment and develop a Career Action Plan.
CL003	Junior Year	Students gain information about career planning and job searching resources.
CL004	Senior Year	Students demonstrate advanced proficiency by identifying a position in their field, developing a cover letter, and tailoring a resume for the position. Materials are critiqued to ensure preparedness for a successful job search.

Internship and Employment Opportunities of Recent Graduates

- Aging Matters Agencies
- Big Brothers/Sisters Program
- Boy Scouts/Girl Scouts
- Councils on Aging
- Crisis Center
- Day Care Facility
- Department of Family Services
- Department of Mental Health
- Department of Health and Senior Services
- Gerontology Agencies/Firms
- Headstart Family Services
- Hospice Programs
- Retirement Homes / Assisted Living Facilities
- Mental Health Centers
- Disability Programs
- Court Appointed Special Advocates (CASA)
- Parent Education Programs
- Pregnancy Centers / Teen Pregnancy Services
- Non-profit organizations ie. United Way
- Marriage and Family Therapy Graduate Programs

Special Options with Family Studies Major

Several of our courses are available at the regional campuses (Kennett, Malden and Sikeston) and online.

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This is a guide based on the 2015-2016 Undergraduate Bulletin and is subject to change. The time it takes to earn a degree will vary based on several factors such as dual enrollment, remediation, and summer enrollment. Students will meet with an academic advisor each semester and use DegreeWorks to monitor their individual progress.

CURRICULUM CHECKLIST

"Critical Courses" are italicized and bolded. Data shows that students who have completed this course in the first two years and have earned the noted grade are most likely to complete this program of study.

Family Studies – 48 Hours – Minor Required

A grade of 'C' is required for CF 207, CF 340, CF 405, CF 520

- ___ CF 102 Relationships in the 21st Century (3)
- ___ CF 120 The Child (3)
- ___ CF 206 Introduction to Gerontology (3)
- ___ CF 207 Gerontology Practicum (3)
- ___ **CF 209 Introduction to Family Systems (3)**
- ___ CF 220 Young and Middle Adulthood (3)
- ___ CF 300 Parent Education (3)
- ___ CF 320 Life Skills Education (3)
- ___ CF 340 Family Law, Policy, and Advocacy (3)
- ___ CF 402 Relationships of Commitment (3)
- ___ CF 405 Special Populations Practicum (3)
- ___ CF 430 Parent-Child Interactions (3)
- ___ CF 512 Family and Community Resources (3)
- ___ CF 520 Family Assessment (3)
- ___ CF 565 Family Services Internship (6)

Additional Requirements:

- ___ FE 200 Family Resource Management (3)
- ___ SW 121 Helping Skills in Human Services (3)

Recommended Minors:

- ___ Child Development
- ___ Criminal Justice
- ___ Gerontology
- ___ Psychology
- ___ Social Work

Department State Licensed Centers

The Family Studies and Child Development programs oversee four centers that provide students with hands on experience working with various populations.

- Horizon's Enrichment Center for Developmentally Disabled Adults
- Hoover Center for Seniors
- University School for Young Children
- The Child Development Center at Sikeston

University Studies Requirements (not already listed above):

UI100 First Year Seminar, EN100 English Composition, Artistic Expression, Written Expression, Literary Expression, Living Systems, Logical Systems, Physical Systems, Development of a Major Civilization, Political Systems, two IU/UI 3XXs (recommended to choose from UI 303, UI 355, UI340) and one UI4XX.

SAMPLE FOUR-YEAR PLAN

	Fall Semester		Spring Semester	
	Course #	Hrs	Course #	Hrs
FIRST YEAR	UI100	3	CF120	3
	EN100	3	Develop of a Major Civ.	3
	CF102	3	Literary Systems	3
	Artistic Expression	3	Political Systems	3
	Logical Systems	3	Written Expression	3
	Total	15	Total	15
Milestone: 2.0 cumulative grade point average.				
SECOND YEAR	CF209	3	CF206	3
	CF320	3	CF220	3
	FE200	3	SW121	3
	Living Systems	3	Physical Systems	3
	Minor Course	3	Minor Course	3
	Total	15	Total	15
Milestone: 2.0 cumulative grade point average.				
THIRD YEAR	CF300	3	CF207	3
	CF402	3	CF340	3
	IU/UI 3XX	3	CF430	3
	Minor Course	3	IU/UI 3XX	3
	Minor Course	3	Minor Course	3
	Total	15	Total	15
Milestone: 2.0 cumulative grade point average.				
FOURTH YEAR	CF512	3	CF 520	3
	CF405	3	CF 565	6
	Minor Course	3	UI4XX	3
	Elective	3	Elective	3
	Elective	3		
	Total	15	Total	15
Milestone: 2.0 cumulative grade point average.				

A "Milestone" signifies a significant stage for a student in the completion of a degree.

Degree requirements for all students: a minimum of 120 credit hours, completion of University Studies program, career proficiencies (CL001-004), Writing Proficiency Exam (WP003), and completion of the Measure of Academic Proficiency and Progress (MAPP) at the senior level.

Refer to the Undergraduate Bulletin or DegreeWorks for additional graduation requirements (i.e. minimum GPA and coursework) for your program of study.