

Human Environmental Studies: Family Studies Option

Bachelor of Science (BS)

Family Studies

The family studies program strongly focuses on integrating theory, research and practice. It encompasses a wide range of family structures, dynamics and functions with an emphasis on the development of interpersonal skills and professional practice. The Family Studies program prepares students for a variety of positions that focus on families or family members at all stages of the life continuum in social service, government and education.



Southeast's family studies program is an accredited Certified Family Life Educator program. The National Council on Family Relations (NCFR) oversees our program, which includes course work that follows the standards and criteria needed for students to become Provisional Certified Family Life Educators. For more information, visit the NCFR website: <http://www.ncfr.org/>.

Family Study students will...

- Gain an in-depth understanding of family structures, dynamics and interactions along with developmental issues across the lifespan.
- Develop skills in assessing, creating and implementing interventions to improve family interactions.
- Be trained to work with a wide variety of populations and have the opportunity to work part-time or volunteer in one of our four state licensed centers that serve children, seniors and developmentally disabled adults.
- Be offered "real world" experiences through placement in agencies and programs serving young children and parents, pregnant teens, senior adults, low-income families, and the community.

Career Planning

A St. Louis Outreach Office, located in Chesterfield, Mo., provides career exploration assistance, resume critiques, interview tips, job search strategies and more.

| Demonstrated Career Proficiency is a Requirement of all Southeast Students | | |
|---|----------------|---|
| CL001/CL002 | First Semester | Complete the FOCUS2 assessment and develop a Career Action Plan. |
| CL003 | Junior Year | Students gain information about career planning and job searching resources. |
| CL004 | Senior Year | Students demonstrate advanced proficiency by identifying a position in their field, developing a cover letter, and tailoring a resume for the position. Materials are critiqued to ensure preparedness for a successful job search. |
| Career Services, located in Academic Hall 057, provides professional career advising to guide students in their career development. | | |

Internship and Employment Opportunities of Recent Graduates

- Aging Matters Agencies
- Big Brothers/Sisters Program
- Boy Scouts/Girl Scouts
- Councils on Aging
- Crisis Center
- Day Care Facility
- Department of Family Services
- Department of Mental Health
- Department of Health and Senior Services
- Gerontology Agencies/Firms
- Headstart Family Services
- Hospice Programs
- Retirement Homes / Assisted Living Facilities
- Mental Health Centers
- Disability Programs
- Court Appointed Special Advocates (CASA)
- Parent Education Programs
- Pregnancy Centers / Teen Pregnancy Services
- Non-profit organizations ie. United Way
- Marriage and Family Therapy Graduate Programs

Admission Requirements

No specific admission procedures or student qualifications beyond standard university admissions are required.

Special Options with Family Studies Major

Several of our courses are available at the regional campuses (Kennett, Malden and Sikeston) and online.

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Degree Map

This is a guide based on the 2014-2015 Undergraduate Bulletin and is subject to change. The time it takes to earn a degree will vary based on several factors such as dual enrollment, remediation, and summer enrollment. Students will meet with an academic advisor each semester and use DegreeWorks to monitor their individual progress.

CURRICULUM CHECKLIST

Family Studies – 48 Hours – Minor Required

A grade of 'C' is required for CF 207, CF 340, CF 405, CF 520

- ___ CF 102 Relationships in the 21st Century (3)
- ___ CF 120 The Child (3)
- ___ CF 206 Introduction to Gerontology (3)
- ___ CF 207 Gerontology Practicum (3)
- ___ CF 209 Introduction to Family Systems (3)
- ___ CF 220 Young and Middle Adulthood (3)
- ___ CF 300 Parent Education (3)
- ___ CF 320 Life Skills Education (3)
- ___ CF 340 Family Law, Policy, and Advocacy (3)
- ___ CF 402 Relationships of Commitment (3)
- ___ CF 405 Special Populations Practicum (3)
- ___ CF 430 Parent-Child Interactions (3)
- ___ CF 512 Family and Community Resources (3)
- ___ CF 520 Family Assessment (3)
- ___ CF 565 Family Services Internship (6)
- ___ FE 200 Family Resource Management (3)
- ___ SW 121 Helping Skills in Human Services (3)

Recommended Minors:

- ___ Child Development
- ___ Criminal Justice
- ___ Gerontology
- ___ Psychology
- ___ Social Work

Department State Licensed Centers

The Family Studies and Child Development programs oversee four centers that provide students with hands on experience working with various populations.

- ___ Horizon's Enrichment Center for Developmentally Disabled Adults
- ___ Hoover Center for Seniors
- ___ University School for Young Children
- ___ The Child Development Center at Sikeston

University Studies Requirements (not already listed above):

UI100 First Year Seminar, EN100 English Composition, Artistic Expression, Written Expression, Literary Expression, Living Systems, Logical Systems, Physical Systems, Development of a Major Civilization, Political Systems, two IU/UI 3XXs (recommended to choose from UI 303, UI 355, UI340) and one UI4XX.

SAMPLE FOUR-YEAR PLAN

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Requirements for the 2014-2015 Undergraduate Bulletin

| | Fall Semester | | Spring Semester | |
|--------------------|---------------------|-----------|-------------------------|-----------|
| | Course # | Hrs | Course # | Hrs |
| FIRST YEAR | UI100 | 3 | CF120 | 3 |
| | EN100 | 3 | Develop of a Major Civ. | 3 |
| | CF102 | 3 | Literary Systems | 3 |
| | Artistic Expression | 3 | Political Systems | 3 |
| | Logical Systems | 3 | Written Expression | 3 |
| | Total | 15 | Total | 15 |
| SECOND YEAR | CF209 | 3 | CF206 | 3 |
| | CF320 | 3 | CF220 | 3 |
| | FE200 | 3 | SW121 | 3 |
| | Living Systems | 3 | Physical Systems | 3 |
| | Minor Course | 3 | Minor Course | 3 |
| | Total | 15 | Total | 15 |
| THIRD YEAR | CF300 | 3 | CF207 | 3 |
| | CF402 | 3 | CF340 | 3 |
| | IU/UI 3XX | 3 | CF430 | 3 |
| | Minor Course | 3 | IU/UI 3XX | 3 |
| | Minor Course | 3 | Minor Course | 3 |
| | Total | 15 | Total | 15 |
| FOURTH YEAR | CF512 | 3 | CF 520 | 3 |
| | CF405 | 3 | CF 565 | 6 |
| | Minor Course | 3 | UI4XX | 3 |
| | Elective | 3 | Elective | 3 |
| | Elective | 3 | | |
| | Total | 15 | Total | 15 |

Degree requirements for all students: a minimum of 120 credit hours, completion of University Studies program, career proficiencies (CL001-004), Writing Proficiency Exam (WP003), and completion of the Measure of Academic Proficiency and Progress (MAPP) at the freshman and senior levels.

Refer to the Undergraduate Bulletin or DegreeWorks for additional graduation requirements (i.e. minimum GPA and coursework) for your program of study.

Revised
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To learn more
Office of Admissions
(573) 651-2590
admissions@semo.edu
www.semo.edu

To explore the
College of Health and Human
Services online, visit
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For advising
College of Health and Human Services
Advising Center
(573) 651-2007
cacadvising@semo.edu
www.semo.edu/coadvise