

COURSE APPROVAL DOCUMENT
Southeast Missouri State University

Department: Theatre & Dance

Course No. DA228

Title of Course: Hip Hop Dance I

Date:

Please check:

New

Revision

I. Catalog Description:

Beginning level technique course focusing on the foundations and origins of hip-hop, street and freestyle dance.
May be repeated for credit. (2 credits)

II. Co- or Prerequisite(s): N/A

III. Purposes or Objectives of the Course:

- 1) To develop proficiency in a variety of styles that reflect Urban Street Dance, such as breaking, funk styles (popping, locking), sub-styles (waves, glides), house, and commercial hip-hop.
- 2) To discuss the importance of rhythmic breakdowns and musicality in street dance styles.
- 3) To understand the importance and meaning of "freestyle" dance in the urban culture and the differences between choreography and freestyle.

IV. Student Learning Outcomes:

- 1) Students will perform basic level movements of hip-hop and funk dance styles.
- 2) Students will demonstrate basic free style skills.
- 3) Students will perform a short routine based on specific Urban dance steps.

V. Course Content or Outline:

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|---|----------|
| A. Break down of basic warm-up exercises and technique: | 10 hours |
| B. Continued work on basic technique, adding locomotion and weight shifts: | 16 hours |
| C. Continued work on warm-up, basic technique, locomotion, and more formalized learning of center floor combinations in breaking, popping, locking, house and commercial hip-hop: | 18 hours |
| D. Expansion of basic technique, locomotion, and center combinations, including student self-assessment: | 14 hours |
| E. Final Presentations of Short Routines: | 6 hours |
| TOTAL: 64 hours | |

Signature: _____



Chair

Date: 12/17/14

Signature: _____

Dean

Date: _____

Southeast Missouri State University
Department of Theatre & Dance
DA 228 Hip Hop Dance I
Fall 2014
TR 11-12:40pm
RCC 119

Instructor: Hilary Peterson
Email: hpeterson@semo.edu
Office: RCS 463
Office Hours: TR 9:30-11am
Phone: x7492

I. Course Description and Credit Hours

Studio course focusing on foundations and origins of hip-hop, street and freestyle dance. (2 credit hours)

II. Objectives of the Course

To develop proficiency in a variety of styles that reflect Urban Street Dance, such as breaking, funk styles (popping, locking), sub-styles (waves, glides), house, and commercial hip hop

To discuss the importance of rhythmic breakdowns and musicality in street dance styles

To understand the importance and meaning of “freestyle” dance in the urban culture and the differences between choreography and freestyle

III. Student Learning Outcomes

Students will perform basic level movements of hip hop and funk dance styles

Students will demonstrate basic free style skills

Students will perform a short routine based on specific Urban dance steps

IV. Expectations of Students

To attend class regularly with few or no absences and participate fully in all class activities

To express a positive and professional attitude and consistent effort toward learning the class material

To arrive at least 5 minutes prior to the start of class in order to warm-up and ready your body and focus your mind for class, **not sit passively and talk to one another!** This is a good time to review material and corrections given from the previous class.

To develop and maintain evidence of improvement by applying both personal
AND group corrections

To respect fellow students, the instructor and any guests

To remain open and willing to investigate new and often contrasting or conflicting
ideas to what you may be accustomed

To thank the instructor and your fellow classmates after class for a job well done

To remain after class for a post-class stretch of the major muscle groups

V. Dress Code

Appropriate dance clothing is that which does not draw attention to itself, which
allows the teacher to clearly see the body at work, and which shows that the
dancer understands and has respect for the demeanor expected of those studying
dance. Students are to adhere to the following regulations regarding proper attire
for both men and women.

All: Clean, no-scuff tennis shoes

Women: Solid-colored t-shirt or tank top with proper bra support and
leggings or dance pants that fall below the knee

Men: T-shirt or tank top and dance pants that fall below knee

Note 1: Hair should be pulled back away from the face and off the neck.
No jewelry and no chewing gum.

Note 2: *Dress/Appearance is a part of your course grade.* If you wear
inappropriate clothing, you will be told ONCE. After that, it will reflect
negatively on your final course grade. This is a class geared towards the
development of professionals. Please treat your appearance properly.

VI. Basis for Student Evaluation

Participation (30%)

Because this is a studio class, regular attendance is mandatory which consists of
both physical and mental participation in the class. It is expected that you will be
in class each and every time, on time, and stay for the full time. All of the work
performed in this class is studio dependent and equivalent make-up assignments
are not possible. Attendance is a necessity in order to satisfactorily complete your
work and is vital to your growth and success in this class.

Class Work (40%)

Your grade for class work is based upon your regular attendance, your
dress/appearance, and the bullet points listed below. Evaluation happens on a

daily basis through the teacher/student interaction in the studio. Therefore, you should present yourself in a positive light and make sure you are visible to the teacher. Consistency is the key to continued technical and performance growth as a dancer and open communication is vital to the instructor's perception of your work. Individual and general corrections are the primary methods to direct and encourage your understanding of the materials. Grades will be based on the instructor's evaluation of the following criteria as applied to both level of attainment and rate of improvement.

- Physical ability to perform all class materials with kinesthetic and musical accuracy;
- The student's ability in terms of speed to assimilate new materials and concepts as well as clear evidence of that assimilation in executed movement;
- Perception and performance of the dynamics and stylistic aspects of the movement materials;
- Ability to communicate through dance;
- A demonstration of steady progression and refinement in both technique and performance skills;
- A demonstrated effort to bring the movement materials toward their full range and potential;
- A consistent contribution to class with fully engaged focus, effort and enthusiasm.

Movement Exams (20%)

Movement exams will be given twice during the semester; one at mid-term and one at the final. The final exam will take place on Thursday, Dec. 18 at 10am. Each exam will include movement combinations and material that has been learned in and worked on during previous class periods. Additional new material or challenges may be given during the exam time as well. Each exam will be evaluated on correct execution of the material based on the objectives of the course and overall presentation. **There will be no make-up days for the movement exams.** *If a student is unable to perform on the day of the movement exam, they must write a 3-page typed assessment of their work so far in the course leading up to the exam and their thoughts on what they would have demonstrated had they been able to perform the movement.* **The written assessment is due on the day of the exam.**

Artistic/Technique Goals (10%)

The student is required to select four personal artistic and/or technical goals for the semester which he/she will actively work to achieve. Two goals will be set for the first half of the semester and the final two goals will be for the second half of the semester. Individual goals are not limited to but can address the following: use of space, musicality and phrasing, performance quality, specific technical steps/concepts, personal style, etc. On the day of the mid-term and final movement exams, the student will turn in a written assessment of the two previously set goals determining if the goals have been met, what work was done in and out of class to meet the specific goal and how he/she will continue to address that goal in the future. **No late goal assessments will be accepted.**

NOTE: All students are required to attend *Fall for Dance 2014* and *Last Chance to Dance*.

VII. Student Assessment

A grade of “**A**” will be awarded for work that the instructor deems to be outstanding in both matters of professional demeanor and in the demonstration of substantial progress in the areas outlined above.

A grade of “**B**” will be awarded for work that the instructor deems to be above average in accomplishment. This means that not only is the student diligent about his/her attendance and avoidance of tardiness but tangible progress with the requirements are clearly demonstrated in the areas outlined.

A grade of “**C**” will be awarded for work that the professor deems to be of average accomplishment. A “**C**” grade indicates that a student has demonstrated less progress than the class as a whole or has made no progress at all. A grade of “**C**” may also be awarded if a student's attendance has been unsteady, his/her participation unenthusiastic, or if s/he has demonstrated a continuing pattern of tardiness.

A grade of “**D**” will be awarded for work that the professor deems to be at a level measurably below the average.

A grade of “**F**” will be awarded for students who do not answer all of the course requirements, or performs inadequately, or both.

VIII. Course Outline

Week 1: Introduction to the Course and the Hip-Hop Style

Week 2-5: Break down of basic warm-up exercises and technique

Week 6-7: Continued work on basic technique, adding locomotion and weight shifts

- Week 8: Mid-term Movement Exam
- Week 9-12: Continued work on warm-up, basic technique, locomotion, and more formalized learning of center floor combinations in breaking, popping, locking, house and commercial hip-hop
- Week 13-15: Expansion of basic technique, locomotion, and center combinations, including student self-assessment
- Week 16: Final Presentations of Short Routines/Final Movement Exam

IX. Miscellaneous

Accessibility Statement:

This course adheres to Southeast Missouri State University's Accessibility Plan found on page one of the Undergraduate Bulletin 2014-2015. Online, please go to the following link: http://www.semo.edu/pdf/old/2014_Bulletin.pdf

Statement of Whom to Contact with Concerns:

Questions, comments or requests regarding this course should be taken to your instructor. Unanswered questions or unresolved issues involving this class may be taken to Dr. Kenneth L. Stilson, Department Chair.

Civility and Harassment Statement:

A major determinant of a successful educational experience is a shared sense of respect among and between the students and their instructor. Some of the texts and issues we will discuss may cause disagreements among members of the class. Multiple viewpoints are an essential component of any college course, and disagreeing with someone is fine. However, rude, disrespectful, aggressive, offensive, harassing, or demeaning behavior—either face-to-face or in an online discussion—toward anyone in the class will not be tolerated; students are expected to abide by the Code of Student Conduct. Should a student feel someone has acted inappropriately toward them in class, please speak with the instructor at once so the situation can be addressed. The instructor for the course reserves the right to ask a student to leave the classroom or the online discussion for any inappropriate behavior, and if the situation warrants, may call campus security to remove the offending student from class. Also refer to the university's Notice of Nondiscrimination found on page one of the Undergraduate Bulletin 2014-2015. Online, please go to the following link:

http://www.semo.edu/pdf/old/2014_Bulletin.pdf .

Academic Honesty Statement:

This course adheres to the official academic honesty statement as found on page 20 of the Undergraduate Bulletin 2014-2015. Online, please go to the following link: http://www.semo.edu/pdf/old/2014_Bulletin.pdf .