

# Welcome!

We are so happy you are joining us for our summer intensive and look forward to a fun filled week!

*Please note our time change for registration:*

Registration is from 2:00-3:15pm on Monday June 11, followed by a camp meeting and a placement class at 3:30pm in the Dobbins Center on the Southeast Missouri State University River Campus. The placement class will be held in room RCC119.

There are several evening activities scheduled for the dancers, which will provide them some relaxation and fun after a day of dancing! All activities are age appropriate. Monday evening will be an Ice Cream Social. Wednesday evening's activity will be swimming. Friday evening the dancers will have the opportunity to see a live production on River Campus: *Legally Blonde Jr.*

We encourage all dancers to leave valuables at home. The dorm rooms are secure, but nothing is ever 100% insured. It is best to leave laptops at home if possible, as well as other valuable items. Dancers will not have access to Wifi during they're stay on campus, however, they will be very active all day, and will have plenty of things to do in their "down" time. We do encourage them to bring a good book, a set of playing cards, knitting, or other "quiet" activities to do between classes or in the evenings (we do anticipate that the dancers will be very busy making new friends and dancing that by the end of the day they will be plenty ready to relax!)

There will be two performance opportunities on Saturday that parents, family, and friends are welcome to come to! The performances are 12:30pm in the Bedell and 2:30pm in the RCC 119 studio. Once the performances are over the dancers will have plenty of time to enjoy the festival!

If you have any questions at any point in time, please feel free to contact me.

We are very much looking forward to working with all of you!

Best,  
Alyssa Alger  
517-414-8965  
[aalger@semo.edu](mailto:aalger@semo.edu)

# Dress Code

*Please make sure your dancer has dance clothes for every day of the week plus a few extras!*

Ballet: Leotard and pink tights, pink ballet shoes (ladies). Tights or dance shorts with a form fitting dance shirt, unitards or men's leotards may be worn, black or white shoes (men). Hair securely in a bun or French twist.

Modern: Leotard and tights, no shoes (hair same)

Jazz: Leotard and tights, black or tan jazz shoes (hair same)

Aerial: Leotard and tights, leggings may be worn if preferred to prevent slipping, knees and shoulders covered and anything in between (hair same)

Hip Hop: More relaxed dress code; leotard and tights are perfectly acceptable, tennis shoes (that are NOT worn outside) with non-marking soles, pants –  
Pants over leotard, regular street clothes (no jeans), sneakers

# Summer Dance Intensive Tips

## Packing List

**MUST BRING ONE PLAIN RED T-SHIRT (either V or Crew neck)**

Leotards – At least one per day. Bring your favorites that make you feel confident!

At least one black camisole leotard (required)

Tights – Lots and lots of tights! You will enjoy the feeling of a fresh pair mid-way through the day. Do not wear tights with stains, holes, etc.

Pink and black

Wrap skirt – Black (required). Bring any additional colored skirts if you wish

Black jazz pants and/or leggings

Pointe Shoes – If you have them

Jazz Shoes – black or tan

Sneakers/Tennis Shoes – different than the ones you will be wearing outside, these will be for Hip Hop. **NO DIRTY SHOES IN THE STUDIOS**

Studio Warm-ups – You never know how much AC you will have, so bring some form-fitting layering warm-ups for in the studio and for covering up outside

Swim Suit and towel

Flip flops for pool and shower

Hairpins, ties, bun covers, hairnets, headbands, hairspray

Band aids

Sewing Kit

Dance Bag

Reusable Water Bottle

Therabands

Music Playing device and headphones (include chargers)

Power bars and other healthy snacks

Laundry detergent

Yoga or Pilates Mat

Make-up (for performances and everyday, if so inclined)

Toiletries and shower bucket to transport them

Towels

Pillow

Sheets and blanket

*Beds are twin extended. If you do not have this size bedding, we suggest using two flat sheets.*

Alarm clock and watch

Camera

Book, craft, knitting, playing cards, something quiet to do after curfew or in between classes to wind down

The most comfortable walking shoes you own. No time to try out cute new shoes that will give you blisters. Give your feet a rest!

**\*\*MAKE SURE YOU HAVE REGULAR CLOTHES. YOU WILL NOT BE LIVING IN YOUR DANCE ATTIRE. YOU WILL NEED TO WEAR REGULAR ATTIRE OUTSIDE OF THE DANCE STUDIO\*\***

# **What Not to Bring**

- Flammables
- Firearms
- Fireworks or other explosive devices
- Computers
- Valuables
- Illegal Substances or Alcohol

## The Conservatory Dance Intensive: Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:30 – 8:30am		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
8:30am						Repertory Rehearsal (8:30am - Noon)
9-10:20am		Group 1: Modern Group 2: Ballet	Group 1: Ballet Group 2: Modern	Group 1: Jazz Group 2: Ballet	Group 1: Ballet Group 2: Jazz	Repertory Rehearsal
10:30-11:50am		Group 1: Ballet Group 2: Modern	Group 1: Modern Group 2: Ballet	Group 1: Ballet Group 2: Jazz	Group 1: Jazz Group 2: Ballet	Repertory Rehearsal
Noon		Lunch + Topic	Lunch + Topic	Lunch + Topic	Lunch + Topic	Bedell Performance (12:30pm)
1-2pm		Group 1: Aerial Dance Group 2: Hip Hop	Group 1: Hip Hop Group 2: Aerial	Group 1: Aerial Group 2: Hip Hop	Group 1: Hip Hop Group 2: Aerial	Lunch (1:30pm) St. Vincent Commemorative
2:15-3:15pm	Check-in at Dobbins RCC  <b>2:00-3:15</b>	Group 1: Hip Hop Group 2: Aerial	Group 1: Aerial Group 2: Hip Hop	Group 1: Hip Hop Group 2: Aerial	Group 1: Aerial Group 2: Hip Hop	Studio Performance (2:30pm)
3:30-4:50pm	Welcome/ Placement Class  <b>4:00-5:00</b>	Repertory Rehearsal	Repertory Rehearsal	Repertory Rehearsal	Repertory Rehearsal	Enjoy the Festival!!!  Check-out <b>4:00-5:00</b>

5pm	Camp Meeting/Rules <b>5:30</b>	Dinner	Dinner	Dinner	Dinner	Residency Check-Out
6-7:30pm	Dinner <b>6:00-7:00</b>	Repertory Rehearsal	Repertory Rehearsal	Repertory Rehearsal	Repertory Rehearsal	
7:30PM	Rehearsal <b>7:00-8:30</b> Ice Cream Social <b>8:30-9:30</b>	Karoke Night and Board Games	Swimming at SEMO Aquatic Center  MUST BE IN LOBBY at 7:15 Shuttle Leaves 7:30	Movie Night	Legally Blonde Jr.  Starts at 7:30	
9:30pm – 10:30	Socializing/Movies/Games	Socializing/Movies/Games	Socializing/Movies/Games	Socializing/Movies/Games	Socializing/Movies/Games	
11:00pm	In Rooms and Quiet/Lights Out	In Rooms and Quiet/Lights Out	In Rooms and Quiet/Lights Out	In Rooms and Quiet/ Lights Our	In Rooms and Quiet/Lights Out	
11:30pm	Room Check	Room Check	Room Check	Room Check	Room Check	