

COURSE APPROVAL DOCUMENT
Southeast Missouri State University

Department: **Health, Human Performance, and Recreation**

Course No. **TX 482**

Title of Course: **Practicum in Athletic Training VI**

Date: **Spring 2015**

Please check: New
 Revision

I. Catalog Description (Credit Hours of Course):

Sixth of six supervised clinical experiences in the application of Athletic Training techniques. Focus is on therapeutic interventions including rehabilitation and therapeutic modalities. (1 credit hour)

II. Co- or Prerequisite(s):

Prerequisites: TX481, TX265, TX444

III. Purposes or Objectives of the Course (optional):

- 1) Demonstrate the proper application and setup of thermal modalities (e.g. cryotherapy, hydrocollator, paraffin, whirlpools, continuous ultrasound)
- 2) Demonstrate the proper application and setup of electrical modalities (e.g. electrical stimulation, TENS).
- 3) Demonstrate the proper technique and application of various manual therapy techniques.
- 4) Apply knowledge of upper extremity rehabilitation exercises to create an appropriate protocol for a specific injury to the upper extremity.
- 5) Apply knowledge of lower extremity rehabilitation exercises to create an appropriate protocol for a specific injury to the lower extremity.

IV. Student Learning Outcomes (Minimum of 3):

- 1) Demonstrate professional behavior
- 2) Demonstrate practices designed to maintain patient confidentiality.
- 3) Demonstrate appropriate professional dress.

V. Optional departmental/college requirements:

- A. None

VI. Course Content or Outline (Indicate number of class hours per unit or section):

	Hours
A. Thermal modality applications and techniques	6
B. Electrical modality applications and techniques	6
C. Manual Therapy applications and techniques	6
D. Upper Extremity rehabilitation protocols	6
E. Lower Extremity rehabilitation protocols	<u>6</u>
Total	30

Please Attach copy of class syllabus and schedule as an example

Signature: _____
Chair

Date: _____

Signature: _____
Dean

Date: _____



SOUTHEAST MISSOURI
STATE UNIVERSITY · 1873
College of Health and Human Services
Department of Health, Human Performance and Recreation
Athletic Training Education Program

[Semster/Year]

Course Number: TX 482
Course Title: Practicum in Athletic Training VI
Credits Hours: 1.0
Location: Parker Hall 112
Meeting Times:
Instructor:
Office:
Office Telephone:
Office Hours:
E-mail:

Required Textbook: Prentice, WE. (2011). Arnheim's Principles of Athletic Training (14th ed.). Boston: McGraw-Hill.

Course Description: Sixth of six supervised clinical experiences in the application of Athletic Training techniques. Focus is on therapeutic interventions including rehabilitation and therapeutic modalities. (prerequisites TX481, TX265, TX444)

Course Objectives:

Upon completion of this course, the student shall be able to:

- 6) Demonstrate the proper application and setup of thermal modalities (e.g. cryotherapy, hydromassage, paraffin, whirlpools, continuous ultrasound)
- 7) Demonstrate the proper application and setup of electrical modalities (e.g. electrical stimulation, TENS).
- 8) Demonstrate the proper technique and application of various manual therapy techniques.
- 9) Apply knowledge of upper extremity rehabilitation exercises to create an appropriate protocol for a specific injury to the upper extremity.
- 10) Apply knowledge of lower extremity rehabilitation exercises to create an appropriate protocol for a specific injury to the lower extremity.

Student Learning Objectives:

1. Demonstrate professional behavior.
2. Demonstrate patient confidentiality.
3. Demonstrate appropriate professional dress.

Clinical Education Hours:

Students shall average a minimum of 10 hours a week and a maximum of 20 hours a week of clinical education hours. Students are required to have one (1) day off a week of each seven (7) days of their clinical education experience.

Students shall work with their Preceptor to set up their clinical education hour schedule. If students are not obtaining an average of twenty hours a week at their assigned clinical site it is their responsibility to notify the Clinical Education Coordinator and seek alternative sites to obtain hours.

Students may be required to attend their clinical education experience outside of the regular academic calendar. For example, Pre-season, holiday breaks, etc. Students need to check with their Preceptors on an individual basis to see if there are practices or games scheduled during the academic breaks.

Clinical education hours include; the assigned clinical site, surgical observation and the mini rotation. All of these activities are added into the weekly total of clinical hours.

Surgical Observation:

Students are required to observe a minimum of one (1) surgical procedure on the following schedule.

HL 383- Lower Extremity Surgical Procedure

HL 384- Upper Extremity Surgical Procedure

HL 481- Surgical Procedure of Choice

Mini Rotation:

Each student is required to observe a total of four (4) hours at their assigned mini- rotation during the semester.

HL 281- Campus Health Clinic (Southeast University On-Campus)

HL 282- Radiology (Southeast Hospital)

HL 383- Cape County Private Ambulance

HL 384- Physical Therapy (Premier Rehab and St. Francis Hospital PT)

HL 481- Emergency Room

Course Assignments:

1. *EAP Assignment:*

You will complete the EAP assignment for your clinical site, which can be found on the Athletic Training Education Moodle Page. This assignment is worth 10 points

2. *Bloodborne Pathogens Training:*

You are required to view the bloodborne pathogens training on the Athletic Training Education Moodle Page and then complete the quiz to verify you have reviewed the training. This assignment is worth 10 points.

3. *Peer Skill Check Sheet Evaluations:*

As an assignment, you must evaluate ten (10) peer check sheets during the semester. You will get five (5) points per skill check sheet for a total of fifty (50) points. These points are part of your 50% Course Work Grade.

4. *Clinical Proficiency Documentation:*

You will complete all of the clinical proficiency sheets associated with this course. Ideally these will be completed while working at your clinical assignment, but may also be

completed during class time. Each clinical proficiency is worth 25 points.

5. Skills Acquisition:

The students will complete a number of assigned clinical skills check sheets throughout the semester.

Course Evaluation:

50% Course Work (Clinical Proficiencies, assignments, etc)

30% Clinical Hours (18-20hr/week A, 16-17hr/wk B, 14-16 C, 12-14D, 12belowF)

20% Clinical Evaluations (10%mid/10%final)

<u>Course Grading:</u>	90-100%	A
	80-89 %	B
	70-79%	C
	60-69%	D
	Below 69%	F

Attendance:

Students are expected to attend all classes and to complete all assignments for courses in which they are enrolled. An absence does not relieve the student of the responsibility to complete all assignments. If an absence is associated with a university-sanctioned activity, the instructor will provide an opportunity for assignment make-up. However, it is the instructor's decision to provide, or not to provide, make-up work related to absences for any other reason.

A student not present for class during the entire initial week of a scheduled course may be removed from the course roster unless the student notifies the instructor by the end of the first week of an intention to attend the class. Questions regarding the removal process should be directed to the Registrar.

ATEP Matriculation Clause:

This course must be completed in the original ATEP curriculum sequence that is set for all athletic training students. To advance to the next set of core athletic training courses, each student must pass the class with a grade of 'C' or better. If you earn a grade lower than a 'C', you will not matriculate to the next set of core athletic training courses.

Statement of Academic Accommodations:

Southeast Missouri State University and Disability Support Services remain committed to making every reasonable educational accommodation for students with disabilities. Many services and accommodations which aid a student's educational experience are available for students with various types of disabilities. It is the student's responsibility to contact Disability Support Services to become registered as a student with a disability in order to have accommodations implemented. Accommodations are implemented on a case by case basis. For more information visit the following site: <http://www.semo.edu/lapdss> or contact Disability Support Services at 573-651-2273

Academic Honesty:

Academic honesty is one of the most important qualities influencing the character and vitality of an educational institution. Academic misconduct or dishonesty is inconsistent with membership in an academic community and cannot be accepted. Violations of academic honesty represent a serious breach of discipline and may be considered grounds for disciplinary action, including dismissal from the University. Academic dishonesty is defined to include those acts which would deceive, cheat, or defraud so as to promote or enhance one's scholastic record. Knowingly or actively assisting any person in the commission of an above-mentioned act is also academic dishonesty. Students are responsible for upholding the principles of academic honesty in accordance with the "University Statement of Student Rights" found in the STUDENT HANDBOOK. The University requires that all assignments submitted to faculty members by students be the work of the individual student submitting the work. An exception would be group projects assigned by the instructor. In this situation, the work must be that of the group.

Academic dishonesty includes:

Plagiarism. In speaking or writing, plagiarism is the act of passing someone else's work off as one's own. In addition, plagiarism is defined as using the essential style and manner of expression of a source as if it were one's own. If there is any doubt, the student should consult his/her instructor or any manual of term paper or report writing. Violations of academic honesty include:

1. Presenting the exact words of a source without quotation marks;
2. Using another student's computer source code or algorithm or copying a laboratory report; or
3. Presenting information, judgments, ideas, or facts summarized from a source without giving credit.

Cheating. Cheating includes using or relying on the work of someone else in an inappropriate manner.

It includes, but is not limited to, those activities where a student:

1. Obtains or attempts to obtain unauthorized knowledge of an examination's contents prior to the time of that examination.
2. Copies another student's work or intentionally allows others to copy assignments, examinations, source codes or designs;
3. Works in a group when she/he has been told to work individually;
4. Uses unauthorized reference material during an examination; or
5. Have someone else take an examination or takes the examination for another

Civility:

Every student at Southeast is obligated at all times to assume responsibility for his/her actions, to respect constituted authority, to be truthful, and to respect the rights of others, as to respect private and public property. In their academic activities, students are expected to maintain high standards of honesty and integrity and abide by the University's Policy on Academic Honesty. Alleged violations of the Code of Student Conduct are adjudicated in accordance with the established procedures of the judicial system.

All questions regarding this class should be addressed to the instructor. If the student has further queries or if their concerns are not addressed to their satisfaction they should contact Dr. Joe Pujol, 651-2197.