

Links, Resources, and News for Southeast Parents



## Greetings Redhawk Parents!

We've been busy this semester.

Students have been using that personal support that I told you about to thrive. They're **collaborating**. They've got **dance fever**. They're cheering with Rowdy for a Redhawk win!

Don't let that fool you though - they've been studying too. Midterms have come and gone, spring course registration is ongoing, and finals are just around the corner. Before you know it, they'll be home for winter break. So use the upcoming fall break and Thanksgiving holiday to encourage them to finish strong and strengthen the foundation they are building for their amazing achievements to come.

[Katie Foshee](#)

Assistant Director of Admissions for New Student Programs

Bookmark Our Website

### Upcoming Dates & Deadlines

<b>November payment due date</b> Friday, Nov. 17	<b>Commencement</b> Saturday, Dec. 16
<b>Last day to drop a full semester class, second eight-week class, or withdraw from the University</b> Friday, Nov. 17	<b>University Offices Closed</b> Friday, Dec. 22 - Tuesday, Jan. 2
<b>Fall/Thanksgiving Break</b> No Classes: Monday, Nov. 20 - Friday, Nov. 24	<b>Martin Luther King, Jr. Day (No Classes and University Offices Closed)</b> Monday, Jan. 15

<b>University offices closed</b> Noon, Wednesday, Nov. 22 - Friday, Nov. 24	<b>First Day of Spring Semester</b> Tuesday, Jan. 16
<b>Final Exams</b> Monday, Dec. 11 - Friday, Dec 15	<b>More Events</b> <a href="http://calendar.semo.edu">calendar.semo.edu</a>

**Do you ever get jealous of your student and all the fun things they are doing here on campus? Come join them!**



# SOUTHEAST NEWS

## Arrow Awarded Second Place for National College Media Association Pinnacle Award

The Arrow, the student newspaper of Southeast Missouri State University, placed second in the running for a College Media Association Pinnacle Award presented at the Associated College Press/College Media Association Fall National College Media Convention Oct. 27-29 in Dallas, Texas.



[Read More](#)

## Southeast Academic

## Support Centers Students Earn Prestigious Scholarships

Southeast Missouri State University students recently were recognized for receiving prestigious scholarships at the Academic Support Centers Dean's List and Scholarship Luncheon in the University Center.

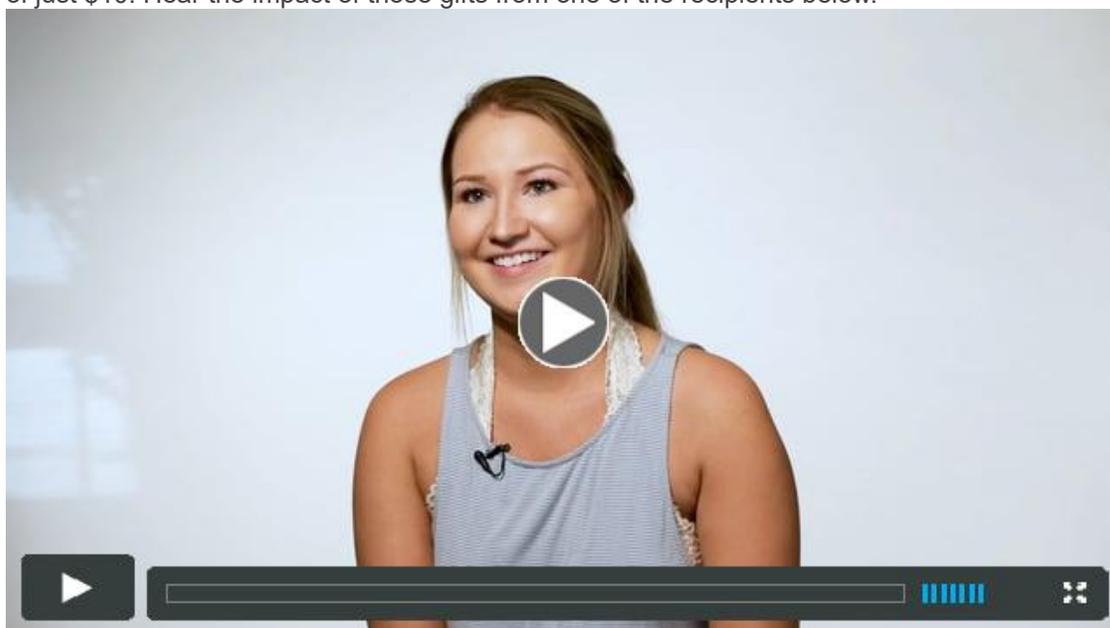


[Read More](#)

---

## One Day. One Gift. One Scholarship.

Last November, the Southeast Family came together like never before to create not one, but two endowed scholarships for students in need. You made Giving Tuesday a success with gifts of just \$10. Hear the impact of those gifts from one of the recipients below.



This year, Giving Tuesday is Nov. 28, and we have a goal of \$10,000 to raise with no donor match.

We hope you'll be there to participate, share updates on social media, and cheer us on. Mark your calendar and visit [semo.edu/givingtuesday](http://semo.edu/givingtuesday) on Nov. 28.

Together, we can do this!

---

## Launching Extraordinary Careers

At Southeast, we are committed to helping your student become a career-ready professional upon graduation. That is why all Southeast students must complete a set of four career proficiencies designed to help students with career planning and goals as they progress to graduation.

These career proficiencies are zero cost and students receive either "credit" or "no credit" for their timely completion of each proficiency's requirements, so the proficiencies do not affect

students' GPAs. While these are non-credit bearing, they are factored in to students' eligibility for the Dean's List. First-year students take the first part, CL001, as a co-requisite with their UI100 First Year Seminar. The three remaining proficiencies must be completed in subsequent semesters prior to graduation. For more information, visit the Career Services [website](#).

---

## They're Back

### Talking to Your Student About Grades During the Break

*We hope you and your student are pleased with how the first semester is going, but thought we'd share this article from The Washington Post in case grade expectations aren't exactly where you both hope at this point in the semester.*

How should you handle the situation if your college kid isn't earning decent grades? Bloggers Mary Dell Harrington and Lisa Heffernan highlight the trials and successes of raising teens and launching them into the adult world. "First, don't unload on your college kid about his grades. Take a moment to remember that this holiday with your new college student needs to be more about family time than scolding," says Harrington. "He is no longer a child and you can no longer make him do his homework or ground him. Doing well academically has to come from self-motivation, not parental threats," she adds.

"Secondly, do try to find out why he is struggling," shares Heffernan. "Was his course work too tough for freshman fall? Is he spending too much time in the party scene vs. the library? Or is there something more serious going on with his health and well-being that he has hidden from you?"

Kinkaid shares a real-life example. "When my son received less than stellar grades his first few weeks in college, I opened the discussion by asking him what he thought was the reason he had not done well," she recalls. "I found that he was quite insightful about his struggles." She offered support, rather than being angry, and turned it into a discussion. "My son sought help from professors and was able to finish his semester successfully."

Helping your teen find the resources available to her on campus is a step in the right direction, but she has to follow through. Tricia Zelaya is director of student success at Rollins College in Winter Park, FL. "Peer leaders, faculty and staff can serve as knowledgeable conduits to these services, but it is up to the student to take advantage of them," she says. "Parents can be powerful partners in connecting their students to the campus by knowing what the institution offers and what questions to ask."

Zelaya suggests that parents ask their students questions about their classes as the term progresses, before problems arise. "Asking about favorite classes, disappointing ones and challenging assignments can shed light on their student's academic progress, especially if done prior to obvious signs of struggle," she adds.

*If you need assistance finding any resources on campus, don't hesitate to contact New Student Programs or visit [Academic Support Centers](#) online.*

---

## Staying on Track

- [The 2018-2019 Free Application for Federal Student Aid](#) is available now. Apply early to maximize financial aid opportunities. Southeast's priority processing deadline is February 1.
  - [The Endowed and Sponsored Scholarship Application](#) is live! Encourage your student to apply for 2018-2019. There are over 700 awards and \$1.5 million up for grabs. Deadline to apply is March 1.
  - 2018-2019 contracts for university housing are now available. Students who apply early have priority in room selection.
-

Kathryn  
Rachel Woodworth  
Emma Quillen  
Zac Howard

**New Student Programs Staff**



**SOUTHEAST MISSOURI  
STATE UNIVERSITY · 1873**

STAY CONNECTED:



Southeast Missouri State University, One University Plaza, Cape Girardeau, MO 63701

[SafeUnsubscribe™ {recipient's email}](#)

[Forward this email](#) | [Update Profile](#) | [About our service provider](#)

Sent by [no-reply@semo.edu](mailto:no-reply@semo.edu)