

COUNTDOWN TO

college

Southeast Missouri State University

Classes Start August 24, 2020

Choosing Southeast means your student is also joining a long list of alumni who have been exactly where they're going. It also means there are a lot of parents who have been exactly where you are. We asked them what advice they had for parents of incoming students. Here's what they said:

Freshmen year is tough; it is a year of transition. Don't be surprised if all doesn't go smoothly. Encourage your child to get involved but don't be concerned if every attempt isn't a success. My daughter had a trying Freshmen year, an improved sophomore year and a thriving junior year. Hang in there, listen to them, be there for them and believe in them. They got this! (And so do you)

*Cindy M.
Class of 2020 Parent*

Be OK with not hearing from them as often as you used to. Don't expect an immediate reply to a text. Let your daughter/son know it is OK to call or text you whenever they need to talk; even if it means they reach out at 1 or 2 in the morning. That might be when they need you most. Encourage them to go to social events, meet new people, try new things, explore different classes (don't just do your major stuff-find other things that might be fun or interesting).

*Toni O.
Class of 2021 Parent*

Don't worry about the major. If that stays the same great, but more often than not it will change. Don't get crazy about it.

*Eric M.
Class of 2021 Parent*

It was so hard for me to send our son off to college! I actually cried for a week. My best advice for me was to set up a communication schedule. I asked my son to call me on Sundays and Wednesdays. I thought it might change to once a week, but he still calls, or we call him on those days. I also had lunch with him the second week of school (we only live an hour or so from Cape) That was the best thing for me, it was like I realized he was fine and enjoying himself. Also, I often send little

If CampRedhawk is available encourage your student to attend, our son loved it! SEMO has so many ways for students to get involved including Engage in 8. We started planning and brought big items throughout the year for his dorm room we thought he would want, so there wouldn't be a huge expense at one time. I worried about move in day, but SEMO was so organized. Your child is going to love their college experience as a Redhawk!

text of "good night love you" and he will respond which I love!

*Mary Y.
Class of 2022 Parent*

*Yvonne W.
Class of 2023 Parent*

Allow your child to blossom! My shy son found his niche and absolutely came into his own. As much as we want to shelter and protect them, this is their time to venture out a little while still under our loving care. Watch them explode into the amazing people that we knew they were destined to become!

*Julia T.
Redhawk Parent*

If your student is in a performing group, band, choir, theater, or a sport, make the effort to attend as many of their events as possible then cheer for every student like they were your own, you are representing all the moms and dads who can't be there.

*Kathleen C.
Class of 2023 Parent*

When your student calls/texts you about a problem they are having (roommate, class, professor, etc.) they aren't necessarily looking for you to fix it for them. Most of the time they are looking to vent. Be their sound board and offer advice. Ultimately, let them solve the issue on their own.

*Tiffany D.
Class of 2023 Parent*

Upcoming Dates & Deadlines

June 29

Last day to register for CampRedhawk

[More Information](#)

September 25-27

Family Weekend

[More Information](#)

Connect with Parents

Looking to connect with other Redhawk parents? There's a Facebook group dedicated to you! Sometimes you just need to talk with other parents going through the same exciting time in their students' lives.

Please note, the group is not moderated by Southeast Missouri State University. Questions and concerns will still be best addressed by contacting the University via phone, email, or office visit.

[Join the Group](#)

FORGE YOUR STUDENT'S FUTURE: THAT'S WHAT WE DO.

Kate Kording — Amber Dunne
Hanfahong

New Student Programs Staff

