Annual Program Evaluation: Mental Health and School Counseling Programs 2022-2023

> The Annual Program Evaluation is a way for the counseling program faculty to measure both student and overall program effectiveness. The key assessments that follow attempt to provide evidence that inform counseling faculty regarding progress as well as assist us in considering ways we might continue to develop and enhance the counseling programs.

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Southeast Missouri State University Department of Educational Leadership and Counseling Mental Health Counseling

Introduction

The following program outcomes assist faculty in identifying key assessments in order to measure whether students in the program are meeting/exceeding expectations:

Outcome 1: Students will demonstrate Discipline Specific Knowledge, Disposition, and Performance as required to maintain the programs as established by CACREP (MA in Mental Health, and School Counseling) and CAEP (MA in School Counseling) accreditation standards in preparing entry-level professional counselor as outlined in the program objectives (see appendix).

Outcome 2: Students will demonstrate knowledge of the basic issues in nine core counseling areas, these are: human growth and development, social and cultural foundations, counseling theory, counseling skills, group work, career and lifestyle development, appraisal, research and program evaluation, and professional orientation and ethical issues.

Outcome 3: Students will demonstrate basic interviewing and counseling related skills.

Outcome 4: Communication Skills: Students will demonstrate competence in oral and written communication.

Outcome5: Critical Thinking: Students will demonstrate the ability to analyze issues and to apply theories to specific cases.

Outcome 6: Research Skills: Students will demonstrate the ability to do and consume research.

Outcome 7: Workplace and Graduate/Professional School Preparation: Students will demonstrate that they are prepared to succeed in the workplace or graduate/professional school.

Met	hod of Assessment	Outcome(s) Addressed	Rationale for Using this Method to Address the Objective(s)
1	Student Clinical Site Evaluations	1	Site Satisfaction and Maintain national standards.
2	Student Evaluation of Practicum/Internship Supervisor	1	Maintain national standards.
3	University Faculty and Site Supervisor Student Evaluations	1,2,3,4,5,7	Provides information and data on the student's knowledge, disposition, and performance as they are applied in the workplace.
4	Post-Graduate Counselor Surveys	1	Post-graduation success and maintain national standards.
5	Supervisor and Employer Surveys	1	Post-graduation success and maintain national standards.

Table 1: Method of Assessment and Objective(s)

6	CPCE	1,2,3,4,5,6,7	Nationally normed test of comprehensive counseling knowledge
7	Praxis II/MOCA	1,2,3,4,5,6,7	State normed test of comprehensive counseling knowledge
8	NCE	1,2,3,4,5,6,7	Nationally normed test of comprehensive counseling knowledge
9	Program completers	1,2,3,4,5,6,7	Graduation rates.
10	Recommendation for Certification and/or	7	Post-graduation success
	Licensure		
11	Counseling Dispositions	1,2,3,4,5	Provides information and data on the student's knowledge, disposition, and performance as they proceed through the program (currently assessed in Counseling Skills, Practicums, and Internships, see Method of Assessment 3).
12	Portfolio and Oral Defense	1,2,3,4,5,6,7	Provides a measure of the student's oral and written communication and literacy skills. Provides a measure of the student's skills level accepted by the counseling profession.
13	Faculty to Student Ratios	1	Maintain national standards.

Analysis:

There have been several changes in the last several years with regards to the assessment report and collecting program data. Specifically, the counseling faculty has worked diligently to address inefficiencies and human error with the previously utilized collection of data through paper evaluations/surveys:

1. In 2013 we implemented a more efficient format for survey data through Google drive. This allowed us to input data more efficiently and keep immediate records of survey results for our assessment report.

2. While Google Drive was helpful in collecting and maintaining more efficiency with our program evaluations, there was concern regarding security. Because of this concern, all forms (i.e., evaluations, post graduate surveys) were adapted and transferred to a secure server so the overall program data could be accessed immediately and securely (2014).

3. In 2014-2015 faculty further investigated options to utilize pre-assessment and postassessment tools to assess student knowledge at the beginning of the program and how student knowledge and skills shift near the end of the program. Options are currently under investigation by core counseling faculty. We are hoping to implement the new assessment in fall 2016 with a newly established cohort and have recently been working on curriculum mapping and identifying key assessments for the CACREP core areas and specialty areas (Fall 2016).

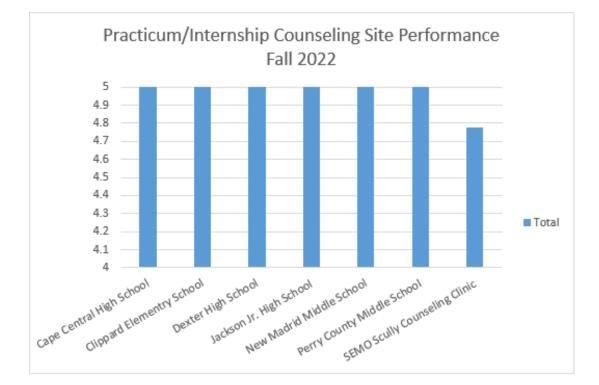
4. In 2016 the counseling program moved to a cohort model and reduced our rolling admission to summer/fall along with reduced numbers of admissions. Mental Health Counseling and School Counseling programs now admit a maximum of 15 students to each program in an effort to control our faculty/student ratios and bring them into compliance with the 1-12 CACREP ratio.

5. In the last two years (2019 and 2020) a new research course was developed in order to address the 2016 standards in this area. We are hoping to address persistently lower CPCE scores in this core area with this new course, CP 691 Research Methods and Program Evaluation, which is first offered in spring of 2021. This course will be offered in spring and fall, and we will be monitoring the CPCE scores in this area for improvement. This was the culmination of multiple years trying to address this in some way. Previously we developed our own syllabus for GR 691 but were never allowed to implement this due to multiple disciplines that were required to take that class. Following that attempt we also explored creating our own research class for counseling students only, but this was discouraged as it would have been considered a duplicate course.

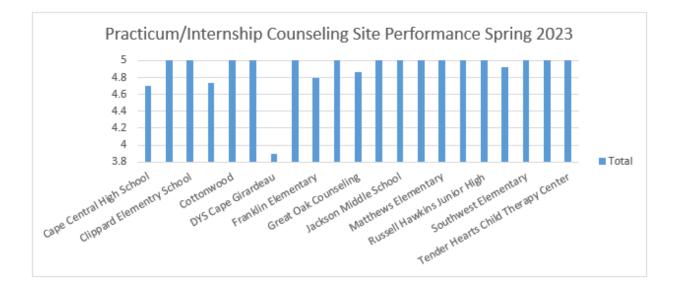
6. Currently we are trying to incorporate two new methods of assessment into this report specifically for the school counseling program. These are new performance exams and a new content exam, Pearson Counselor 056 which has replaced the Praxis exam in the state of Missouri for certification. The first performance exam was discontinued not long after implementation, and a new performance exam has been in multiple stages of development. Now both methods of assessment have stabilized, and we are trying to obtain this data from our new Associate Dean. That office has also had multiple changes and we are hoping to include this data in our next assessment report for 2021-2022. **Update:** We were able to attain both sets of data for the 20-21 report and they are Method of Assessment 7.

<u>Method of Assessment 1: Practicum/Internship Counseling Site Performance Scores Spring</u> <u>Fall 2022-Spring 2023</u>

				Fa	all 202	2 Site	Perfor	mance	e Score	es				
S#	Site Name	Average Score from Students												
		St. 1	St. 2	St. 3	St. 4	St. 5	St. 6	St. 7	St. 8	St. 9	St. 10	St. 11	St. 12	
1	SEMO Scully Training Clinic	5	4.9	4.4	4.9	4.8	4.1	4.9	4.9	4.9	5	4.5	5	4.775
2	Cape Central High School	5												5
3	Clippard Elementary School	5												5
4	Dexter High School	5												5
5	Jackson Jr. High School	5												5
6	New Madrid Middle School	5												5
7	Perry County Middle School	5												5



S #	Site Name		Average	Score fro	om Studen	its	Final Mean Score
		St. 1	St. 2	St. 3	St. 4	St. 5	
1	Cape Central High School	4.7					4.7
2	Cape Central Jr. High	5					5
3	Clippard Elementary School	5					5
4	Community Counseling Center	5	4.7	5	4	5	4.74
5	Cottonwood	5					5
6	Dexter High School	5					5
7	DYS Cape Girardeau	3.9					3.9
8	East Elementary	5					5
9	Franklin Elementary	4.8					4.8
10	Gibson Center for Behavioral Change	5	5				5
11	Great Oak Counseling	5	4.6	5			4.87
12	Jackson Jr. High School	5					5
13	Jackson Middle School	5					5
14	Matthews Elementary	5	5				5
15	Perryville Primary Center	5					5
16	Russell Hawkins Junior High	5					5
17	SEMO Scully Counseling Clinic	5	5	5	5	4.7	4.94
18	Southwest Elementary	5					5
19	Susanna Wesley Family Learning Center	5					5
20	Tender Hearts Child Therapy Center	5					5



Cape Central Jr. High

• I really liked this internship site. I kind of got a 3 for 1 deal. I got Mrs. Carter as my supervisor and I also got to learn from and consult the other counselor Mrs. Bright and the social worker Mrs. Thomas. It was a very supportive environment and the students who come down usually really need help and genuinely benefit from individual and group counseling. Anyone who is able to be flexible, open-minded, patient, and invested will do well here.

Clippard Elementary School

• I highly recommend this internship site for future placement. The staff is incredible. They care so much about their students and are willing to work with you on helping them. The kids are great and welcoming to new people. I feel like anyone who is able to be flexible, care about the kids, and be patient will do great here.

DYS Cape Girardeau

• Program needs attention in meeting needs of clients. Seemed to have an outdated philosophy on mental health for adolescent clients. Only offered groups.

Russel Hawkins Junior High

• The Junior High was a great place to learn. The other two school counselors are always more than happy to teach when I have questions. The staff and administration are very supportive of the counseling department and willing to teach a new school counselor.

<u>Method of Assessment 2: Practicum/Internship Supervisor Performance Scores</u> <u>Fall 2022-Spring 2023</u>

Supervisor			Α	verage	e Score	es fron	n stud	ents			Final
Name	St.1	St. 2	St. 3	St. 4	St. 5	St. 6	St. 7	St. 8	St. 9	St. 10	Mean Score
Supervisor 1	5	4									4.5
Supervisor 2	5										5
Supervisor 3	4.7										4.7
Supervisor 4	5	5									5
Supervisor 5	5										5
Supervisor 6	5										5
Supervisor 7	5										5
Supervisor 8	5										5
Supervisor 9	5										5
Supervisor 10	5										5
Supervisor 11	5										5
Supervisor 12	5	5	5	5	4.95	4.35	4.5	5	3.85	5	4.77
Supervisor 13	4.95										4.95
Supervisor 14	5										5
Supervisor 15	4.95										4.95
Supervisor 16	4.8										4.8
Supervisor 17	5										5
Supervisor 18	5										5
Supervisor 19	5										5
Supervisor 20	4.43										4.43
Supervisor 21	5										5
Supervisor 22	5										5
Supervisor 23	5										5
Supervisor 24	5										5
Supervisor 25	4.7								-		4.7



	Fall 2022 – Spring 2023 Performance Scores for Counseling University Supervisor										
S #	S# Supervisor Name Average Scores from Students								Final Mean Score		
		St.1	St. 2	St. 3	St. 4	St. 5	St.6	St. 7			
1	University Supervisor 1	4.5							4.5		
2	University Supervisor 2	5							5		
3	University Supervisor 3	5	5	5	5	5			5		
4	University Supervisor 4	5	3.8	4.9	5	4.8	4.9	5	4.65		



Fall 2022-Spring 2023 sample feedback from students regarding their site supervisor experiences:

Supervisor 1

- _____ and ____ both provided helpful feedback and encouragement throughout the semester.
- _____ gave me the support needed for professional development to strengthen the confidence needed to continue my education and career.
- _____ had great insight and was an integral part of my development and use of my theory of counseling. _____ helped me with becoming more effective with clients.

Supervisor 3

• I have loved working with ____ and the rest of the Dexter office. I have learned so much about the education system and what counseling looks like in the secondary education atmosphere.

Supervisor 6

• _____ is a great supervisor. She taught me a lot about school counseling and counseling in general. She is very supportive, gives great feedback, and has valuable information whenever I come up against something new with a client.

Supervisor 8

• Would often bring up religion (specifically God or Christianity) as reasoning or conversation with students who are struggling and expressed that she "does not typically follow CACREP guidelines." I did not feel that I was truly being supervised and was often not given a space to meet with students. I would consider other counselors to supervise in the future at this site.

Supervisor 10

• It's been a pleasure learning from ___. It's clear that she does everything that she can to make sure that each student that walks into her office feels heard and understood. I've learned a lot about what it means to be a school counselor from her. After being supervised by __ I feel more confident going into my career and while she builds bonds with her students, I feel like she takes the same approach with her supervisees, making for a wonderful learning environment.

Fall 2022-Spring 2023 sample feedback from students regarding their practicum supervisor experiences:

Supervisor 1

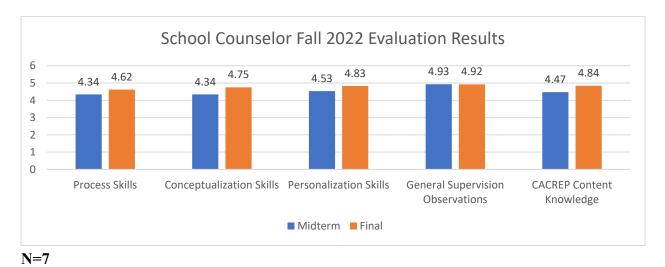
• Very constructive yet encouraging with feedback. Consider giving more time to watch tape and ask questions after, rather than talking throughout.

Supervisor 3

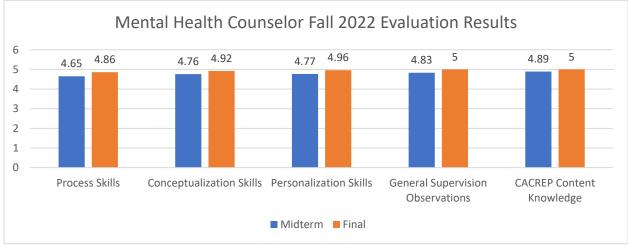
• ____ been an amazing support during my first semester as a counselor, and has been very helpful in my growth this semester.

Supervisor 4

- _____ is an excellent school counselor and supervisor. I've learned a lot from her and look forward to continuing to learn from her.
- has been an amazing resource for me and I've loved working with her!



Method of Assessment 3: Practicum/Internship Student Evaluations Fall 2022



N=12

Fall 2022 Midterm Comments

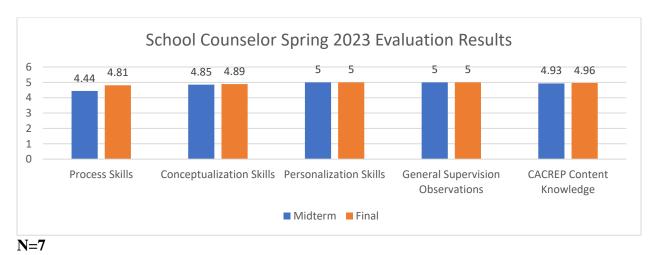
- _____is very genuine and open minded. She maintained a positive attitude towards the client at all times to show acceptance by respecting the client's feelings, values and personal experience. Verbal and non-verbal cues such as minimal interruptions (to allow client to speak), sitting alongside the client, direct eye contact, and open body position were all handled appropriately and helped ___ communicate to the client in a safe and effective way. ___ does an excellent job at drawing out information about the client's life situation or circumstances.
- _____ is aware of counseling techniques that empowers her clients. Areas that _____ may need more growth in the area of taking clients into deeper feelings.

- __has not attended supervision consistently. He is doing a good job at his indirect hours position and presents himself as professional and capable. His time management, supervision, and punctuality need to be improved in order to accrue the supervision hours he will need to pass practicum. __ is still developing his basic counseling skills and seems to be actively trying to advance his skills.
- _____ is doing a fantastic job. She connects well with the students and truly understands them for their age level. She is aware of family backgrounds, trauma, student disabilities, and the many other components that are important in counseling middle school aged students. She is supportive of the students, while challenging them to improve. It will be great to see her confidence in herself and her skills improve. She has a lot of great things to offer. Developing confidence to challenge the team and administrative team will be greatly beneficial. She is becoming more aware of her beliefs and the differing beliefs of students. She has already shown great growth in this area and continues to work towards bettering this skill. She is a great asset to our team.
- ____ has worked to continue to hone his counseling skills and apply them to counseling clients. ____ conveys warmth and acceptance with clients and provides a welcoming, affirming space for them. ____ uses his conceptual skills well. He will begin working on integrating theory toward the end of his practicum course.
- __has worked hard this semester to hone her counseling skills and apply them to counseling clients. She conveys warmth and acceptance with her clients and provides a welcoming, affirming space for them. __ uses her conceptual skills well. She will begin working on integrating theory toward the end of her practicum course.
- __has worked hard this semester to hone her counseling skills and apply them to counseling school students. She conveys warmth and acceptance with her students and provides a welcoming, affirming space for them. She will begin working on integrating theory toward the end of her practicum course.

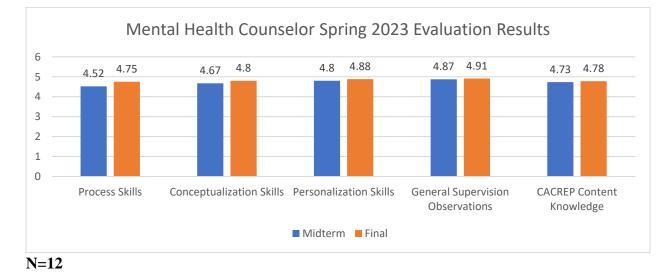
Fall 2022 Finals Comments

- _____ has worked diligently to hone her counseling skills and conceptual ability during practicum this semester. She is encouraging and affirming with her clients and promotes a genuine, warm, non judgmental relationship to facilitate the counseling process with each client. She will continue to work on developing her theoretical orientation during internship.
- ____ has worked to hone her counseling skills and conceptual ability during practicum this semester. She is encouraging with her counselees and promotes a positive, warm relationship to facilitate the counseling process with each of her students. She will continue to work on developing her theoretical orientation (CBT) during internship.

- ____ has grown so much over the semester. She has gained confidence in herself and the counseling skills she uses. She works so well with the students, and she is a vital member of our counseling team. She has taken all advice /criticisms and used it to make herself better. She is doing a fantastic job!
- _____ is wonderfully empathetic and displays consistent positive regard for all students. She shows a genuine concern for the students' welfare, and they recognize those feelings coming from her. _____ relates well to the students and they appreciate her. One area in which _____ will grow in when she has her own program could be time management. But I am confident that she will develop this skill as she grows in responsibilities. _____ is going to make a strong school counselor.
- _____ has developed basic as well as advanced helping skills, conceptual ability, and competence regarding appropriate interventions with counselees. She is a caring and dedicated professional. She relates well with her students.
 ____ will continue to develop her theoretical orientation (CBT) next semester. She is ready to move forward into internship.
- ____ has developed basic as well as advanced helping skills, conceptual ability, and competence regarding appropriate interventions with counselees. ____ provides a warm, caring space for students to process interpersonal and academic concerns. She will continue to develop her theoretical orientation next semester. She is ready to move forward into internship next semester. Excellent work in practicum!
- ____ has worked diligently to hone his counseling skills and conceptual ability during practicum this semester. He is encouraging and perceptive with his clients and promotes a genuine, warm, nonjudgmental relationship to facilitate the counseling process with each client. ___ will continue to work on developing his theoretical orientation during internship.



Method of Assessment 3: Practicum/Internship Student Evaluations Spring 2023



Spring 2023 Midterm Comments

- _____has not been seeing clients for very long at this point, no deficiencies denoted however, student has not had time to develop core strengths that I would consider exceptional/exceeding at this point. Not because student has done anything to prevent this, but because timing and rollout of EHR software held student back for at least two weeks, so internship supervisor has not had adequate time to gauge student performance routinely based off of multiple visits by same client to student. The most students have been able to see the same client is two times at this point. After the third session, this is when the actual therapy starts, appointments 1-3 are typically information gathering, treatment planning, and comprehensive assessment.
- _____ is perceptive and nonjudgmental with clients. _____ creates pathways for clients to learn and grow. She has been a pleasure to have as an intern.
- _____is very caring and genuine with her clients, and is receptive to constructive criticism to improve her skills and interaction with her clients. _____ does have difficulty being comfortable with

confronting clients regarding incongruence and behaviors she observes during the session. She also has difficulty maintaining control of the session or setting boundaries when a client wants to "take over" the session, or winding down the session and stopping on time with a client who wants to continue talking. ____ has improved her ability to be more concise with the client's presenting issue and with the interventions she is using with the client. I believe ___ is passionate about helping others and will continue to grow and improve as a counselor.

- _____ does well with communicating with site supervisor when there are questions or concerns with care coordination. _____ has also been flexible and willing to learn/assist in other programs within CCC to broaden her experience during internship. ____ would benefit from becoming more familiar with community resources and how to access outside resources for referrals when applicable for client care coordination.
- _____ shows exceptional ability to have an understanding of how a youth's history has an impact on their current choices and behaviors. _____appears relaxed when he is facilitating a group with the youth. This helps the youth to be relaxed with Jeff and more likely to discuss their struggles. ______ is eager to learn how treatment is done within the Division of Youth Services system and he asks me many questions in order for him to learn more. ______ has not worked with teenagers in a setting such as DYS prior to this practicum. However, ______ is learning how best to facilitate groups and provide content for the group setting.
- _____ consistently demonstrates the qualities of a prepared and invested school counselor.

Spring 2023 Final Comments

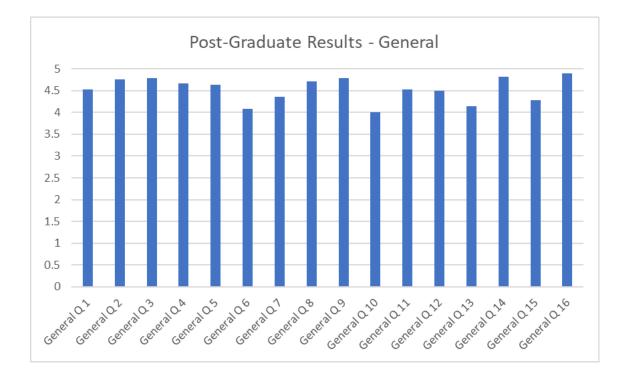
- While _____ was not required to write out specific goals/strategies for the groups he facilitated, he completed the process of asking the groups what they would like to work on and how they would like to accomplish their goals in a group setting. ______ consistently asked group members for feedback while working with them. _____ has been conscientious of values of group members and respecting their values. ______ was reliable and timely in being ready for facilitating groups. _______ spent time with me discussing various theories and what best fits working with the youth. He has also been very mindful of the impact of trauma that many of the youth has experienced.
- _____ does a great job of communicating with tx team members. She is always willing to lend a hand when needed and is eager to learn more in areas she struggles in. ____ would benefit from learning more of the resources in the area to share with clients and continue to increase her knowledge of SUD treatment.
- ____ continues to do well at taking time to self-reflect on his sessions and look for room for improvements independently. ____ communicates openly about concerns or questions he has in his caseload and client's treatment. ____ is punctual and has attended his internship each day as expected. ____ struggles at time to recognize his own strengths, and bring this into the sessions. _____ has also expressed wanting to improve his ability to take his counseling theory and applying to the counseling with the younger kid demographics.
- _____ is a genuine person who truly cares about her clients welfare and growth, and enjoys being a counselor. However, _____ struggles with setting boundaries with clients who are late (as in up to 30 minutes) to their appointment with regard to cancelling and rescheduling the session. She also

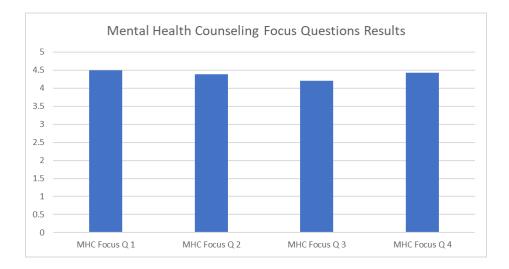
struggles with setting boundaries with regard to wrapping up and ending the session at 50 minutes, sometimes going over by 20 or 30 minutes beyond. This has improved somewhat with reminders, but I believe it is something she will continue to have an issue with on a moderate level. _____ is very thorough and timely with her session notes, as well as matching her interventions with the client goals, but sometimes needs to be reminded to ensure she sets at least two goals per client.

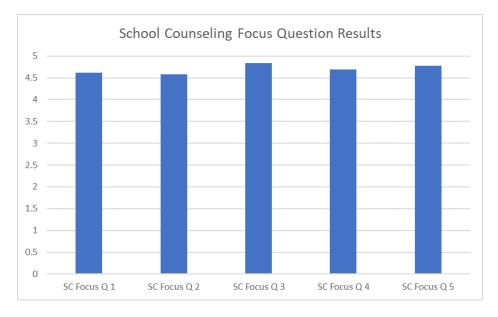
<u>Method of Assessment 4: Counseling Program – Post Graduate Survey Results Fall 2019-</u> <u>Spring 2023</u>

General Questions	Fall 2019 – Spring 2023 Average Scores N= 27
1. In the Counseling Program at Southeast Missouri State University I gained a basic understanding of what my roles of a counselor will entail.	4.53
2. I have knowledge of the basic foundational theories of counseling.	4.75
3. I have begun to establish my own personal theory of counseling.	4.78
4. I understand certain limitations within myself and feel comfortable referring clients.	4.66
5. I am confident in my abilities to demonstrate effective counseling skills.	4.64
6. I am confident in my ability to plan, implement, and facilitate a group counseling program.	4.08
7. I am knowledgeable about lifespan development.	4.35
8. I am committed to learning and understanding cultures different from my own.	4.71
9. I recognize that I may have prejudices and biases towards specific cultural orientations that may lead me to refer clients.	4.79
10. I possess the skills necessary to provide career counseling.	4.01
11. I am capable of evaluating the needs of my clients.	4.53
12. I am confident in my ability to gather and understand current research.	4.49
13. I am confident in my ability to conduct a research project.	4.14
14. I am confident in my ability to operate within the ACA code of ethics.	4.82
15. I am capable of implementing appropriate micro and macro level crisis intervention strategies.	4.28
16. I am confident in my ability to work collaboratively with other mental health professionals in an interdisciplinary environment.	4.89

Degree/ Focus Related Questions								
	1. My practicum and internship experiences adequately prepared me for my work in a mental health counseling setting.	4.49						
Mental Health Counseling Program Graduates	2. I am knowledgeable about various community agencies and the services that they provide.	4.39						
N=17	3. I am confident in my ability to diagnose and treat clients.	4.20						
	4. I am confident in my ability to understand systems theory and its impact on overall mental health.	4.42						
	1. My practicum and internship experiences adequately prepared me for my role as a school counselor.	4.62						
School Counseling	2. I have an understanding of the importance of the Comprehensive Counseling Program in order to increase the capacity of the learning environment.	4.58						
Program Graduates N=10	3. I am confident in my ability to identify the prominent issues that affect schools and students.	4.84						
	4. I am capable of understanding and implementing the Comprehensive Counseling Program.	4.69						
	5. I am confident in my ability to provide services that have a positive impact on P-12 student achievement.	4.77						







Comments

Program Graduates

- We need more practice with the 504 and IEP processes. I also recommend spreading internship out between fall and spring and having practicum a semester earlier.
- While I do feel academically prepared to be a counselor, the program itself lacked supports for students. There was poor communication on department level items, and this caused unnecessary stress on all students within the program. Additionally, our mental health was only recognized as valid by some of the professors. There were a select few who truly didn't seem to care about our emotions or how their words came across. I feel there is a huge disconnect between what is being TAUGHT to graduate students and what is being IMPLEMENTED to them.

• I feel confident and continue to feel supported by the faculty post-graduation.

Analysis

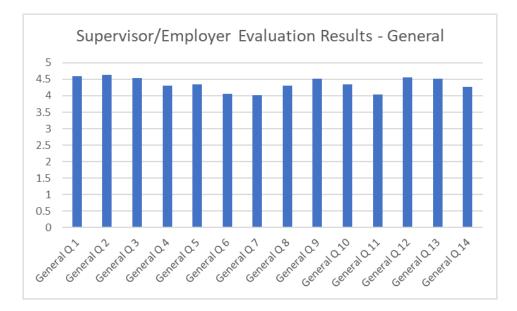
Overall, post-graduates indicated through their survey responses that they were well prepared as a result of completing their program area.

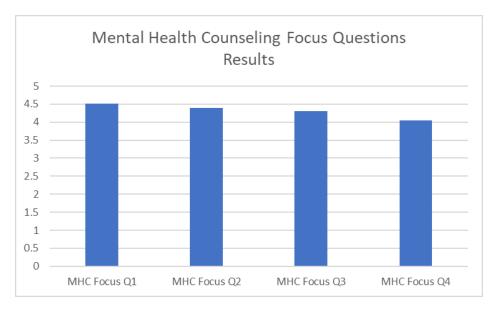
The individual comments above indicated the need for more practice with 504 and IEP protocol, although it should be noted that 504 and IEP protocol is not an indicated part of the school counseling program curriculum.

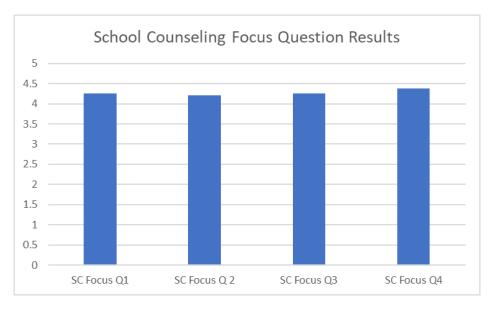
There were also individual comments directed toward attention needed on focusing on communication at the department level, student need, and attention to promoting student wellness and mental health, overall.

	General Questions	Fall 2019 - Spring 2023 Mean Scores N= 23					
1. Has a basic unders	tanding of the duties of a counselor.	4.6					
2. Has knowledge of	the basic foundational theories of counseling.	4.63					
3. Has established an	integrated personal theory of counseling.	4.54					
4. Has an understand	4.31						
5. Has demonstrated	effective counseling skills.	4.35					
6. Has demonstrated program.	ability to plan and implement a group counseling	4.06					
	abilities to facilitate group counseling.	4.01					
developmental theory	8. Has applicable knowledge on human lifespan development and						
9. Has demonstrated issues.	4.52						
10. Has shown recog	4.34						
11. Has demonstrated	4.04						
12. Has demonstrated	4.55						
13. Has demonstrated	4.52						
14. Has demonstrated	4.26						
	Degree/Focus Related Questions						
	1. Has demonstrated adequate preparation for work in a mental health counseling setting.	4.52					
Mental Health Counseling	2. Has demonstrated knowledge of various community agencies and the services provided.	4.39					
Program Graduates	3. Has demonstrated ability to diagnose and treat clients.	4.31					
	4. Has demonstrated ability to work in an interdisciplinary environment.	4.04					
	1. Has demonstrated adequate preparation for role as a school counselor.	4.25					
School Counseling Program	2. Has understanding of the importance of consulting in order to increase the capacity of the learning environment.	4.21					
Graduates	3. Has demonstrated a current knowledge of prominent issues that affect schools and students.	4.25					
	4. Has demonstrated understanding of the Comprehensive Guidance Program.	4.38					

Method of Assessment 5: Supervisor/Employer Evaluation Results Fall 2019-Spring 2023







Additional Comments

- While I supervised counselors-in-training in a university career center, they were studying mental health counseling, school counseling, and career counseling depending upon their own career goals as practitioners. All of these students were in Graduate Assistantships while going through their programs, or recent graduates in full or part-time positions as career counselors.
- Overall students are prepared for the counseling field, although some struggle to establish and maintain a balance between work and life. Normalizing self-care is an idea that needs to be stressed to the students. The students have provided services in an ethical manner and are open to creative feedback and criticism.
- She does a wonderful job!
- I supervise _____ and she came out of the SEMO program ready to see clients, diagnose, complete intakes, and develop treatment plans. _____ possessed confidence in her ability, knowledge of various counseling techniques, and meets the client where they are. She is knowledgeable of handling crisis and utilizes various online resources. SEMO greatly prepared her for her role as PLPC.

Analysis

Overall, supervisor/employers indicated that program graduates were well prepared as a result of completing their program area. There was one area of concern listed above regarding establishing a balance between work and self-care.

Core Area – 2019-2020	Mean				Mean			
National Comp.	Fall (2019)	National	Mean Diff.	Stand. Dev.	Spring (2020)	National	Mean Diff.	Stand. Dev.
N=	2	1019			25	1614		
Human Growth & Development	14.0	11.5	2.5	4.2	10.1	11.1	-1.0	2.2
Social & Cultural Diversity	11.5	9.7	1.8	2.1	10.8	10.4	0.4	1.8
Helping Relationships	9.0	9.1	-0.1	1.4	11.6	11.1	0.5	1.8
Group Work	12.5	11.0	1.5	3.5	12.0	10.5	1.5	2.3
Career Development	11.0	10.0	1.0	1.4	10.2	10.7	-0.5	2.5
Assessment	10.5	8.7	1.8	0.7	10.0	10.3	-0.3	1.0
Research & Program Evaluation	9.0	9.5	-0.5	0.0	8.6	8.7	-0.1	2.6
Professional Orientation& Ethical Practice	13.5	10.6	2.9	0.7	12.4	12.2	0.2	2.1
Total	91.0	80.1	10.9	5.7	85.8	84.7	1.1	10.0

Method of Assessment 6: Counselor Preparation Comprehensive Examination (CPCE)

Core Area – 2020-2021	Mean				Mean			
National Comp.	Fall (2020)	National	Mean Diff.	Stand. Dev.	Spring (2021)	National	Mean Diff.	Stand. Dev.
N=	2	852			27	1077		
Human Growth & Development	12.0	10.6	1.4	N/A	9.1	9.1	0	2.2
Social & Cultural Diversity	7.5	9.3	-1.8	N/A	9.7	9.4	0.3	2.0
Helping Relationships	11.0	10.5	0.5	N/A	10.7	9.9	0.8	2.4
Group Work	13.5	12.0	1.5	N/A	12.6	11.8	0.8	1.8
Career Development	11.5	10.2	1.3	N/A	11.4	10.9	0.5	2.1
Assessment	9.5	9.6	-0.1	N/A	9.6	9.4	0.2	2.4
Research & Program Evaluation	7.5	9.9	-2.4	N/A	10.1	10.7	-0.6	2.8
Professional Orientation& Ethical Practice	13.0	10.3	2.7	N/A	13.6	13.2	0.4	1.8
Total	85.5	82.0	3.5	N/A	86.7	84.4	2.3	13

Core Area – 2021-2022	Mean			
National Comp.	Spring (2022)	National	Mean Diff.	Stand. Dev.
N=	17	1,551		
Human Growth & Development	10.2	10.3	-0.1	2.4
Social & Cultural Diversity	9.3	10.2	-0.9	2.5
Helping Relationships	12.5	11.8	0.7	2.9
Group Work	12.6	11.7	0.9	2.6
Career Development	11.7	11.2	0.5	2.6
Assessment	9.5	9.1	0.4	2.5
Research & Program Evaluation	11.9	11.4	0.5	2.8
Professional Orientation& Ethical	12.7	12.2	0.5	2.1
Practice				
Total	90.4	87.9	2.5	15.1

Core Area – 2022-2023	Mean			
National Comp.	Spring (2023)	National	Mean Diff.	Stand. Dev.
N=	21	1,437		
Human Growth & Development	9.9	10.3	-0.4	2.6
Social & Cultural Diversity	9.7	9.8	-0.1	2.7
Helping Relationships	10.5	9.6	0.9	2.7
Group Work	11.7	11.4	0.3	2.8
Career Development	10.3	10.1	0.2	2.4
Assessment	9.3	9.6	-0.3	2.6
Research & Program Evaluation	12.0	11.2	0.8	3.0
Professional Orientation& Ethical Practice	11.0	10.9	0.1	2.3
Total	84.4	82.9	1.5	16.3

Analysis:

The scores indicate overall that students in our counseling programs are knowledgeable in all of the CACREP core areas.

Method of Assessment 7: Praxis II and MOCA

MOCA					
	Attempted	Passed	% Passed		
Summer 2015	3	3	100%		
Fall 2015	1	1	100%		
Spring 2016	9	8	89%		
Summer 2016	4	3	75%		
Fall 2016	4	4	100%		
Spring 2017	0	0	n/a		
Summer 2017	4	4	100%		
Fall 2017	1	1	100%		
Spring 2018	9	7	78%		
Summer 2018	3	3	100%		
Fall 2017	1	1	100%		
Spring 2018	9	7	78%		
Summer 2018	3	3	100%		
Fall 2018	4	4	100%		
Spring 2019	1	1	100%		
Summer 2019	6	6	100%		
Fall 2019	1	1	100%		
Spring 2020	1	0	0%		
Summer 2020	7	2	29%		
Fall 2020	4	1	25%		
Spring 2021	3	2	67%		
Summer 2021	11	9	82%		
Fall 2021	1	1	100%		
Spring 2022	3	3	100%		
Fall 2022	3	2	67%		
Spring 2023	2	2	100%		
Summer 2023	1	1	100%		

<u>MOCA</u>

Year		Attempted	Passed	Pass Rate
2022-2023	April	17	13	76%
	October	1	1	100%
	Total	18	14	78%
2021-2022	April	8	8	100%
	October	0	0	n/a
	Total	8	8	100%
2020-2021	April	27	24	89%
	October	3	3	100%
	Total	30	27	90%
2019-2020	April	23	21	91%
	October	2	2	100%
	Total	25	23	92%
2018-2019	April	2(MH)	2(MH)	100%
		3(SC)	3(SC)	100%
	October	3(MH)	3(MH)	100%
	Total	8	8	100%
2017-2018	April	5(MH)	5(MH)	100%
		6(SC)	5(SC)	83%
	October			
	Total	11	10	92%
2016-2017	April	7(MH)	5 (MH)	71%
		1 (SC)	1 (SC)	100%
	October	6 (MH)	6 (MH)	100%
		2 (SC)	1(SC)	50%
	Total	16	13	81%
2015-2016	April	5 (MH)	5 (MH)	100%
		5 (SC)	4 (SC)	80%
	October	2 (MH)	2 (MH)	100%
	Total	12	11	92%

Method of Assessment 8: National Counselor Exam (NCE)

Analysis:

The NCE is a nationally normed exam that students are required to take and pass in order to be recommended for counselor licensure in the state of Missouri (and across the nation). Over the last several academic years, students have performed well on the NCE, which indicates knowledge competency in the core CACREP areas. For the current reporting year, students' pass rate was 100%.

Graduation	15-16	16-17	17-18	18-19	19-20	20-21	21-22	22-23
Students that took and passed the CPCE	25	16	12	15	26	27	13	21
Students that graduated with an MA in School Counseling	18	8	10	4	12	15	6	9
Students that graduated with MA in Mental Health	7	13	8	2	14	12	7	13

Method of Assessment 9: Program Completers

Analysis:

While more students passed the CPCE, program completers have declined slightly during the last academic year. Many of the 18/19 mental health counseling cohort elected to complete the program in 3 years rather than two and thus program completers are expected to increase in the 19/20 cycle. There is no longer a career counseling tract being offered, explaining the lack of career counseling master's program completers.

Method of Assessment 10: Recommendation for Certification/Licensure

Number	15-16	16-17	17-18	18-19	19-20	20-21	21-22	22-23
Recommended								
National Certified	11	13	5	6	28	5	8	14
Counselor (NCC)								
Provisional School	4	2	4	6	6	4	9	8
Counselor								
School Counselor	15	12	4	12	12	23	21	4
Provisional	4	0	2	3	0	1	5	4
Psychological								
Examiner								
Psychological	7	8	5	7	9	7	8	8
Examiner								

Analysis:

Faculty make appropriate endorsements for Certification and Licensure based on meeting national and state requirements (state and national content exams, performance exams, and successful completion of course requirements through degree completion).

Method of Assessment 11: Counseling Dispositions

Scoring guide:

- 5 Highly developed: helpful, well-timed, and consistent.
- 4 Well developed; helpful, well-timed when performed, not consistently smooth.
- 3 Developing skill: somewhat helpful, many missed opportunities to be effective.
- 2 Continued practice needed; Not very helpful or well-timed, and/or not very effective.
- 1 Major adjustments needed; not at all helpful or well timed, potentially harmful or unethical.

Dispositions Assessment Mean Scores					
Fall 2022 Midterm		Fall 2022 Final			
1. Genuineness	4.68	1. Genuineness	4.97		
2. Congruence	4.51	2. Congruence	4.95		
3. Non-judgmental Respect	4.79	3. Non-judgmental Respect	4.95		
4. Emotional Awareness	4.49	4. Emotional Awareness	4.84		
5. Ethical Understanding	4.78	5. Ethical Understanding	4.95		
6. Concreteness	4.73	6. Concreteness	4.95		
7. Empathy	4.73	7. Empathy	4.95		
Spring 2023 Midterm		Spring 2023 Final			
1. Genuineness	4.75	1. Genuineness	4.94		
2. Congruence	4.78	2. Congruence	4.94		
3. Non-judgmental Respect	4.83	3. Non-judgmental Respect	4.94		
4. Emotional Awareness	4.78	4. Emotional Awareness	4.87		
5. Ethical Understanding	4.86	5. Ethical Understanding	4.94		
6. Concreteness	4.67	6. Concreteness	4.87		
7. Empathy	4.81	7. Empathy	4.94		
Fall 2021 Midterm		Fall 2021 Final			
1. Genuineness	4.53	1. Genuineness	4.97		
2. Congruence	4.26	2. Congruence	4.83		
3. Non-judgmental Respect	4.53	3. Non-judgmental Respect	4.90		
4. Emotional Awareness	4.21	4. Emotional Awareness	4.76		
5. Ethical Understanding	4.58	5. Ethical Understanding	4.86		
6. Concreteness	4.37	6. Concreteness	4.86		
7. Empathy	4.58	7. Empathy	4.97		
Spring 2022 Midterm		Spring 2022 Final			
1. Genuineness	4.91	1. Genuineness	4.79		
2. Congruence	4.83	2. Congruence	4.71		
3. Non-judgmental Respect	4.78	3. Non-judgmental Respect	4.71		
4. Emotional Awareness	4.83	4. Emotional Awareness	4.64		

5. Ethical Understanding	4.87	5. Ethical Understanding	4.79
6. Concreteness	4.78	6. Concreteness	4.61
7. Empathy	4.83	7. Empathy	4.75
Fall 2020 Midterm		Fall 2020 Final	
1. Genuineness	4.68	1. Genuineness	4.96
2. Congruence	4.44	2. Congruence	4.83
3. Non-judgmental Respect	4.81	3. Non-judgmental Respect	4.96
4. Emotional Awareness	4.32	4. Emotional Awareness	4.80
5. Ethical Understanding	4.69	5. Ethical Understanding	4.89
6. Concreteness	4.47	6. Concreteness	4.78
7. Empathy	4.69	7. Empathy	4.96
Spring 2021 Midterm		Spring 2021 Final	
1. Genuineness	4.77	1. Genuineness	4.89
2. Congruence	4.77	2. Congruence	4.85
3. Non-judgmental Respect	4.74	3. Non-judgmental Respect	4.93
4. Emotional Awareness	4.69	4. Emotional Awareness	4.85
5. Ethical Understanding	4.83	5. Ethical Understanding	4.89
6. Concreteness	4.71	6. Concreteness	4.85
7. Empathy	4.77	7. Empathy	4.89
Fall 2019 Midterm		Fall 2019 Final	
1. Genuineness	4.55	1. Genuineness	4.94
2. Congruence	4.22	2. Congruence	4.57
3. Non-judgmental Respect	4.67	3. Non-judgmental Respect	4.86
4. Emotional Awareness	4.12	4. Emotional Awareness	4.63
5. Ethical Understanding	4.73	5. Ethical Understanding	4.94
6. Concreteness	4.18	6. Concreteness	4.74
7. Empathy	4.45	7. Empathy	4.94
Spring 2020 Midterm		Spring 2020 Final	
1. Genuineness	5.00	1. Genuineness	4.80
2. Congruence	4.00	2. Congruence	4.50
3. Non-judgmental Respect	5.00	3. Non-judgmental Respect	4.70
4. Emotional Awareness	n/a	4. Emotional Awareness	4.00
5. Ethical Understanding	5.00	5. Ethical Understanding	4.70
6. Concreteness	4.00	6. Concreteness	4.40
7. Empathy	5.00	7. Empathy	4.90

Fall 2018 Midterm		Fall 2018 Final	
1. Genuineness	4.74	1. Genuineness	4.80
2. Congruence	4.55	2. Congruence	4.75
3. Non-judgmental Respect	4.84	3. Non-judgmental Respect	4.90
4. Emotional Awareness	4.55	4. Emotional Awareness	4.65
5. Ethical Understanding	4.84	5. Ethical Understanding	4.90
6. Concreteness	4.58	6. Concreteness	4.75
7. Empathy	4.84	7. Empathy	4.85
Spring 2019 Midterm		Spring 2019 Final	
1. Genuineness	4.63	1. Genuineness	4.32
2. Congruence	4.50	2. Congruence	4.23
3. Non-judgmental Respect	4.78	3. Non-judgmental Respect	4.45
4. Emotional Awareness	4.53	4. Emotional Awareness	4.27
5. Ethical Understanding	4.69	5. Ethical Understanding	4.50
6. Concreteness	4.39	6. Concreteness	4.09
7. Empathy	4.69	7. Empathy	4.50

Analysis:

Students scored high on Dispositions during Practicum and Internship semesters with all scores between 4 and 5 respectively.

Year	Attempted	Passed	Pass Rate
Spring 2014	9	9	100%
Fall 2014	11	11	100%
Spring 2015	10	10	100%
Fall 2015	2	2	100%
Spring 2016	25	25	100%
Fall 2016	12	12	100%
Spring 2017	9	9	100%
Fall 2018	4	4	100%
Spring 2019	12	12	100%
Fall 2019	2	2	100%
Spring 2020	22	22	100%
Fall 2020	3	3	100%
Spring 2021	25	25	100%
Fall 2021	0	0	n/a
Spring 2022	13	13	100%
Fall 2022	1	1	100%
Spring 2023	22	22	100%
Total	146	146	100%

Method of Assessment 12: Portfolio and Oral Defense

Analysis:

Historically students have done well when they reach the culmination of their program. The Portfolio and Oral Defense is an opportunity for students to demonstrate their overall knowledge and skill integration with their clients through presenting a clinical tape that represents their counseling theory, a written transcript of the sessions (verbatim), and their theory position paper.

Faculty to Student Ratios by Term	Full-Time Faculty FTE (12 cr) 9 Sum	Full-Time Student (12 cr) 9 Sum	Faculty/Student – 1 to X
Spring 2016	4.5	42.25	9.39
Summer 2016	4.25	40.6	9.55
Fall 2016	4.25	42.5	10
Spring 2017	4.5	40.75	9.05
Summer 2017	3.34	34.3	10.27
Fall 2017	4.25	35.5	8.35
Spring 2018	4.25	41	9.65
Summer 2018	3.34	36	10.77
Fall 2018	3.75	37.75	10.06
Spring 2019	3.75	41.24	11.00
Summer 2019	3.31	38.66	11.67
Fall 2019	3.75	41.5	11.06
Spring 2020	4	49.5	12.38
Summer 2020	3.33	41	12.31
Fall 2020	4.25	47.75	11.23
Spring 2021	4.5	49	10.88
Summer 2021	3.66	40.33	11.02
Fall 2021	3.75	41	10.93
Spring 2022	4.25	37.5	8.82
Summer 2022	3.66	43	11.75
Fall 2022	4.25	41.5	9.76
Spring 2023	4	42.25	10.56
Summer 2023	3.66	38.33	10.47

Method of Assessment 13: Faculty to Student Ratios

Analysis:

Under the 2009 CACREP standards it is required that counseling programs Faculty to Student Ratios do not exceed 1 to 10. Therefore, the Faculty to student ratios will be monitored to verify adherence to national standards. (CACREP Standard reads: I.N. Institutional data reflect that the ratio of full-time equivalent (FTE) students to FTE faculty should not exceed 10:1.)

The FTE student faculty ratio was calculated by determining the overall credit hours generated by students and the full-time faculty represented. For example, the FTE calculated in the fall of 2016 was 10:1. The calculation to determine the ratio:

Total number of students enrolled in counseling courses for summer of 2016: 170*3(credit hours) 12=42.5/4.25 (Full-time faculty) =10:1.

Currently, our program has shifted our curriculum to the 2016 CACREP standards where the maintenance of FTE has moved from 10:1 to 12:1.