

PHYSICAL EDUCATION (K-12)

Bachelor of Science in Education (BSED)

This is a guide based on the 2026-2027 Undergraduate Catalog and is subject to change. The time it takes to earn a degree will vary based on several factors such as dual enrollment, remediation, and summer enrollment. Students will meet with an academic advisor each semester and use Degree Works to monitor their individual progress

CURRICULUM CHECKLIST

Education Courses- 36 hours required

A grade of 'C' or better is required in education courses.

- EF400 Student Teaching Seminar (1)
- EX390 Psychology and Education of Children with Exceptionalities (3)
- PY222 Psychological Development in Adolescence (3)**
- SE321 Techniques of Teaching Physical Education (3)
- SE502 Content Literacy Methods for Middle & High School (3)
- SE550 Pedagogy 1: Principles of Effective Teaching in Middle & Secondary (3)
- SE551 Field Experience I (3)
- SE553 Pedagogy 2: Secondary School – Interdisciplinary Methods & Technologies (3)
- SE380 Advanced Field Experience (3)
- SE385 Pedagogy 3: Advanced Methods of Middle and Secondary Teaching (3)
- SE570 Student Teaching Internship (8)

Physical Education – 49 hour major - No minor required

Required Courses:

- AT130 Dance for Aerobic Fitness (1)
- BS113/014 Anatomy & Physiology I and lab (4)**
- HL120 Health Perspectives (3)
- PE201 Sport & Society (3)
- PE216 Theory & Practice of Team Sports (3)
- PE217 Theory and Practice of Individual/Dual Lifetime Activities (3)
- PE220 First Aid (2)
- PE235 Psychology of Coaching & Human Performance (3)
- PE238 Foundations, History and Philosophy of Physical Education (3)
- PE239 Teaching Children Physical Education (3)**
- PE240 Rhythm, Plays & Games (3)
- PE305 Motor Development & Learning (3)
- PE310 Assessment for Physical Educators (3)
- PE315 Curriculum Design in Physical Education (3)
- PE341 Physiology of Conditioning (3)
- PE408 Physical Education for Individuals with Disabilities (3)
- PE464 Kinesiology (3)

General Education Requirements – some requirements may be fulfilled by coursework in major program

- Social and Behavioral Sciences – 6 hours
- Constitution Requirement – 3 hours
- Written Communication – 6 hours
- Oral Communication – 3 hours
- Natural Sciences – 7 hours (from two disciplines, one to include a lab)
- Mathematics – 3 hours
- Humanities & Fine Arts – 9 hours (from at least two disciplines)
- Additional requirements – 5 hours (to include UI100 for native students)
- Civics examination

Note: Students have the option of adding another area of concentration or a minor to this degree.



Association for Advancing
Quality in Educator Preparation



SAMPLE FOUR-YEAR PLAN

	Fall Semester		Spring Semester	
	Course #	Hrs	Course #	Hrs
FIRST YEAR	UI100	1	PE217	3
	EN100	3	PE238	3
	PE201	3	General Education	3
	PE216	3	General Education	3
	General Education	3	PE220	2
	General Education	3	General Education	1
	Total	16	Total	15
SECOND YEAR	AT130	1	BS113/013	4
	HL120	3	PE235	3
	PE239	3	PE315	3
	PE240	3	General Education	3
	PY222	3	General Education	3
	General Education	3		
	Total	16	Total	16
Milestone: Admission to the Teacher Preparation Program				
THIRD YEAR	EX390	3	PE310	3
	PE305	3	PE341	3
	SE550	3	PE408	3
	General Education	3	SE551	3
	SE502	3	SE553	3
	Total	15	Total	15
Milestone: Maintain a 3.0 GPA in content courses and in professional education courses.				
FOURTH YEAR	PE464	3	EF400	1
	SE321	3	SE570	8
	SE380	3	General Education	3
	SE385	3		
	General Education	3		
	Total	15	Total	12
Milestone: Passing score on MO state assessment, passing score on MEES, 3.0 GPA in content courses and in professional education courses.				

A "Milestone" signifies a significant stage for a student in the completion of a degree.

Degree requirements for all students: a minimum of 120 credit hours, completion of the General Education program, and completion of 39 senior division hours (300-599). Refer to the Undergraduate Catalog or Degree Works for additional graduation requirements for your program.

NOTE: This program meets the educational requirements for professional licensure and/or certification in Missouri. Please consult our State Authorization webpage, to determine information specific to your state: <https://app.semo.edu/genl/distancelearningcompliance/DisLearnComp.aspx>

Revised
8/12/2026

DEGREE MAP 2026-2027



SOUTHEAST MISSOURI
STATE UNIVERSITY · 1873

Center for Academic Advising | semo.edu/advising
Office of Admissions | (573) 651-2590 | admissions@semo.edu

COLLEGE OF EDUCATION, HEALTH AND HUMAN STUDIES

PHYSICAL EDUCATION (K-12)

Bachelor of Science in Education (BSED)

ADMISSION TO THE TEACHER PREPARATION PROGRAM

To be eligible for enrollment in the majority of courses offered by the Teacher Preparation Program and required for a teaching degree (BSE, BSFCSE, BME), students must be admitted to the Teacher Preparation Program (TPP). Applications can be found at <https://semo.edu/colleges-departments/education-health/educator-preparation/admission.html>. Students should apply for admission to the TPP upon having met the following entrance criteria:

1. 42 hours of coursework completed.
2. Have a GPA of 2.5 or higher.
3. The following course requirements met:
 - a. A minimum grade of 'C' in CF/PY120 The Child (Elementary, Early, and Exceptional) or PY222 Development of the Adolescent (Middle and Secondary)
 - b. A minimum grade of 'B' in ED280 Introduction to Education as a Profession or ME222 Principles of Teaching Music.
4. International students must also have a minimum IELTS score of 7.0, TOEFL score of 95, PTE score of 64, or Duolingo score of 125. This requirement is for non-United States citizens who are not native English speakers. Students from countries where English is known to be the official language of education are exempt from English proficiency verification.

RETENTION IN THE TEACHER PREPARATION PROGRAM

After admission, students must continue to meet the following requirements for retention in the TPP:

1. Demonstrate continued eligibility for interaction with schoolchildren by completing an MSHP/FBI background check through the use of the MSHP/FBI background check system. (A current background check is required for participation in all field and clinical experiences.);
2. Pass all professional education courses with a minimum grade of 'C.' A minimum grade of 'C' must be obtained in all prerequisite courses before a student can be enrolled in subsequent coursework.
3. Demonstrate behavior appropriate for teaching professionals. Appeals related to removal from the TPP can be found at <https://semo.edu/colleges-departments/education-health/educator-preparation/admission.html>

GRADUATION REQUIREMENT

1. A 3.0 GPA in pedagogy coursework is required for all Education majors.
2. A 2.5 GPA in content coursework is required for all middle school, secondary, and K-12 programs except Exceptional Child K-12, Music K-12 and Social Studies 9-12, which require a 3.0 GPA in content coursework.

TEACHER CERTIFICATION

Upon completion of Southeast's Teacher Preparation Program an individual is eligible to be recommended for a Missouri Teaching Certificate if the student has the following:

1. A final 3.0 GPA in pedagogy coursework is required for all Education majors. A final 2.5 GPA in content coursework is required for all middle school, secondary, and K-12 programs (excluding Exceptional Child K-12).
2. A passing score on the appropriate licensure exam(s) as required by the Missouri Department of Elementary and Secondary Education;
3. A passing score on the Teacher Candidate Instrument of the Missouri Educator Evaluation System;
4. MSHP/FBI background clearance from no earlier than one year prior to the date of the application for certification.

ADDITIONAL NOTES: Regardless of printed program requirements, any changes or additions mandated by the State of Missouri will become effective on the date cited by the regulations.

Students transferring into education programs should be aware of the need to be eligible for admission to the teacher preparation program immediately upon transfer. They should contact the Candidate Status and Certification Officer well in advance of the time of transfer.

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8/12/2026

DEGREE MAP

2026-2027