

**CHILD & FAMILY STUDIES: FAMILY STUDIES OPTION**

online

**Bachelor of Science (BS)**

This is a guide based on the 2025-2026 Undergraduate Bulletin and is subject to change. The time it takes to earn a degree will vary based on several factors such as dual enrollment, remediation, and summer enrollment. Students will meet with an academic advisor each semester and use Degree Works to monitor their individual progress.

**CURRICULUM CHECKLIST****54 hour major – minor required**

Required core courses:

- \_\_\_ CF102 Relationships in the 21<sup>st</sup> Century (3)
- \_\_\_ CF120 Foundations of Child Development (3)
- \_\_\_ CF209 Introduction to Family Theories (3)
- \_\_\_ CF220 Young & Middle Adulthood (3)
- \_\_\_ CF410 Culture, Ethnicity and the Child (3)
- \_\_\_ CF430 Parent-Child Interactions (3)
- \_\_\_ CF520 Professional Ethics & Practice (3)
- \_\_\_ ED535 The Trauma Informed Professional (3)
- \_\_\_ FE200 Family Resource Management (3)

**Family Studies option:**

- \_\_\_ CF206 Adult Development and Aging (3)
- \_\_\_ CF275 Resilience Across the Lifespan (3)
- \_\_\_ CF303 Introduction to Gender (3)
- \_\_\_ CF340 Family Policy, Law, & Advocacy (3)
- \_\_\_ CF360 Family Life Education (3)
- \_\_\_ CF402 Relationships of Commitment (3)
- \_\_\_ CF445 Social Perspectives of Sexuality (3)
- \_\_\_ CF485 Mentoring and Coaching Across Contexts (3)
- \_\_\_ CF565 Family Service Internship (3)

**Choose 3 hours:**

- \_\_\_ CF213 Family & Community Resources (3)
- \_\_\_ CF405 Family Life Education Practicum (3)

**Pre-Counseling Track (Optional)**

Optional Pre-Counseling track – no minor required if track is chosen:

- \_\_\_ CF209 Introduction to Family Theories (3)
- \_\_\_ CF275 Resilience Across the Lifespan (3)
- \_\_\_ ED535 The Trauma-Informed Professional (3)
- \_\_\_ PY101 Introduction to Psychology (3)
- \_\_\_ PY440 Psychopathology (3)
- \_\_\_ PY441 Clinical Psychology (3)
- \_\_\_ PY442 Psychotherapy (3)
- \_\_\_ PY444 Childhood Psychopathology (3)

**Choose 6 hours:**

- \_\_\_ CF303 Introduction to Gender (3)
- \_\_\_ CF402 Relationships of Commitment (3)
- \_\_\_ CF430 Parent Child Interactions (3)
- \_\_\_ CF445 Social Perspectives of Sexuality (3)

**General Education Requirements** – some requirements may be fulfilled by coursework in major program

- Social and Behavioral Sciences – 6 hours
- Constitution Requirement – 3 hours
- Written Communication – 6 hours
- Oral Communication – 3 hours
- Natural Sciences – 7 hours (from two disciplines, one to include a lab)
- Mathematics – 3 hours
- Humanities & Fine Arts – 9 hours (from at least two disciplines)
- Additional requirements – 5 hours (to include UI100 for native students)
- Civics examination

**Degree requirements for all students:** a minimum of 120 credit hours; completion of/transfer credit for General Education program courses; residency at Southeast - at least 30 hours from Southeast; 39 senior division hours required: current residency at Southeast - 12 of your final 18 hours must be taken with Southeast. Refer to the Undergraduate Bulletin or Degree Works for additional graduation requirements. A minimum 2.0 GPA in the major and overall are required to graduate with a BS degree.

**SAMPLE FOUR-YEAR PLAN**

	Fall Semester		Spring Semester	
	Course #	Hrs	Course #	Hrs
<b>FIRST YEAR</b>	UI100	1	CF120	3
	EN100	3	General Education	3
	CF102	3	General Education	3
	General Education	3	General Education	3
	General Education	3	General Education	4
	<b>Total</b>	<b>13</b>	<b>Total</b>	<b>16</b>
	Milestone: 2.0 cumulative grade point average.			
<b>SECOND YEAR</b>	CF209	3	CF206	3
	CF360	3	CF220	3
	FE200	3	CF303	3
	General Education	3	General Education	3
	General Education	3	Minor Course	3
	<b>Total</b>	<b>15</b>	<b>Total</b>	<b>15</b>
	Milestone: 2.0 cumulative grade point average.			
<b>THIRD YEAR</b>	CF213 or CF405	3	CF275	3
	CF402	3	CF340	3
	CF410	3	CF430	3
	Minor Course	3	Minor Course	3
	Minor Course	3	Minor Course	3
	<b>Total</b>	<b>15</b>	<b>Total</b>	<b>15</b>
	Milestone: 2.0 cumulative grade point average.			
<b>FOURTH YEAR</b>	CF445	3	CF485	3
	ED535	3	CF520	3
	General Education	3	CF565	3
	Minor Course	3	Minor Course	3
	Elective	4	Elective	3
	<b>Total</b>	<b>16</b>	<b>Total</b>	<b>15</b>
	Milestone: 2.0 cumulative grade point average.			

A "Milestone" signifies a significant stage for a student in the completion of a degree.

**Personalized Pathways:**

At Southeast, we offer online courses in a traditional 16-week fall and spring semester with eight-week sessions in the first and last half of both. In addition, we offer a wintersession between fall and spring and at least six different 4-, 6-, and 8-week sessions over summer. Talk with an advisor to see how you can utilize these different sessions to expedite your degree completion.



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2025-2026

degree map



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SOUTHEAST ONLINE / (573) 651-2766 / [southeastonline@semo.edu](mailto:southeastonline@semo.edu)