CHILD & FAMILY STUDIES: FAMILY STUDIES OPTION

Bachelor of Science (BS)

This is a guide based on the 2025-2026 Undergraduate Bulletin and is subject to change. The time it takes to earn a degree will vary based on several factors such as dual enrollment, remediation, and summer enrollment. Students will meet with an academic advisor each semester and use Degree Works to monitor their individual progress.

CURRICULUM CHECKLIST

*"Critical Courses" are **italicized and bolded**. Data shows that students who have completed this course in the first two years and have earned the noted grade are most likely to complete this program of study.*

54 hour major – minor required

Required core courses:
___CF102 Relationships in the 21st Century (3)
___CF120 Foundations of Child Development (3)
___CF209 Introduction to Family Theories (3)
___CF220 Young & Middle Adulthood (3)
___CF410 Culture, Ethnicity and the Child (3)
___CF430 Parent-Child Interactions (3)
___CF520 Professional Ethics & Practice (3)
___ED535 The Trauma Informed Professional (3)
___FE200 Family Resource Management (3)

Family Studies option:
___CF206 Adult Development and Aging (3)
___CF275 Resilience Across the Lifespan (3)
___CF303 Introduction to Gender (3)
___CF340 Family Policy, Law, & Advocacy (3)
___CF360 Family Life Education (3)
___CF402 Relationships of Commitment (3)
___CF445 Social Perspectives of Sexuality (3)
___CF485 Mentoring and Coaching Across Contexts (3)
___CF565 Family Service Internship (3)
Choose 3 hours:
___CF213 Family & Community Resources (3)
___CF405 Family Life Education Practicum (3)
Pre-Counseling Track (Optional)
Optional Pre-Counseling track – no minor required if track is chosen:
___CF209 Introduction to Family Theories (3)
___CF275 Resilience Across the Lifespan (3)
___ED535 The Trauma-Informed Professional (3)
___PY101 Introduction to Psychology (3)
___PY440 Psychopathology (3)
___PY441 Clinical Psychology (3)
___PY442 Psychotherapy (3)
___PY444 Childhood Psychopathology (3)
Choose 6 hours:
___CF303 Introduction to Gender (3)
___CF402 Relationships of Commitment (3)
___CF430 Parent Child Interactions (3)
___CF445 Social Perspectives of Sexuality (3)

General Education Requirements – some requirements may be fulfilled by coursework in major program

- Social and Behavioral Sciences – 6 hours
- Constitution Requirement – 3 hours
- Written Communication – 6 hours
- Oral Communication – 3 hours
- Natural Sciences – 7 hours (from two disciplines, one to include a lab)
- Mathematics – 3 hours
- Humanities & Fine Arts – 9 hours (from at least two disciplines)
- Additional requirements – 5 hours (to include UI100 for native students)
- Civics examination

SAMPLE FOUR-YEAR PLAN

	Fall Semester		Spring Semester	
	Course #	*Hrs*	*Course #*	*Hrs*
FIRST YEAR	UI100	1	CF120	3
	EN100	3	General Education	3
	CF102	3	General Education	3
	General Education	3	General Education	3
	General Education	3	General Education	4
	Total	**13**	**Total**	**16**
	Milestone: 2.0 cumulative grade point average.			
SECOND YEAR	CF209	3	CF206	3
	CF360	3	CF220	3
	FE200	3	CF303	3
	General Education	3	General Education	3
	General Education	3	Minor Course	3
	Total	**15**	**Total**	**15**
	Milestone: 2.0 cumulative grade point average.			
THIRD YEAR	CF213 or CF405	3	CF275	3
	CF402	3	CF340	3
	CF410	3	CF430	3
	Minor Course	3	Minor Course	3
	Minor Course	3	Minor Course	3
	Total	**15**	**Total**	**15**
	Milestone: 2.0 cumulative grade point average.			
FOURTH YEAR	CF445	3	CF485	3
	ED535	3	CF520	3
	General Education	3	CF565	3
	Minor Course	3	Minor Course	3
	Elective	4	Elective	3
	Total	**16**	**Total**	**15**
	Milestone: 2.0 cumulative grade point average.			

A "Milestone" signifies a significant stage for a student in the completion of a degree.

Degree requirements for all students: a minimum of 120 credit hours, completion of the General Education program, and completion of 39 senior division hours (300-599). Refer to the Undergraduate Bulletin or Degree Works for additional graduation requirements for your program.

A minimum 2.0 GPA in the major and overall are required to graduate with a BS degree.

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2025-2026 *degree map*