

# NUTRITION

## Bachelor of Science (BS)

This is a guide based on the 2025-2026 Undergraduate Bulletin and is subject to change. The time it takes to earn a degree will vary based on several factors such as dual enrollment, remediation, and summer enrollment. Students will meet with an academic advisor each semester and use Degree Works to monitor their individual progress

### CURRICULUM CHECKLIST

*"Critical Courses" are italicized and bolded. Data shows that students who have completed this course in the first two years and have earned the noted grade are most likely to complete this program of study.*

#### 72-91 hour major – Minor required where noted

Required Courses:

- \_\_\_ ***BS113 Anatomy & Physiology I (4)***
- \_\_\_ ***BS114 Anatomy & Physiology II (4)***
- \_\_\_ FN235 Nutrition for Health (3)
- \_\_\_ FN240 Introduction to Food Science (3)
- \_\_\_ FN255 Nutrition I (3)
- \_\_\_ FN340 Professional Dietetic Seminar (1)
- \_\_\_ FN355 Lifespan Nutrition (3)
- \_\_\_ FN540 Community Nutrition (3)
- \_\_\_ HL303 Research Methods (3) **OR** PY271 Psychological Research I (3)
- \_\_\_ MI101 Introduction to Computer Applications (3)
- \_\_\_ PY101 Introduction to Psychology (3)

Choose one advising track:

#### Didactic Program in Dietetics (DPD) Track – no minor required

Students must be admitted to the Didactic Program in Dietetics prior to enrolling in upper division (300 level or above major courses) dietetics courses.

- \_\_\_ BS340 Microorganisms/Human Host (4)
- \_\_\_ CH181/184 Basic Principles of Chemistry + Lab (4)
- \_\_\_ CH234 Organic & Biological Chemistry (3)
- \_\_\_ FN310 Food & Culture (3)
- \_\_\_ FN320 Essentials of Food Science (4)
- \_\_\_ FN330 Financial Management and Cost Control in Dietetics (3)
- \_\_\_ FN360 Food Safety & Sanitation (3)
- \_\_\_ FN370 Nutrition Assessment (3)
- \_\_\_ FN401 Sports Nutrition (3)
- \_\_\_ FN415 Principles & Practices of Food Service for the Dietitian (3)
- \_\_\_ FN450 Food Service Operations (4)
- \_\_\_ FN502 Nutrition II (3)
- \_\_\_ FN503 Medical Nutrition Therapy I (4)
- \_\_\_ FN504 Medical Nutrition Therapy II (4)
- \_\_\_ FN505 Senior Dietetic Seminar (1)
- \_\_\_ FN510 Nutrition & Health Education (3)
- \_\_\_ FN525 Nutrition Counseling (3)
- \_\_\_ MA116 Precalculus A (3)

#### Nutrition Science Track – no minor required

- \_\_\_ BY163 Evolution & Ecology (4)
- \_\_\_ BY173 Cell & Organismal Biology (4)
- \_\_\_ BY283 Genetics (4)
- \_\_\_ BY310 General Microbiology (4)
- \_\_\_ CH184/185 General Chemistry I Lecture and Lab (4)
- \_\_\_ CH186 General Chemistry II (3)
- \_\_\_ CH187 General Chemistry II Lab (1)
- \_\_\_ CH341 Foundations of Organic Chemistry (4)
- \_\_\_ CH342 Organic Chemistry Lab I (1)
- \_\_\_ CH343 Advanced Organic Chemistry (3)
- \_\_\_ CH344 Organic Chemistry Lab II (2)
- \_\_\_ CH531 Biochemistry (3)
- \_\_\_ FN320 Essentials of Food Science (4)
- \_\_\_ FN360 Food Safety & Sanitation (3)
- \_\_\_ FN370 Nutrition Assessment (3)
- \_\_\_ FN502 Nutrition II (3)
- \_\_\_ FN503 Medical Nutrition Therapy I (3)
- \_\_\_ MA116 Precalculus A (3)

#### Nutrition and Wellness Track – minor required

- \_\_\_ FN310 Food & Culture (3)
- \_\_\_ FN370 Nutrition Assessment (3)
- \_\_\_ FN503 Medical Nutrition Therapy I (4)
- \_\_\_ FN510 Nutrition & Health Education (3)
- \_\_\_ FN520 Nutrition & Aging (3)
- \_\_\_ HL111 Introduction to Health Management (3)
- \_\_\_ HL120 Health Perspectives (3)
- \_\_\_ HL260 Health Promotion Practicum (3)
- \_\_\_ HL320 Community Health (3)
- \_\_\_ HL332 Lifestyle Disease Risk Reduction (3)
- \_\_\_ HL432 Health Promotion Programs (3)
- \_\_\_ HL490 Program Planning/Evaluation (3)

Choose 3 hours:

- \_\_\_ MA123 Mathematical Reasoning and Modeling (3)
- \_\_\_ MA155 Statistical Reasoning (3)

#### General Education Requirements – some requirements may be fulfilled by coursework in major program

- Social and Behavioral Sciences – 6 hours
- Constitution Requirement – 3 hours
- Written Communication – 6 hours
- Oral Communication – 3 hours
- Natural Sciences – 7 hours (from two disciplines, one to include a lab)
- Mathematics – 3 hours
- Humanities & Fine Arts – 9 hours (from at least two disciplines)
- Additional requirements – 5 hours (to include UI100 for native students)
- Civics examination

### SAMPLE FOUR-YEAR PLAN

	Fall Semester		Spring Semester	
	Course #	Hrs	Course #	Hrs
<b>FIRST YEAR</b>	UI100	1	FN235	3
	EN100	3	MI101	3
	PY101	3	Track Course	3
	General Education	3	General Education	3
	General Education	3	General Education	3
	General Education	3		
	<b>Total</b>	<b>16</b>		<b>Total</b>
<b>SECOND YEAR</b>	<b>BS113/013</b>	4	<b>BS114/014</b>	4
	FN240	3	FN340	1
	FN255	3	General Education/Track Course	3
	HL303/PY271	3	Track Course	3
	General Education	3	Track Course	3
	<b>Total</b>	<b>16</b>	<b>Total</b>	<b>14</b>
<b>THIRD YEAR</b>	FN355	3	Track Course	3
	Track Course	3	Track Course	3
	Track Course	3	Track Course	3
	Track Course	3	General Education	3
	General Education	3	General Education	3
	<b>Total</b>	<b>15</b>	<b>Total</b>	<b>15</b>
<b>FOURTH YEAR</b>	FN540	3	Track Course	3
	Track Course	3	Track Course	3
	Track Course	4	Track Course	4
	Track Course	4	Track Course	4
	Elective	2		
	<b>Total</b>	<b>15</b>	<b>Total</b>	<b>14</b>
Milestone: A major GPA of 2.5 is required for admission into HL 498				

A "Milestone" signifies a significant stage for a student in the completion of a degree.

**Degree requirements for all students:** a minimum of 120 credit hours, completion of the General Education program, and completion of 39 senior division hours (300-599). Refer to the Undergraduate Bulletin or Degree Works for additional graduation requirements for your program.

*NOTE: This program meets the educational requirements for professional licensure and/or certification in Missouri. Please consult our State Authorization webpage, to determine information specific to your state: <https://app.semo.edu/genl/distancelearningcompliance/DistLearnComp.aspx>*

**Accreditation Council  
for Education in  
Nutrition and Dietetics**

**Academy of Nutrition  
and Dietetics**

Revised  
5/2/2025

2025-2026 *degree map*



# NUTRITION

## Bachelor of Science (BS)

### ADMISSION TO NUTRITION MAJOR – DIDACTIC PROGRAM IN DIETETICS (DPD) TRACK

The Declaration of Major does not constitute admission to the program. Students may complete the Declaration of Major form and be assigned an advisor in the Department of Allied Health, Kinesiology, & Sport Sciences any time after they have been admitted to the University and have begun attending classes. Students wishing to be formally admitted into the Didactic Program in Dietetics must meet the following admission criteria:

- Completion of 45 semester hours with a minimum grade point average (GPA) of 3.0 overall including the following course work (or equivalent) with a minimum grade of "C": BS113; CH181; EN140; FN235; MA115/MA116.
- Completion of all developmental courses (if applicable).

#### Admission Procedures:

To apply to the DPD, prospective students must complete the DPD Application Form during their time in FN340: Professional Dietetic Seminar. The application is due by the second Monday in February. Applications are reviewed by the DPD Director. Following application review, the Program Director will send an acceptance decision letter to applicants by the first Monday in April. There are three potential outcomes associated with application to the DPD:

1. Regular acceptance to the DPD
2. Provisional acceptance to the DPD
3. Application rejection

*Regular acceptance:* Applicants that achieve regular acceptance to the DPD will receive guidance on progressing through the DPD from their advisor and the DPD director.

*Provisional acceptance:* Students that apply to the DPD may be provisionally accepted to the program if they do not have a minimum GPA of 3.0 or have not completed all required prerequisite courses.

Provisional acceptance to the DPD does not guarantee issuance of a Verification Statement at the time of program completion. A student provisionally accepted to the DPD must meet the following requirements in order to earn a Verification Statement:

- A minimum GPA of 3.0 at the time of DPD completion
- Completion of all required DPD courses at the time of graduation
- Demonstrated adherence to the DPD Attendance Policy in all DPD courses

Provided that the attendance policy is met in all DPD courses, a student will transition from "provisional" acceptance to "regular" acceptance when the minimum GPA requirement is attained and/or the prerequisite courses are completed.

#### Retention Requirements:

Students will be retained in the DPD, provided the following criteria are met:

- Completion of all required courses as outlined in the degree requirements in the undergraduate bulletin
- Maintenance of a 3.0 cumulative overall grade point average each semester
- Maintenance of a 3.0 grade point average in all DPD Professional Courses and DPD Science Courses
- A minimum score of "meeting expectations" for all KRDNs, as assessed in assignments provided in DPD courses
- A minimum score of "meeting expectations" for all DPD Knowledge Requirements (KRDNs), as assessed in assignments provided in DPD courses. A complete list of knowledge requirements is provided in the DPD Handbook.\*
- Adherence to the DPD Attendance Policy, which is described in the DPD Handbook.\*

\*The DPD handbook is available upon request.

#### Criteria for Issuance of Verification Statement

In order to receive a DPD Verification Statement, students must meet all requirements put forth for both admission and retention and be approved for graduation by the Registrar at Southeast Missouri State University. The plan of study for the DPD outlines courses required to meet graduation requirements.

The DPD Verification Statement is provided for graduates of the DPD who have successfully met all requirements for retention as a major, completed all requirements for the degree and met all core knowledge requirements set forth by ACEND. The director of the program gives this documentation to all graduates after graduation. A copy of the Verification Statement is also kept on file electronically by the DPD Director.

The DPD Verification Statements provides eligibility to sit for the Nutrition and Dietetic Technician, Registered (NDTR) examination for the NDTR credential, as well as eligibility to apply for dietetic internships and graduate programs requiring the Verification Statement.

#### Admission/Retention Grievance Policy

Any student denied admission or retention to the dietetics program will be notified through email by the Program Director. Students are given the opportunity to discuss the rationale of the decision with the Program Director. If a student is not satisfied with the explanation, the student may request a review of the decision by the Chair of the Department of Allied Health, Kinesiology, and Sport Sciences. An official request for review must be received by the Department Chair in writing within 10 business days from the mailing date of the denial letter.

Revised  
5/2/2025

2025-2026 *degree map*

