

NUTRITION

Bachelor of Science (BS)

This is a guide based on the 2023-2024 Undergraduate Bulletin and is subject to change. The time it takes to earn a degree will vary based on several factors such as dual enrollment, remediation, and summer enrollment. Students will meet with an academic advisor each semester and use Degree Works to monitor their individual progress

CURRICULUM CHECKLIST

"Critical Courses" are **italicized and bolded**. Data shows that students who have completed this course in the first two years and have earned the noted grade are most likely to complete this program of study.

83-84 Hour Major – Minor required where noted

Required Courses:

- ___ **BS113 Anatomy & Physiology I (4)**
- ___ **BS114 Anatomy & Physiology II (4)**
- ___ FN235 Nutrition for Health (3)
- ___ FN240 Introduction to Food Science (3)
- ___ FN255 Nutrition I (3)
- ___ FN340 Professional Dietetic Seminar (1)
- ___ FN355 Lifespan Nutrition (3)
- ___ FN540 Community Nutrition (3)
- ___ HL303 Research Methods (3) **OR** PY 271 Introduction to Behavioral Statistics (3)
- ___ MI101 Introduction to Computer Applications (3)
- ___ PY101 Introduction to Psychology (3)

Choose one advising track:

Didactic Program in Dietetics (DPD) Track – no minor required

Students must be admitted to the Didactic Program in Dietetics prior to enrolling in upper division (300 level or above major courses) dietetics courses.

- ___ BS240 Microorganisms/Human Host (4)
- ___ CH181 Basic Principles of Chemistry (5)
- ___ CH234 Organic & Biological Chemistry (3)
- ___ FN310 Food & Culture (3)
- ___ FN320 Essentials of Food Science (4)
- ___ FN330 Financial Management and Cost Control in Dietetics (3)
- ___ FN360 Food Safety & Sanitation (3)
- ___ FN370 Nutrition Assessment (3)
- ___ FN401 Sports Nutrition (3)
- ___ FN415 Principles & Practices of Food Service for the Dietitian (3)
- ___ FN450 Food Service Operations (4)
- ___ FN502 Nutrition II (3)
- ___ FN503 Medical Nutrition Therapy I (4)
- ___ FN504 Medical Nutrition Therapy II (4)
- ___ FN505 Senior Dietetic Seminar (1)
- ___ FN510 Nutrition & Health Education (3)
- ___ FN525 Nutrition Counseling (3)
- ___ MA116 Precalculus A (3)

Nutrition Science Track – no minor required

- ___ BI163 Evolution & Ecology (4)
- ___ BI173 Cell & Organismal Biology (4)
- ___ BI283 Genetics (4)
- ___ BI310 General Microbiology (4)
- ___ CH184/185 General Chemistry I Lecture and Lab (4)
- ___ CH186 General Chemistry II (3)
- ___ CH187 General Chemistry II Lab (1)
- ___ CH341 Foundations of Organic Chemistry (4)
- ___ CH342 Organic Chemistry Lab I (1)
- ___ CH343 Advanced Organic Chemistry (3)
- ___ CH344 Organic Chemistry Lab II (2)
- ___ CH531 Biochemistry (3)
- ___ FN320 Essentials of Food Science (4)
- ___ FN360 Food Safety & Sanitation (3)
- ___ FN370 Nutrition Assessment (3)
- ___ FN502 Nutrition II (3)
- ___ FN503 Medical Nutrition Therapy I (3)
- ___ MA116 Precalculus A (3)

Nutrition and Wellness Track – minor required

- ___ FN310 Food & Culture (3)
- ___ FN370 Nutrition Assessment (3)
- ___ FN503 Medical Nutrition Therapy I (4)
- ___ FN510 Nutrition & Health Education (3)
- ___ FN520 Nutrition & Aging (3)
- ___ HL111 Introduction to Health Management (3)
- ___ HL120 Health Perspectives (3)
- ___ HL260 Health Promotion Practicum (3)
- ___ HL320 Community Health (3)
- ___ HL332 Lifestyle Disease Risk Reduction (3)
- ___ HL432 Health Promotion Programs (3)
- ___ HL490 Program Planning/Evaluation (3)

Choose 3 hours:

- ___ MA123 Mathematical Reasoning and Modeling (3)
- ___ MA155 Statistical Reasoning (3)

General Education Requirements – some requirements may be fulfilled by coursework in major program

- Social and Behavioral Sciences – 6 hours
- Constitution Requirement – 3 hours
- Written Communication – 6 hours
- Oral Communication – 3 hours
- Natural Sciences – 7 hours (from two disciplines, one to include a lab)
- Mathematics – 3 hours
- Humanities & Fine Arts – 9 hours (from at least two disciplines)
- Additional requirements – 5 hours (to include UI100 for native students)
- Civics examination

SAMPLE FOUR-YEAR PLAN

	Fall Semester		Spring Semester	
	Course #	Hrs	Course #	Hrs
FIRST YEAR	UI100	1	FN235	3
	EN100	3	MI101	3
	PY101	3	Track Course	3
	General Education	3	General Education	3
	General Education	3	General Education	3
	General Education	3		
	Total	16	Total	15
SECOND YEAR	BS113/013	4	BS114/014	4
	FN240	3	FN340	1
	FN255	3	General Education/Track Course	3
	HL303/PY271	3	Track Course	3
	General Education	3	Track Course	3
	Total	16	Total	14
THIRD YEAR	FN355	3	Track Course	3
	Track Course	3	Track Course	3
	Track Course	3	Track Course	3
	Track Course	3	General Education	3
	General Education	3	General Education	3
	Total	15	Total	15
FOURTH YEAR	FN540	3	Track Course	3
	Track Course	3	Track Course	3
	Track Course	4	Track Course	4
	Track Course	4	Track Course	4
	Elective	1		
	Total	14	Total	14
Milestone: A major GPA of 2.5 is required for admission into HL 498				

A "Milestone" signifies a significant stage for a student in the completion of a degree.

Degree requirements for all students: a minimum of 120 credit hours, completion of the General Education program, and completion of 39 senior division hours (300-599). Refer to the Undergraduate Bulletin or Degree Works for additional graduation requirements for your program.

NOTE: This program meets the educational requirements for professional licensure and/or certification in Missouri. Please consult our State Authorization webpage, to determine information specific to your state: <https://app.semo.edu/geni/distancelearningcompliance/DisLearnComp.aspx>

**Accreditation Council
for Education in
Nutrition and Dietetics**

eqi Academy of Nutrition
and Dietetics

Revised
4/28/2023

2023-2024 *degree map*



**SOUTHEAST MISSOURI
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NUTRITION

Bachelor of Science (BS)

ADMISSION TO NUTRITION MAJOR – DIDACTIC PROGRAM IN DIETETICS (DPD) TRACK

The Declaration of Major does not constitute admission to the program. Students may complete the Declaration of Major form and be assigned an advisor in the Department of Allied Health, Kinesiology, & Sport Sciences any time after they have been admitted to the University and have begun attending classes.

Students wishing to be formally admitted into the DPD Track on must meet the following admission criteria:

1. Completion of 45 semester hours with a minimum grade point average (GPA) of 3.0 overall including the following course work (or equivalent) with a minimum grade of "C": BS 113; CH 181; EN 140; FN 235; MA 115/MA 116.
2. Completion of all developmental courses (if applicable).

Admission Procedures:

1. Each student will complete a declaration of major form. When eligibility requirements have been met, an application for admission must be completed and submitted to the departmental office by February 28. The director of the Dietetics Program will determine if all admission criteria are met. The program director will send a letter of acceptance by April 1 with a copy of the admission policy to successful applicants. Those individuals who do not meet the admission criteria will be notified in writing and may reapply one additional time the following year by February 28.
2. Each semester, grades will be reviewed by the DPD director. Any student failing to meet retention requirements will be notified by mail within ten days of final grade postings. Students must complete an application for reinstatement if they wish to re-take coursework that failed to meet retention requirements.

Retention Requirements: Students will be retained as dietetic majors providing the following retention criteria are met:

1. Completion of all required courses as outlined in the degree requirements in the Undergraduate Bulletin.
2. Maintain a cumulative GPA of 3.0 each semester and an overall GPA of 3.0 in all required coursework for the major courses – as outlined in the degree requirements in the Undergraduate Bulletin.

Graduation Requirements: In order to receive a verification statement for completion of the required didactic curriculum, accredited by The Accreditation Council for Education in Nutrition and Dietetics (ACEND), the accrediting agency for the Academy of Nutrition and Dietetics, students must meet all core knowledge standards set forth by ACENDAS as well as all requirements put forth for both admission and retention and be approved for graduation by the Registrar at Southeast Missouri State University. Any student wishing to become a Registered Dietician Nutritionist (RDN) who completes this degree must additionally complete supervised practice hours of pre-professional experience accredited/approved by The Accreditation Council for Education in Nutrition and Dietetics and successfully complete the registration examination for dietitians.

Admission/Retention Grievance Policy: Any student denied admission or retention to the dietetics program will be notified in writing by the Program Director. Students are given the opportunity to discuss the rationale of the decision with the Program Director. If a student is not satisfied with the explanation, s/he may request a review of the decision by the Chair of the Department of Allied Health, Kinesiology, & Sport Sciences. An official request for review must be received by the Department Chair in writing within 10 business days from the mailing date of the denial letter.

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