

Child & Family Studies: Family Studies (Online)

Bachelor of Science (BS)



The family studies program strongly focuses on integrating theory, research and practice. It encompasses a wide range of family structures, dynamics and functions with an emphasis on the development of interpersonal skills and professional practice. The Family Studies program prepares students for a variety of positions that focus on families or family members at all stages of the life continuum in social service, government and education.

Southeast's family studies program is an accredited Certified Family Life Educator program. The National Council on Family Relations (NCFR) oversees our program, which includes course work that follows the standards and criteria needed for students to become Provisional Certified Family Life Educators. For more information, visit the NCFR website: <http://www.ncfr.org/>.

Becoming Career Ready...

/ Graduates of the program are prepared to work in a wide variety of settings, including corporate, government, mental health, and social service. Examples of job titles are parent educator, marriage and relationship educator, prevention specialist, advocacy agent, geriatric specialist, program director, victim assistance worker, and caseworker.

/ Family Studies majors gain an in-depth understanding of family structures, dynamics / interactions, and developmental across the lifespan.

/ Majors develop skills in assessing, creating, and implementing interventions to improve family interactions and teaching educational content related to parenting, romantic relationships, and life skills.

/ 100% of Southeast programs offer real-world experience. Students in the program are trained to work with a wide variety of populations. Students can gain hands on experience in one of our three state licensed centers that serve children, seniors, and developmentally disabled adults. In addition, students gain work experience through placement in community agencies and programs serving young children and parents, pregnant teens, senior adults, and low-income families.

/ The path to a successful career starts with you! You can maximize your career development by working closely with Career Services and Southeast faculty – they are here to help you connect your passions, interests, and skills to jobs and opportunities in the field. Career Services provides professional career counseling and coaching, resume critiques, practice interviews, job search strategies, career events, networking opportunities, and more.

Internship and Employment Opportunities of Recent Graduates

- Aging Matters Agencies
- Big Brothers/Sisters Program
- Councils on Aging
- Crisis Center
- Child Care Facility
- Court Appointed Special Advocates (CASA)
- Department of Family Services
- Department of Mental Health
- Department of Health and Senior Services
- Disability Programs
- Domestic Violence Shelters
- Head Start Family Services
- Mental Health Centers
- Military Family Support Centers
- Non-profit organizations i.e. United Way
- Parent Education Programs
- Pregnancy Centers / Teen Pregnancy Services
- Retirement Homes / Assisted Living Facilities
- Youth Development / Mentoring

Graduate School Options

The Family Studies program provides a solid foundation for pursuing a graduate degree in:

- Child Development
- Family Studies / Gerontology
- Gender Studies
- Lifespan / Human Development
- Marriage and Family Therapy
- Medical Family Therapy
- Mental Health Counseling
- Master of Social Work
- School Counseling

About Our Online Programs

At Southeast, if a program is designated as an online degree, you can complete your degree anywhere, without ever having to come to one of our campuses. As a student in an online class, your faculty will be the same faculty who teach in our campus classrooms. Advising for online programs and other support services are all completed online by staff who specialize in serving distance students.

Transfer and Dual Credit Students

If you have dual credit or transfer credit, please visit our transfer course equivalencies guide at semo.edu/transfercredit.

Family Studies Option (Online)

To learn more

Southeast Online
 (573) 651-2766
southeastonline@semo.edu
semo.edu/online

To explore

all online degree options, visit
semo.edu/online

For advising

Phone: (573) 651-5184
onlineadvising1@semo.edu
semo.edu/online/advising-center

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This is a guide based on the 2021-2022 Undergraduate Bulletin and is subject to change. The time it takes to earn a degree will vary based on several factors such as dual enrollment, remediation, and summer enrollment. Students will meet with an academic advisor each semester and use Degree Works to monitor their individual progress.

CURRICULUM CHECKLIST

"Critical Courses" are italicized and bolded. Data shows that students who have completed this course in the first two years and have earned the noted grade are most likely to complete this program of study.

Family Studies – 60 Hours – Minor Required

- CF 102 Relationships in the 21st Century (3)
- CF 120 The Child: Development from Conception to Adolescence (3)
- CF 206 Introduction to Gerontology (3)
- CF 207 Gerontology Practicum I (3)
- CF 209 Introduction to Family Theories (3)
- CF 213 Family and Community Resources (3)
- CF 220 Young & Middle Adulthood (3)
- CF 340 Family Policy Law & Advocacy (3)
- CF 360 Family Life Education (3)
- CF 402 Relationships of Commitment (3)
- CF 405 Family Life Education Practicum (3)
- CF 410 Culture, Ethnicity and the Child (3)
- CF 430 Parent-Child Interactions (3)
- CF 485 Family Studies Senior Seminar (3)
- CF 520 Professional Ethics & Practice (3)
- CF 565 Family Service Internship (3)
- ED 535 The Trauma Informed Professional (3)
- FE 200 Family Resource Management (3)
- UI 445 Social Perspectives of Sexuality (3)

Choose 3 hours:

- UI 303 The Female Experience (3)
- UI 455 Understanding Men/Male Develop (3)

Recommended Minors:

- Child Development
- Criminal Justice
- Gerontology
- Psychology
- Social Work

Department State Licensed Centers

The Family Studies program oversee three community outreach programs that provide students with hands-on learning experiences working with various populations.

Educare Programs – www.semo.edu/educare

Horizon's Enrichment Center for Developmentally Disabled Adults

The Apple Project – Paperwork for Seniors

General Education Requirements – some requirements may be fulfilled by coursework in major program

- Social and Behavioral Sciences – 6 hours
- Constitution Requirement – 3 hours
- Written Communication – 6 hours
- Oral Communication – 3 hours
- Natural Sciences – 7 hours (from two disciplines, one to include a lab)
- Mathematics – 3 hours
- Humanities & Fine Arts – 9 hours (from at least two disciplines)
- Additional requirements – 5 hours (to include UI100 for native students)
- Civics examination

SAMPLE YEARLY COURSE MAP

FALL	Start / Stop	Course #	Hrs
Full Term	Aug. - Dec.		3
Full Term	Aug. - Dec.		3
Full Term	Aug. - Dec.		3
1st 8 Week	Aug. - Oct.		3
2nd 8 Week	Oct. - Dec.		3
Total			15

SPRING	Start / Stop	Course #	Hrs
Wintersession	Dec. - Jan		3
Full Term	Jan. - May		3
Full Term	Jan. - May		3
1st 8 Week	Jan. - Mar.		3
2nd 8 Week	Mar. - May		3
Total			15

SUMMER	Start / Stop	Course #	Hrs
1st 4 Week	June		3
8 Week	June-July		3
2nd 4 Week	July		3
Total			9

Personalized Pathways: At Southeast, we offer online courses in a traditional 16-week fall and spring semester with eight-week sessions in the first and last half of both. In addition, we offer a wintersession between fall and spring and at least six different 4, 6, and 8 week sessions over summer. Talk with an advisor to see how you can utilize these different sessions to expedite your degree completion.

Degree requirements for all students: a minimum of 120 credit hours; completion of/transfer credit for General Education program courses; residency at Southeast - at least 30 hours from Southeast; 39 senior division hours required: current residency at Southeast - 12 of your final 18 hours must be taken with Southeast; grade point average at Southeast: 2.0 minimum required; grade point average cumulative: 2.0 minimum required. Refer to the Undergraduate Bulletin or Degree Works for additional graduation requirements.

Revised
3/12/2021

To learn more

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