

Child & Family Studies: Family Studies

Bachelor of Science (BS)

Family Studies Option

The Family Studies program strongly focuses on integrating theory, research and practice. The discipline encompasses a wide range of family structures, dynamics and functions with an emphasis on the development of interpersonal skills and professional practice. The Family Studies program prepares students for a variety of positions that focus on families or family members at all stages of the life continuum in social service, mental health, government, and education.



Southeast's Family Studies program is an approved Certified Family Life Educator program. The National Council on Family Relations (NCFR) oversees our program, which includes course work that follows the standards and criteria needed for students to become Provisional Certified Family Life Educators. For more information, visit the NCFR website: <http://www.ncfr.org/>.

Becoming Career Ready...

/ Qualified faculty interact one-on-one with students in face-to-face and online classes.

/ Graduates of the program are prepared to work in a wide variety of settings, including corporate, government, mental health, and social service. Examples of job titles are parent educator, marriage and relationship educator, prevention specialist, advocacy agent, geriatric specialist, program director, victim assistance worker and case manager.

/ Family Studies majors gain an in-depth understanding of family structures, dynamics / interactions, and development across the lifespan.

/ Majors develop skills in assessing, creating, and implementing interventions to improve family interactions and teaching educational content related to parenting, romantic relationships, and life skills.

/ 100% of Southeast programs offer real-world experience. Students in the program are trained to work with a wide variety of populations and gain hands on experience in one of our three state licensed centers that serve children, seniors, and developmentally disabled adults. In addition, students gain work experience through placement in community agencies and programs serving young children and parents, pregnant teens, senior adults, and low-income families.

/ The path to a successful career starts with you! You can maximize your career development by working closely with Career Services and Southeast faculty – they are here to help you connect your passions, interests and skills to jobs and opportunities in the field. Career Services provides professional career counseling and coaching, resume critiques, practice interviews, job search strategies, career events, networking opportunities and more.

Internship and Employment Opportunities of Recent Graduates

- Aging Matters Agencies
- Big Brothers Big Sisters
- Councils on Aging
- Crisis Center
- Child Care Facility
- Court Appointed Special Advocates (CASA)
- Department of Family Services
- Department of Mental Health
- Department of Health and Senior Services
- Disability Programs
- Domestic Violence Shelters
- Head Start Family Services
- Mental Health Centers
- Military Family Support Centers
- Non-profit Organizations i.e., United Way
- Parent Education Programs
- Pregnancy Centers / Teen Pregnancy Services
- Retirement Homes / Assisted Living Facilities
- Youth Development / Mentoring

Graduate School Options

The Family Studies program provides a solid foundation for pursuing a graduate degree in:

- Child Development
- Family Studies / Gerontology
- Gender Studies
- Lifespan / Human Development
- Marriage and Family Therapy
- Medical Family Therapy
- Mental Health Counseling
- Master of Social Work
- School Counseling

Special Options with Family Studies

/ A pre-counseling track option is available for those interested in pursuing a graduate degree in counseling or marriage and family therapy.

/ The Family Studies degree is also offered as an online degree.

/ Boost your resume by adding a complimentary minor:

- Child Development
- Childhood Trauma and Outcomes
- Criminal Justice
- Psychology
- Social Work
- Sociology

Transfer and Dual Credit Students

If you have dual credit or transfer credit, please visit our transfer course equivalencies guide at semo.edu/transfercredit.

To learn more
 Office of Admissions
 (573) 651-2590
admissions@semo.edu
semo.edu

**To explore
 the College
 of Education, Health and Human
 Studies online, visit**
semo.edu/education-health

**For advising
 Center for Academic Advising**
semo.edu/advising

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This is a guide based on the 2021-2022 Undergraduate Bulletin and is subject to change. The time it takes to earn a degree will vary based on several factors such as dual enrollment, remediation, and summer enrollment. Students will meet with an academic advisor each semester and use Degree Works to monitor their individual progress.

CURRICULUM CHECKLIST

"Critical Courses" are italicized and bolded. Data shows that students who have completed this course in the first two years and have earned the noted grade are most likely to complete this program of study.

Family Studies – 60 Hours – Minor Required

- ___ CF 102 Relationships in the 21st Century (3)
- ___ CF 120 The Child: Development from Conception to Adolescence (3)
- ___ CF 206 Introduction to Gerontology (3)
- ___ CF 207 Gerontology Practicum I (3)
- ___ CF 209 Introduction to Family Theories (3)
- ___ CF 213 Family and Community Resources (3)
- ___ CF 220 Young & Middle Adulthood (3)
- ___ CF 340 Family Policy Law & Advocacy (3)
- ___ CF 360 Family Life Education (3)
- ___ CF 402 Relationships of Commitment (3)
- ___ CF 405 Family Life Education Practicum (3)
- ___ CF 410 Culture, Ethnicity and the Child (3)
- ___ CF 430 Parent-Child Interaction (3)
- ___ CF 485 Family Studies Senior Seminar (3)
- ___ CF 520 Professional Ethics & Practice (3)
- ___ CF 565 Family Service Internship (3)
- ___ ED 535 The Trauma Informed Professional (3)
- ___ FE 200 Family Resource Management (3)
- ___ UI 445 Social Perspectives of Sexuality (3)

Choose 3 hours:

- ___ UI 303 The Female Experience (3)
- ___ UI 455 Understanding Men/Male Develop (3)

Pre-Counseling Track (Optional)

Completing the pre-counseling track will fulfill the minor requirement.

- ___ CF 209 Introduction to Family Theories (3)
 - ___ CF 402 Relationships of Commitment (3)
 - ___ CF 430 Parent-Child Interaction (3)
 - ___ CF 520 Professional Ethics & Practice (3)
 - ___ ED 535 The Trauma Informed Professional (3)
 - ___ PY 101 Introduction to Psychology (3)
 - ___ PY 440 Abnormal Psychology (3)
 - ___ PY 441 Introduction to Clinical Psychology (3)
 - ___ PY 442 Psychotherapy (3)
 - ___ PY 444 Childhood Psychopathology (3)
 - ___ PY 495 Internship in Psychology (3)
- OR
- ___ CF 565 Family Service Internship (3)

Department State Licensed Centers

The Family Studies program oversee three community outreach programs that provide students with hands-on learning experiences working with various populations.

Educare Programs

- Horizon's Enrichment Center for Developmentally Disabled Adults
- The Apple Project

General Education Requirements – some requirements may be fulfilled by coursework in major program

- Social and Behavioral Sciences – 6 hours
- Constitution Requirement – 3 hours
- Written Communication – 6 hours
- Oral Communication – 3 hours
- Natural Sciences – 7 hours (from two disciplines, one to include a lab)
- Mathematics – 3 hours
- Humanities & Fine Arts – 9 hours (from at least two disciplines)
- Additional requirements – 5 hours (to include UI100 for native students)
- Civics examination

SAMPLE FOUR-YEAR PLAN

	Fall Semester		Spring Semester	
	Course #	Hrs	Course #	Hrs
FIRST YEAR	UI100	1	CF120	3
	EN100	3	General Education	3
	CF102	3	General Education	3
	General Education	3	General Education	3
	General Education	3	General Education	3
	Total	13	Total	15
Milestone: 2.0 cumulative grade point average.				

SECOND YEAR	CF209	3	CF206	3
	CF360	3	CF220	3
	FE200	3	UI303 or UI455	3
	General Education	3	General Education	3
	General Education	3	Minor Course	3
	Total	15	Total	15
Milestone: 2.0 cumulative grade point average.				

THIRD YEAR	CF402	3	CF207	3
	CF410	3	CF340	3
	ED535	3	CF430	3
	Minor Course	3	Minor Course	3
	Minor Course	3	Minor Course	3
	Total	15	Total	15
Milestone: 2.0 cumulative grade point average.				

FOURTH YEAR	CF213	3	CF485	3
	CF405	3	CF520	3
	General Education	2	CF565	3
	Minor Course	3	UI 445	3
	Minor Course	3	Elective	6
	Total	14	Total	18
Milestone: 2.0 cumulative grade point average.				

A "Milestone" signifies a significant stage for a student in the completion of a degree.

Degree requirements for all students: a minimum of 120 credit hours, completion of the General Education program, and completion of 39 senior division hours (300-599). Refer to the Undergraduate Bulletin or Degree Works for additional graduation requirements for your program.

Revised
2/26/2021