

Exercise Science Graduate Assistant Position

Master of Science

Nutrition and Exercise Science Program

The Department of Allied Health, Kinesiology, and Sport Sciences at Southeast Missouri State University is looking to fill a Graduate Assistant position for the academic year beginning in the fall semester of 2024.

About Southeast and Cape Girardeau: Southeast Missouri State University is a university of 9,500 students located in Cape Girardeau, Missouri, a town of approximately 45,000 residents, located 2 hours south of St. Louis and 2.5 hours north of Memphis.

About the Degree: The Nutrition and Exercise Science program prepares students to provide services in nutrition and exercise interventions for the promotion of lifestyle change. The program is designed for students with a degree in an allied health field. Coursework emphasizes prevention of lifestyle diseases, exercise physiology, nutrition, metabolism, and research methods. Past graduates have obtained doctorate degrees, worked in cardiopulmonary rehabilitation, wellness programs, strength and conditioning, and sport nutrition settings. Supporting faculty have expertise in all areas of nutritional science, health education/promotion, and exercise physiology.

Primary Position Responsibilities:

The qualified candidate will have a background in exercise science with the ability to instruct an undergraduate exercise physiology laboratory class and teach an undergraduate health perspectives course. Specific responsibilities include:

- Undergraduate Health Perspectives Course (6 hours per week)
 - Create and coordinate all coursework and activities
 - Conduct lectures, facilitate discussions, and lead other in-class activities
 - Evaluate and report student progress and grades
- Undergraduate Exercise Physiology Laboratory (4 hours per week)
 - Conduct, under supervision, sub-maximal and maximal exercise tests
 - Applicants **MUST** be familiar with exercise testing and fitness assessment protocols and possess and maintain the technical skills and competencies that are required to operate all the laboratory equipment (e.g., exercise testing systems, treadmills, cycle ergometers, respiratory gas analysis systems, pulmonary function testing, blood analyzers, and body composition analysis systems).
 - Troubleshoot technical problems with equipment and coordinate necessary equipment repairs
 - Order necessary laboratory supplies and maintain the required inventory of supplies
- Exercise Science Research Assistant (10 hours per week)
 - Assist faculty in research

Required Qualifications: Qualified applicants will have a degree in an allied health field with a focus in exercise science/physiology and have been accepted into the Nutrition and Exercise Science program.

Benefits: Graduate assistantships pay a stipend of \$9,491 for the academic year and cover the tuition for up to 9 credits of graduate-level coursework in both fall and spring semesters and up to 6 credits during the summer semester (all books are the responsibility of the graduate assistant and not paid by the department).

Evaluation/Renewal: This position is renewable for an additional year pending a complete evaluation of candidate performance and duties. Termination or non-renewal of the assistantship may result if specific duties are not accomplished or the candidate receives documented poor performance reviews. The start date for this position will be the week prior to the fall semester of the 2024-2025 academic year.

Application Review: A review of applications will begin March 25, 2024, and continue until the position is filled.

How to Apply: Please email a cover letter of application, current résumé, most recent copy of all academic transcripts (unofficial is acceptable), and the contact information for at least three professional references, to Dr. Monica Kearney:

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